

AUG 31 TO SEPT 20, 2018 | ISSUE 151 - 01

# DALHOUSIE GAZETTE

NORTH AMERICA'S OLDEST CAMPUS NEWSPAPER EST. 1868



## The Next Generation

Dalhousie university is changing to keep up with the changing times.

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# DALHOUSIE GAZETTE

NORTH AMERICA'S OLDEST CAMPUS NEWSPAPER  
EST. 1868

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### THE FINE PRINT

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# LETTER FROM THE EDITOR

## Paper of the students by the students for the students

We're in a time where technology is a regular part of our day. So first of all, thanks for making this paper one you picked up this week. It was made for you.

In these pages, you'll find what's changed over the summer and what's coming for the semester. You'll find a little about who's who at Dalhousie and where you can charge your phone on campus when you forget your charger.

This is my last first issue of the year (is it possible to have senioritis in the first week of the semester?) And creating the first issue of the year is still one of my favourite issues.

Gazette staff is renewed with fresh ideas from new students working with and writing for the Gazette. Everyone works hard to put together the best source for figuring out how to navigate being a student and figuring out the local scenes.

Campus is always buzzing with new faces – students, professors and neighbours. Mattresses are being transferred on car roofs. The Tim's line in the SUB is about to merge with the Pete's line up for the salad bar. The bookstore is full and 8:30 a.m. classes are attended.

Societies are having their first meetings of the year – check out the Arts & Lifestyle section for the newest ones added to the hundreds of Dalhousie societies – and we're all trying to figure out

how to make our online calendars sync-up between our phones, computers and Brightspace.

By the way, this paper? We're the Dalhousie Gazette Publishing Society. So as a Dal student you're a part of it via a levy. It's run by you (students). It's created by students. It's made for students.

So what you can expect from future editions of the Gazette are deep dives into campus culture, the surrounding Halifax scene and what you need to know as a student. Mapping out what your money is being spent on at Dal, what your student union is doing represent you and helping to make sure your concerns, compliments or complaints are heard.

After all, this paper is for you.

*Karla Jefferd-Moore*  
Karla Jefferd-Moore  
Editor in Chief

## Florizone's five-year plan

Richard Florizone has seen a lot throughout his stint as Dalhousie University's president

BY REBECCA DINGWELL, NEWS EDITOR

**October** – The installation of Dalhousie University's 11th president, Richard Florizone.

**September** – Dalhousie implements changes to the structure of its senior administration. "A fully implemented 'provost model,' as we've called this, recognizes that our top priority as a university is teaching and research," Florizone is quoted in *Dal News*.

**December** – Misogynistic posts from the "Class of DDS 2015 Gentlemen" Facebook posts are made public, catalyzing what will henceforth be known as the "Dal Dentistry Scandal." Florizone later declares that a "restorative justice" process is underway.

**March** – The controversy around "The Dal Jungle" Instagram page (which the university says was dealt with in the fall of 2014) goes public thanks to the *Chronicle Herald's* reporting.

The account documented the drunk escapades of students, but some photos were sexually explicit and posted without permission. Dal representatives said the matter was investigated after it was brought to the attention of a resident assistant. Multiple students were kicked out of residence as a result and the account was deactivated.

**May** – Dalhousie Dentistry students complete the restorative justice process.

**December** – Dal's Collaborative Health Education Building officially opens.

"Nova Scotia is leading the way in interprofessional health education and leading the way into that transformation to a more collaborative family and patient-centred care," Florizone said at the opening.

2018

**February** – Dalhousie kicks off its 200th anniversary year.

**March** – Florizone announces the On Track Microbursary program to help students in "urgent financial need." Florizone and his wife, Mona Holmund, pledge to match donations up to \$50,000.

**June** – Florizone announces his plans to step down as Dal's president to take a job as leader of a research lab in Waterloo, Ontario.

"It kind of takes me back to my roots as a physicist, and so I'm excited about it," Florizone says during his annual Year-In-Review presentation. "But I want to say it's also very bittersweet. I'm so proud of all the things we've done together as a community, and today it's so timely because I get to talk about some of those things."

2019

Early 2019 – Dal says goodbye to Richard Florizone.

2017

**October** – Students party a little too hard off-campus during Homecoming, resulting in the arrests of 22 people. Florizone speaks out against the behaviour via Twitter: "This kind of behaviour is not reflective of our values and disrespectful to our neighbours. Most importantly, it is unsafe."

2016

**March** – Dal announces a scholarly panel will research Lord Dalhousie's views on race and slavery. Florizone previously met with members of the Dalhousie Black Faculty Caucus to discuss the outline of the panel, which is planned to be followed by a public consultation after the initial findings are released.

"We felt the best way to address George Ramsay's legacy is by going back to our values and our mission, and to tackle this in the way we tackle so many problems at our institution: through good scholarly work and community engagement," Florizone is quoted in *Dal News*.

# Dal changing how it deals with sexual violence

Meanwhile, King's students voice their school's need to do the same

BY REBECCA DINGWELL, NEWS EDITOR

As of September, Dalhousie University officially has a new sexual violence policy.

For students such as Masuma Khan, it's been a long time coming.

"The Sexual Harassment Policy is a policy that was very aged," said Khan, vice president (Academic and External) of the Dalhousie Student Union.

Khan said previous DSU executives and other students have been pushing for policy changes for years – especially in the aftermath of the 2015 Dal Dentistry Scandal.

"After a lot of pressure was placed on the provincial government," says Khan, the province created a memorandum of understanding between itself and its post-secondary institutions.

This included the demand for each of Nova Scotia's 10 universities to have a stand-alone sexual violence policy in place by March 31, 2019. Dal's resulting stand-alone policy – simply called the Sexualized Violence Policy – was built by a committee comprised of university administrators, DSU executives and community groups.

The policy didn't come to fruition overnight.

"On our side, we kept pushing for changes like ensuring that it was more survivor-centric, ensuring that it was trauma-informed," said Khan. "Last year, I advised student senators not to pass the policy that the administration was pushing, as – in my opinion, and many students' opinions – there was not enough meaningful consultation done with students."

Faculty supported students in this point of view, so that draft of the policy was nixed and handed back to the committee.

"When that happened, I think it was a series of fortunate events that we received some changes in support from administrators that allowed for us to make some serious changes in our policy," said Khan.

Dal's Sexual Harassment Policy was established in 1999. Last fall, that policy received a dismal grade of D+ from Our Turn, a Canada-wide, student-led project against campus sexual violence. Conversely, Our Turn recently evaluated the Sexualized Violence Policy at an A+.

"Our Turn criteria is great and was helpful for ensuring our policy was better, but the A+ does not make it a good policy," said Khan. "What makes it a good policy is when the students that

are having to navigate it are giving us the feedback that 'Yes, this policy helped me. This policy made me feel safe. This policy gave me support.'"

Melissa MacKay, advisor (Sexualized Violence) at Dal's Human Rights & Equity Services, helps people understand support, resource and reporting options.

She explained the key distinctions between the Sexual Harassment Policy and the Sexualized Violence Policy.

The new approach "really recognizes sexualized violence consists of a breadth of behaviours – including assault and harassment – but also things like stalking, sharing images non-consensually, intimate partner violence, stealthing [non-consensual condom removal]," said MacKay. "I think that's a really important difference: moving away from that language of 'sexual harassment' which didn't do that in the same way."

MacKay said that the policy provides a more straightforward process which applies to everyone on campus, including visitors.

"Previously, if you were a student or staff or faculty, you may have options under a couple of different policies and that could be really confusing," she explained. "In terms of providing trauma-informed service, one of the things that's very important for survivors coming into our office is for us to be able to talk about a clear process, that they can understand, in a clear and informed way, so that they can make the decisions for them."

The Board of Governors greenlighted Dal's Sexualized Violence Policy on June 26. Just days after neighbouring students at the University of King's College protested their school's own proposed sexual violence policy.

Khan said, "We showed up for King's and we'll continue to show up for King's, [and] any other union executive and students that are facing the realities of rape culture on their campus."

Policy is just one piece of the puzzle. Khan emphasized that in order to combat rape culture, education and program funding need to be ongoing and student voices must be at the centre of these discussions.

"We just want survivors to be believed. We just want our students to be safe," said Khan.

Dal's Sexualized Violence Policy will be reviewed in the spring after its first six months.



## SURVIVOR SUPPORT

### On campus:

*Human Rights & Equity Services*  
1246 LeMarchant Street,  
Suite 1200  
902-494-6672  
HRES@dal.ca

*Sexual Assault and Harassment  
Phone Line*  
902-425-1066

*South House Sexual and Gender  
Resource Centre*  
1443 Seymour Street  
902-494-2432  
outreach@southhousehalifax.ca

### Off campus:

*Avalon Sexual Assault Centre*  
1526 Dresden Row, Suite 401, Halifax  
902-422-4240  
info@avaloncentre.ca

*Avalon Sexual Assault Nurse Examiner*  
902-422-6503  
sanecoordinator@avaloncentre.ca

*Halifax Sexual Health Centre*  
6009 Quinpool Road, Suite 201,  
Halifax  
902-455-9656

*Halifax Regional Police Victim Services*  
902-490-4300 (Voice calls)  
902-497-4709 (Text for people who  
are deaf or hard of hearing)



# We know what Halifax did this summer

## A refresher for anyone who took a vacation from the news

BY REBECCA DINGWELL,  
NEWS EDITOR

### The agave rises

Who knew an agave plant would be a hot topic over the summer?

Staff at the Public Gardens didn't wait until the first full moon in June to welcome Halifax's agave plant from its greenhouse to the outdoors.

The agave had outgrown its indoor home. The odds didn't look good and there was widespread speculation that the plant, which only blooms once in its lifetime, had met its demise before its prime. Things started looking up for the agave, when it began visibly growing again and was joined by two garden-mates.

It's since bloomed.



PHOTOS BY CHRIS STOODLEY

### Dal's FOI bill

A Canadian Union of Public Employees (CUPE) researcher sent a Freedom of Information request to Dalhousie University for the number of full-time and part-time profs the school has employed in the last decade and in return, they were given a hefty price tag. According to CBC, Dal told CUPE it would have to pay \$55,000 to get the information requested.

### Families belong together

What started off as a local response to the United States' immigration practices turned into a crash course in journalistic responsibility. On June 30, local activists gathered in Grand Parade Square to protest the separation of children from parents at the US border. A tweet by CTV reporter Ron Shaw suggested protesters "chased" a US military band away when they arrived in the square for a planned outdoor concert.

This interpretation of events was challenged by people who participated in the rally. The band was in town for the Royal Nova Scotia International Tattoo – which had no outdoor performances scheduled that day. Shaw eventually deleted the tweets, but protesters – including Dal student Masuma Khan – were harassed when the misinformation spread. CTV web producer Andrea Jerrett apologized to Khan directly via email.

### Fond farewell

In June, the Dalhousie University Board of Governors announced president Richard Florizone's plans to step down from his position in early 2019. He'll be leaving Halifax altogether. He's taking on a job at Quantum Valley Ideas Lab; a research lab in Waterloo, Ontario. (See more about the good, the bad and the ugly of Florizone's five-year Dalhousie stint on page 3.)

Florizone isn't the only prominent figure leaving his current post. Chief Jean-Michel Blais is saying goodbye to the Halifax Regional Police by March 31, 2019.

"The decision to retire is not one I made lightly," Blais said in a press release on July 4.

Blais held a press conference following his announcement, but he was mum on the details as to why exactly he was retiring and what he plans to do next.

### Sexual violence policies on campus

On June 26, Dalhousie University's Board of Governors officially passed a new sexual violence policy. Days earlier, students at the University of King's College protested *their* school's sexual violence policy. Read more on page 4.

### Frowning goat

The saga of the Smiling Goat Organic Espresso Bar continues. Everything started when Jaspreet "Kit" Singh took over the two Halifax Smiling Goat locations in 2016. His manage-

ment style proved unpopular among staff, many of whom quit soon after Singh took ownership. Four additional locations later (two Spring Garden cafes, along with King's Wharf and Hollis Street) current and former Smiling Goat staff – as well as the cafe's suppliers – pushed back. Workers voted to form a union in March.

Now, two lawsuits have been filed on behalf of Singh and his company, Hebron Hospitality Group. The suits name six specific former employees and takes aim at union organizers. As Marina von Stackelberg wrote for CBC in June, this is the first time Singh has taken legal action against his employees, but several lawsuits have been filed against Singh for unpaid bills.

Meanwhile, the Glitter Bean Cafe opened its doors at the former Smiling Goat location at 5896 Spring Garden Road (which was a Just Us! prior to Singh's takeover) in July, attracting customers with the promise of colourful lattes and a queer-friendly space.

### Abdoul Abdi stays home

Nine months after Abdoul Abdi's story initially made headlines, Minister of Public Safety Ralph Goodale has stated the Government of Canada will not pursue deportation for Abdi.

The announcement came after Justice Ann Marie McDonald set aside the decision to send Abdi to a deportation hearing on July 13. Andrea Gunn of the *Chronicle Herald* was one of the first to report Abdi's story. He is originally from Somalia but came to Nova Scotia with his older sister when he was just six years old. They were taken from the care of their surviving relatives and were brought up in the foster system. As Abdi did not have Canadian citizenship (the De-

partment of Community Services never applied on his behalf), an aggravated assault charge in 2014 brought not only jail time, but also the threat of deportation upon his release.

Canadian activists such as Desmond Cole and El Jones rallied around Abdi, with supporters arguing that the foster system had failed him.

### Butt out

Smokers and vapers may soon have to be more careful about where they light up. Halifax Regional Council voted to pass the "respecting nuisances bylaw" on July 17.

In short: municipal properties such sidewalks, parks and playgrounds are no smoking zones – unless a designated smoking area is indicated. Failure to comply could cost you anywhere from \$25 to \$2,000. HRM spokesperson Brendon Elliot told CBC's *Mainstreet*, "We are saying that you will have to look for a sign for where you can smoke [...] Whereas smokers right now walk down the street and they see a sign that says no smoking."

After public outcry, council voted to look at excluding tobacco from the bylaw. The regulations are expected to be put in place before recreational cannabis becomes legal in October.

### That's the ticket

In August, Halifax Transit announced it will be implementing a new bus ticket design, with each ticket being about the same size as a Canadian dollar bill to correspond with an upcoming fare collection system.

# Baby Boomers to Gen Z

A look at some of the events that shaped three generations

BY REBECCA DINGWELL, NEWS EDITOR

WITH FILES FROM DEBORAH SANNI  
AND KAILA JEFFERD-MOORE

Welcome to Dalhousie University, Generation Z.

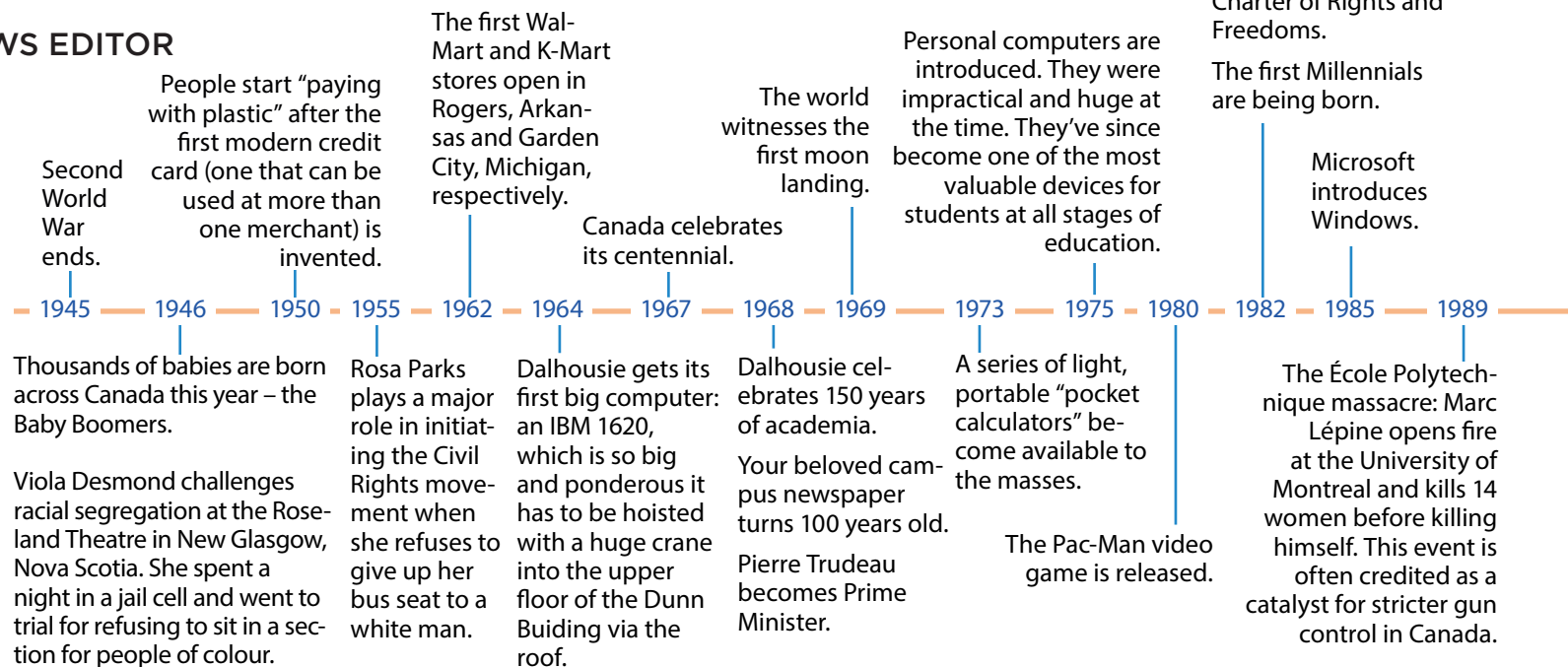
In 2014, *Maclean's* told us Gen Z-ers are “smarter than Boomers, and way more ambitious than the Millennials.”

If we believe the predictions, Gen Z will soon outnumber both. The Boomers who were born in 1950, would have started university in the late 1960s into the 1970s. While this 2018/2019 academic year marks the official integration of the Gen Z population in university.

Dal Freshman are 2000s babies.

This opens up an opportunity to reminisce about the changes that might have occurred over the course of time and consider things that stayed the same and thus, became standard.

This timeline is nowhere near exhaustive, but consider it a taster of the economic, social and technological changes between generations.



## Dal welcomes new Provost and Vice-Academic

### Teri Balser shares what’s in store for the upcoming year

BY CHIARA FERRERO-WONG

Dalhousie University is welcoming a new provost and vice-president academic on Nov. 1 – all the way from Perth, Australia.

Teri Balser currently holds the position of dean of Teaching and Learning in the faculty of science and engineering at Curtin University. She has years of teaching and leadership experience under her belt thanks to her past ventures at the University of Wisconsin-Madison and the University of Florida.

Balser is also an accomplished academic with a PhD in soil microbiology and 85 peer-reviewed journals.

You might be asking: what exactly is a provost and vice-president academic?

Balser offered an explanation. “The university itself has to be represented to the outside world: the community, politics, and the board of governors [who] oversee the financial aspects of the university. The president is the primary connection between the university and the outside world.”

“The provost links the president to the inside of the university and everything that goes on inside the university. The provost tries to keep things going on the inside, and work with the president to represent us to the outside.”

Balser said, currently, there are no specific goals

that the president and the provost are working toward. But there’s a general understanding of what Dal’s goals are. As well as what’s been worked on in the past.

It’s an exciting time of re-modelling, modifying, and changing the status quo.

“A lot of schools all over the place are doing more and more with digital and online, and there’s a lot of interest in doing things with international, but we don’t know exactly what that will look like yet,” said Balser.

Expanding the international and online areas at Dal are two ongoing conversations. In her new role, Balser will be at the forefront of these decisions in order to help Dal move forward.

“I’m really excited [to] work with people to say, what interests do you have? Where are your strengths?”

The reasoning behind putting effort into growing internationally, Balser stated, is because “the world is going more global, and people who go out and get jobs, they’re going to want to be able to interface with the world in different ways.” Balser

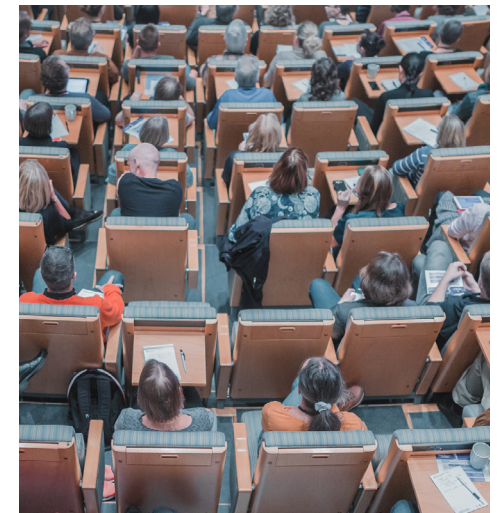
pointed out that Dal already has a fairly strong international presence such as the International Centre. However, she sees the opportunity for expanding Dal’s international ties.

Balser commented on how introducing a more international focus into the curriculum could assist in preparing students for navigating the world outside Halifax and outside Canada. She also discussed the potential for expanding the study abroad program at Dal.

In Australia, Balser said the universities there have what are called “satellite campuses” all over the world with partnering universities. These satellite campuses make travelling and studying much more accessible and open up international relationships for students.

On the digital side of education, a frequent topic of conversation is the number of free courses a school offers online. Balser is interested in looking into whether this option is a good fit for Dal, and whether expanding online will take away from the student experience.

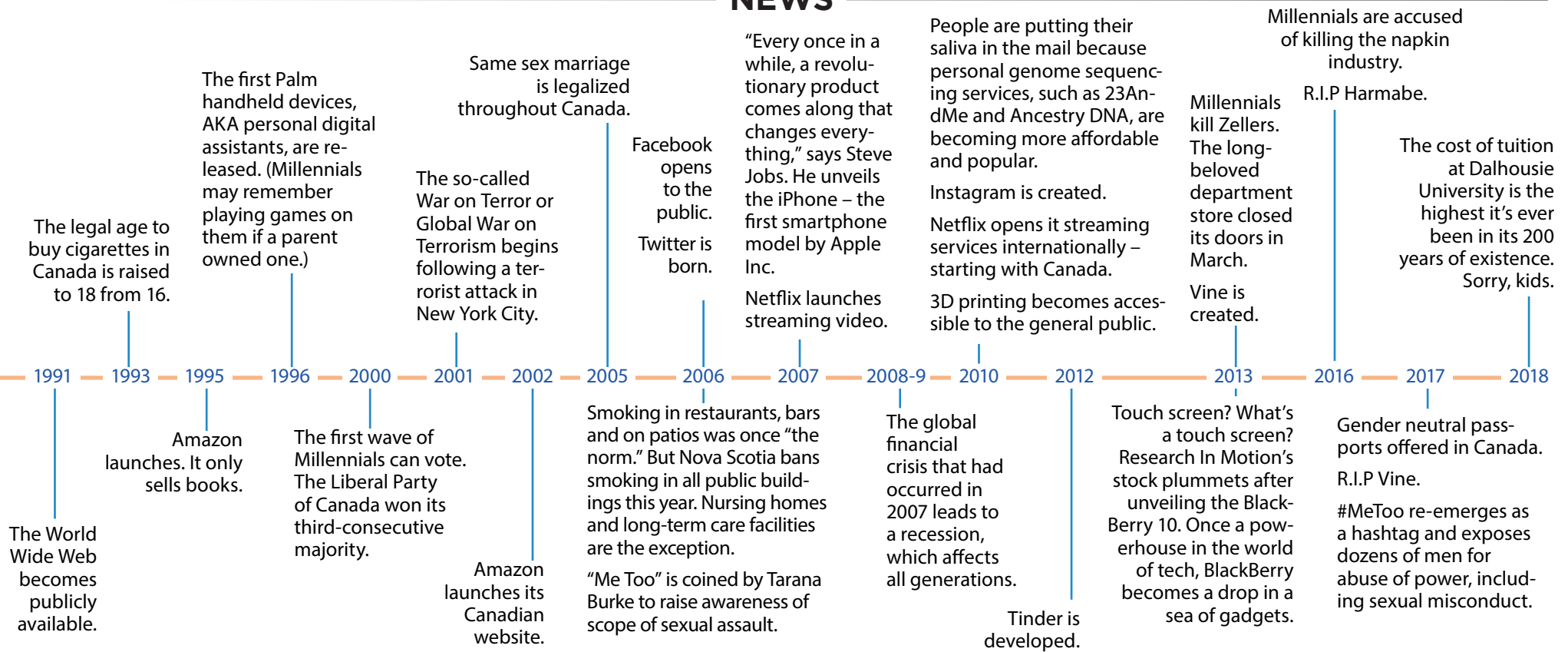
One of the potential benefits from building an



online presence, said Balser, is the engaging of alumni. With the courses offered, alumni can continue to learn throughout their lives, and continue to be associated with the university. In this way, Dal would be able to offer services to both current and graduated students.

“We should be thinking about supporting our students and alumni all the way through,” said Balser.





# Canadians' understanding of consent has dropped

Social media campaigns don't have the impact of proper, ongoing sex education

BY REBECCA DINGWELL, NEWS EDITOR



The results of a recent survey from the Canadian Women's Foundation suggest most Canadians don't fully understand consent.

The survey presented people with various scenarios, asking if they were consensual, "just so that we knew whether Canadians understood the situations under which people can and cannot give consent," said Anu Dugal. She's the director of community initiatives and policy at the Foundation.

She said the survey was also to find out if Cana-

dians know about all aspects that make up consent.

"So it's not a simple 'yes' or 'no,' it has to be in your behaviour as well as in your words. It has to be given and received both ways and it has to be ongoing through all kinds of sexual activity."

With a sample size of 1,502 respondents, results indicate that 28 per cent of participants don't grasp all the nuances of giving consent. This is a drop from 33 per cent, found in the Foundation's

2015 survey on the same topic.

"We were sort of surprised about it and certainly disappointed," said Dugal.

Many of the respondents knew a clear "yes" is required and consent can be revoked. But people generally didn't understand consent has to be enthusiastic.

And 50 per cent of female respondents said they "felt pressured to consent to unwanted sexual activity."

"It really, to me, puts the focus on what it is that we're not getting about consent," said Dugal. "Hounding somebody or pushing somebody to somewhere they're not comfortable" until they go along with it, for example, is not consent.

Survivors are finding ways to publicly share their experiences with sexual assault and harassment through viral campaigns such as #MeToo and #TimesUp. Since the campaigns have hit their stride, alleged serial abusers such as Harvey Weinstein and Kevin Spacey have been ousted by the entertainment industry (for now).

It wouldn't be unreasonable to assume most people – especially those in the millennial and Gen Z brackets – are more informed about consent than before. But that's not necessarily true.

**"Nobody else can tell you what your boundaries are."**

For example, Dugal referred to a previous survey which dealt with attitudes towards sexual assault, including questions about whether people "ask for it" through their behaviour or how they dress. "That kind of victim-blaming behaviour – we found out that it's actually highest in the youngest and oldest age brackets."

In Dugal's opinion, it's a testament to the fact that there's a critical need for young people to receive better sexual education before entering university and/or the workforce.

"As much as they're growing up amongst social media movements, sadly many of them haven't had consistent access to regular, long-term information and school curricula that deal with these all of these issues," she says. "It's not that schools aren't doing anything, but it's actually, to me, a sign that we're not doing enough."

The good news is it's not a lost cause. In fact,

Dugal believes educating people on what good relationships look like overall will help improve the understanding of consent: clear communication, assertive communication and being

clear about boundaries are all aspects of a healthy, equal relationship.

"Nobody else can tell you what your boundaries are."

# 10 porn moves that don't work

## Creating a new culture of mutual pleasure

BY LEXI KUO, OPINIONS EDITOR



PHOTO BY CHRIS STOODLEY

Womens' orgasms are not given the priority they deserve.

Western, heterosexual sex culture is heavily biased toward the penis-possessing counterparts. This bias takes many forms. It's visible in all forms of mass media. It's also visible in societal attitudes, in the ways that sex is discussed in classrooms and in day-to-day life.

Perhaps the most explicit manifestation of this bias is mainstream pornography. Porn doesn't usually represent sex that is considerate to both parties – where male and female pleasure are of equal value. Rather, the woman's role is only to fulfill the man and her value is reduced to the size of her breasts and the "tightness" of her snatch.

Even some lesbian porn plays out as what males seem to think lesbian sex should look like, rather than the real thing.

Some argue that porn isn't meant to be a realistic depiction of sex. It isn't meant to be empowering to women. It's meant for people, usually men alone with their hand and a bottle of lotion just trying to get a nut.

In these moments, women's equality or the consequences of porn to society are the last of their concerns.

Yet the reality is, porn is the source from

which many young folks first learn about sex. Many of us have memories of our middle school selves, googling "boobs" or "sex" in some dimly lit corner of our homes. Another homework tab open, ready for a surprise checkup from a parent. In those times, clandestine googling was a risky affair.

Nowadays, every grade-schooler has a smartphone. Porn is available at their fingertips, whether they like it or not.

The average age of exposure to porn in the US is 13 years for males, and 14 for females. A third of adolescent males have watched porn containing "gang bangs" and/or "rough oral sex," and 12% of adolescent females.

A UK study found that 53 per cent of males consider porn to represent "realistic sex," and 39 per cent of females.

We can all agree that the sanitized, awkward conversations in health class don't really shed much light on what actual sex is supposed to look like. Or the importance of mutual pleasure.

The pleasure side of sex seems completely taboo in most standard school sexual education

programs. For many adolescents, porn may be the only source they can look to if they want to really get an idea of sex beyond the mechanical instructions of how to put on a condom. The prevalence of porn in the sexual explorations of adolescents is undeniable. As is the fact that learning about sex through porn has consequences for their eventual sex lives.

I'm sure many ladies can relate to the utter cringe of a man attempting a move that may be common to porn, but bring no physical enjoyment.

### Woke sex

Men, this is your wake-up call. Women, send this to the sexually un-woke men in your lives.

Women are just as entitled to sexual plea-

sure just as much as men are. We must work to overcome the male-pleasure biased material that everyone exposed to.

Why does sex start with a man's penis getting hard, and end with his ejaculation? Why is a woman giving a man a blowjob considered "hooking-up" despite the utter lack of reciprocity?

We're still overcoming the taboo around female sexual pleasure. It's a recent phenomenon that women are becoming more comfortable with asserting and discussing their pleasure. Let's address this head on and get into the real birds and the bees. Not the PG version your parents or high school health teacher gave you.

Overcoming widespread myths isn't easy. It takes deliberate effort and thought. Hopefully this list will open you up to a more equal conception of sex in our society.

Give women their orgasms. Ask them *how*.

1. Asking her if she loves your "massive cock" and other comments about the size of your penis.
2. Slapping her lady parts with your dick.
3. Slapping her lady parts with your hand.
4. Non-stop pelvic motoring.
5. Timid licks.
6. Pretend threatening anal when she's already expressed that she doesn't want anal.
7. Shoving your dick down her throat as a "surprise."
8. Coming in her mouth as a "surprise."
9. Diving right in to aggressive finger-fucking after two minutes of hooking up.
10. Vigorously rubbing your dick on her face.

This list is by no means definitive. Every woman has their own opinion. And different moods may bring different moves. The hope is that we can all be more considerate and aware in our sex lives.

Asking her if you can try something is hot. Mutual pleasure means thinking and communicating with our partners about what sex moves actually feel good for woman and man beyond simply replicating the male dominated scenes of common pornography.



# Dog is the new cow

Locally sourced, ethically raised and free range

BY LEXI KUO, OPINIONS EDITOR



Barbecues are an important summer tradition for many. But Barbecues ain't cheap. What if there was an alternative to dropping \$45 on a steak, and this alternative was free?

There is. His name is Fido. He's probably running around your backyard at this very moment, tail wagging, tongue flopping.

Locally sourced, ethically raised and free range. From the yard to the grill: Fido.

Free range dog may not have the same tenderness with each bite. Well, no need to make the same mistake twice. Get your hands on a female dog for a constant supply. Luckily, you've got Fido's lil sis. Chain her up in the front yard. You won't need to wait more than a couple days before she's sniffed out by a passing sire. Nature takes its course, you've got a litter of fresh puppies on the way, and this time you will have the chance to fatten them up.

It's a simple process. Cage them up side by side. Feed them a diet of grain and antibiotics. It may be unnatural, but it's a sacrifice you'll have to make for succulent meat. No need to worry about exercise, we want them

fattened up as fast as possible.

There are some things that we need to watch out for. Make sure that none of their hair, feces, or other bodily fluids falls into their food as this may cause disease. This can tend to happen when multiple dogs are confined in tiny space.

They may also develop overly aggressive tendencies. No fret, just declaw those little rascals without any anesthesia. Painful procedures legally require some form of anesthesia or pain relief, but no one really checks anyway. Plus, it's not like you have the extra funds to spend.

These living conditions may cause some of these woofers to die prematurely at less than a quarter of their natural lifespan. Don't let that get you down. The prematurely dead ones are still entirely edible. They probably taste better in their prime anyway.

Now you're probably thinking: five dogs will only last me through five barbecues.

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Imagine the tragic tale of Fido, but on a mechanized and mass scale.

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Luckily, you are a resourceful forward thinker.

Mama dog is still around. She may still be emotionally scarred from when you ripped her pups away and devoured them the first time. Not to worry. Inject her with some hormones and she'll be back

in tip-top, child-bearing shape.

Rinse and repeat.

Put those barbecue savings aside, and maybe you'll have enough to renovate the kitchen in a few years.

If this scenario sounds horrible, cruel, and inhumane to you – you may want to reconsider that barbecue altogether.

These are the types of conditions that cows endure in Canadian factory farms, and this description only scratches the surface. Millions of cows pass through the Canadian factory farm circuit every year.

Imagine the tragic tale of Fido, but on a mechanized and mass scale.

In western society, dogs aren't simply animals. We give them names. We see their personalities. We mourn their deaths. They are our friends and family members. It would be unbearable to imagine our loving companions enduring the cruelty of factory farming.

This cruelty doesn't become non-existent when a different species is on the chopping block.

Cows may be just as – if not more than – intelligent as your household woofer. Cows are able to solve puzzles and mazes. They're able to differentiate between the humans that interact with them. They form social relationships.

Just as dogs do, cows feel happiness, excitement and attachment to their young. Likewise, cows feel the physical and emotional pain of overcrowded confinement, lack of exercise, forced breeding, and their eventual deaths. Cows' suffering is just as tangible as a dogs' suffering.

If you wouldn't chop, grill and devour your four-legged family members, maybe you shouldn't be devouring their cow cousins either.



# Halifax: Know Me

## What should you do if you're a student or newcomer in Halifax?

BY TAMAR KENIGSBERG BENTOV

Part of the experience in getting to know a new city is finding the local scene.

But this can take weeks, months – even years.

Halifax is perfectly designed for students in many ways. While you're here, you'll learn about many of the interesting features this city has to offer. To trim the fat and bypass the months it would normally take to learn some of the better features of it – whether you want to be an insider tourist or get in good with the locals – here are some tricks for you to follow and cool spots to check out.

### Tip #1

Check out Twitter, Facebook, Instagram, Reddit and even Google Explore to find events in the city.

Look at the tagged locations on Instagram. A few hashtags to follow to find cool places to see are: #DiscoverHalifax #haligonias #halifaxlocal #explorenovascotia

There are big Twitter and Reddit communities in Halifax. Start following people on Twitter and commenting on Reddit threads to get a feel for the city.

There are even apps like Eventbrite and Meetup perfect for someone looking to make some friends while doing fun activities. There's the Halifax Newcomers Club that meets every Tuesday. Also check out City Socializer. It's also a great way to discover places you won't find in the guidebooks.

### Tip #2

Local businesses are everything. The Local, Dee Dee's Ice Cream, Plan B, Glitter Bean Cafe, 7 Bays... There are a lot of them.

Know this: Downtown Halifax and Quin-pool road aren't everything.

There's more to Halifax. So much more.

Halifax is known for its vibrant neighbourhoods, parks and waterfronts. And the food isn't bad either. The North End especially is filled with interesting shops, restaurants and

bars; most of them are small, local businesses.

### Tip #3

Dating apps. They work for friendships too. They're a great tool for tourists, backpackers and newcomers alike. Ask a local to take you to their favourite hidden gem.

### Tip #4

Go explore.

Take the ferry across to Dartmouth. Head to the Valley, take a day trip to Cape Breton or check out the hiking and camping in Shubie. Buy a day-pass for the Waeg.

### Tip #5

Make an effort with your classmates. Start grabbing lunch with them, hang out at the library or on the quad together as much as possible. You'll get closer over time and start being invited to stuff outside of class or the Killam.

But then, don't forget to maintain those budding friendships. Going to coffee with someone ~once~ is probably not going to cement a lifelong friendship. If you're looking for something real, commit!

### Tip #6

Look into the intramural leagues at Dal and around Halifax. Halifax has dozens of adult leagues to sign up for and meet like-minded people. Hitting the Dalplex or a yoga studio downtown and you're guaranteed to become a regular.

If team sports aren't your thing, think about joining one of the societies on campus. Of course, it depends on your hobbies, and there's a society for almost any hobby out there.



PHOTO BY CHRIS STOODLEY

### Tip #7

Go to cultural events. It's usually affordable and sometimes even FREE.

Concerts in the park, art exhibits at the Dalhousie Art Gallery, free Tuesday's at the Maritime Museum of the Atlantic. There are two theatre societies on campus and the Neptune Theatre always has something going on. This is just the beginning.

Bonus: you'll automatically have things to talk about with the people in attendance.

The Local has monthly 4 dollar shows called Rockin4Dollars. So many bars have weekly music nights. Halifax is full of restaurants and bars and live music. If that's your thing, you're set.

### Tip #8

Open up! Vulnerability plays a huge part in emotional bonds with friends. Especially early on in the game, open up about yourself when meeting new people. If you keep things surface value, a friendship isn't likely to grow out of it.

### Tip #9

Do your best to say "YES!" Most of us enjoy Netflix on the couch. But we know both know you're not going to meet anyone new from sitting in your apartment.

Accept the invites you receive and get out there. Be the one to extend the invite. Plan bi-monthly brunch hangouts, or wine Wednesday get-togethers the first of every month. Maybe even start binge-watching Good Girls on Netflix together once a week.

### Tip #10

Volunteer somewhere you're passionate about. Pet shelters, hospitals, the YWCA – look at Volunteer Halifax and find where you can donate your writing, coding, business or whatever skillset you have.

Making friends while making the world a better place? Win, win.

Halifax has the same as any other small city – it really depends on what you like to do and making a point to seek it out.



# The stupidity of the 2%

## Giving the Irvings more money doesn't mean the Navy can fight

BY MATT STICKLAND, COPY EDITOR



PHOTO BY CHRIS STOODLEY

*Editor's note: Matt Stickland is a retired Officer of the Royal Canadian Navy.*

There have been a lot of crazy policies coming out of the United States in recent months. Like, tearing families apart, losing trade wars and throwing hissy fits in the direction of the NFL.

For this foreign policy nerd Trump's most egregious error came at a breakfast in Brussels when he demanded that NATO allies pay four per cent of their GDP on military spending.

While Canadian politicians have stayed away from the four per cent Trump put forward, the Conservatives just voted to make spending 2 per cent of GDP an official party policy.

It seems like a good idea in theory, but in practice it's dumb.

Understanding why increasing spending on the Canadian Forces is a bonehead move requires a bit of context on the role our military plays in politics. According to a study published in 2018 by Earncliffe Strategy Group, most Canadians have only a vague understanding of the military, and the role it plays in Canada.

This is probably because when the military does make headlines it's almost always bad

news.

Like how the army can't buy decent boots.

Or when the air force scavenges spare parts from a museum.

Or when the navy has to ban alcohol because sailors got too drunk.

Or when we finally get the helicopters we bought, 10 years after promised, and then learn we can't land them on our ships.

Or for being sexist.

Or racist.

The best example of how spending money doesn't lead to a better military is when the government buys Irving ships for the Navy at \$700 million per ship, even though other countries can make the same ship for \$70 million. The inflated price was sold as acceptable because Irving is headquartered in our very own Halifax, which should mean jobs for Canadians.

But Irving isn't employing Canadians in the numbers they were supposed to. They're bringing in a lot of foreign workers and not giving their Canadian workers sick days.

This is all without addressing the fact that we can't even use the ships as warships because they have the same, or less, capability than a drone.

Canadian politicians have always been able to put military capability on the back burner. The assumption was that Canada can count on the U.S. to honour our alliance. That used

to be true. Until Trump.

Before Trump there was no question whether our southern allies would come to Canada's aid. Would Trump's now-great-again-America come to Canada's aid today if Russia annexed part of the North? The uncertainty coming out of the White House means that we can't count on our most trusted ally to have our back, no matter what. Since we can't count on them, we need to defend

ourselves.

With the headlines making the Canadian Forces seem like a perpetual fire and with a renewed need for a better equipped military, it seems like Canada should fix

**The best example of how spending money doesn't lead to a better military is when the government buys Irving ships for the Navy at \$700 million per ship, even though other countries can make the same ship for \$70 million.**

these problems by opening the coffers.

The glaring hole in this plan is that spending money doesn't guarantee that the military will be able to complete its missions. We could hit a two per cent of GDP on military spending target if we gave the Irvings a couple more shipbuilding contracts. We could hit it if we increased veterans' pensions and benefits. But spending too much on ships with no real weapons, or making sure our veterans are well cared for doesn't mean that the military is better equipped to fight a war.

We could hit any spending target if we bought trillions of sleeping bags and backpacks, which – although wouldn't increase capability – the military needs.

If we spend ship loads of money on sleeping bags, pensions or ship building it's no guarantee that the military can complete the tasks given to it.

The reason we're spending \$3.2 billion on the DeWolf class of ships is to defend our arctic sovereignty. The amount of ice that DeWolfs can sail in is so low they've been called "slush-breakers" by detractors. With a single small cannon and a couple machine guns the ship can't defend itself against most military threats, it can't make a dent in a warship, submarine or plane.

If Canada is serious about national defense it needs to ignore any spending target. Instead Canada needs to define what it wants its military to do and buy whatever equipment is needed to do that. We need to stop trying to shoehorn 'made in Canada' solutions into military spending to court voters.

Typically, these ships cost no more than \$70 million dollars each, and that price tag includes designing the ship. We paid Irving \$288 million for just the design. If we had bought the ships that Irving is making from a country like Poland, we'd have saved billions.

If injecting money into the Canadian economy is the goal, the savings could have paid for five basic income pilot projects like the one cancelled by Doug Ford.

It could have been around \$3,000 for every Nova Scotian. But no, instead we're paying Irving \$3.2 billion to line their pockets and hire foreign workers so they can give us manned drones behind schedule and over budget.

# Hidden challenges for Chinese students

## Looking beyond the obvious to lived experiences

BY 王羿杰, YIJIE WANG

Chinese students at Dal mostly hang out with other Chinese. Some believe it's inevitable to form a clique with exclusively Chinese.

People feel more comfortable with those who are similar in language and background. This creates a distinct culture, which is seemingly detached from the rest of the campus.

But this doesn't mean Chinese students don't like to socialize.

It's common to see big groups of Chinese students wandering together in the city, headed to restaurants, karaoke or the clubs.

Chinese culture values interaction and socialization. Traditional festivals such as Chinese New Year or the Mid-Autumn festival bring everyone together to celebrate their country, culture, and heritage. These festivals create lasting bonds, warm their hearts and remind them of their home country, China.

Despite the strong connection Chinese students feel for their culture, they are open to trying new things and meeting new people. Chinese students are often stuck with the label of "lack of involvement."

It's pretty rare to see them actively joining in events and activities organized by the DSU and other societies. Chinese students face challenges that make these interactions difficult.

### The Great Firewall

The Chinese Students and Scholars Association (CSSA) holds an alternate orientation week where all the leaders speak – and introductions and speeches are given in – Mandarin.

Lots of students would rather choose the CSSA orientation section over the DSU orientation as the content is easier to understand. But relying on Chinese sources for important information may prevent students from taking efforts to improve their English. And it also hinders students socially – O-Week is an important time for meeting new people.

Another challenge is the social media gap.

Some students express that they don't know about all the events happening on campus, despite being keen to get involved.

Wuwei Liu, a second-year commerce student says, "We don't have the habit of checking our Facebook or emails, but most of the events are posted on those platforms."

Chinese internet censorship, aka the Great Firewall, bans the social media platforms favoured in Canada. Most Chinese students are opening Instagram and Facebook accounts for the first time when they arrive.

It's not always easy to pick up a new platform and they don't usually have a long friends list. Instead, they're more likely to stick with the most popular social media in China, WeChat. Using WeChat is certainly a deep-rooted habit for almost every Chinese person and this is the way for them to connect to others.

And the language barrier. It's always been the biggest hurdle for Chinese international students. It negatively impacts their academic performance, socialization and overall experience in Canada. Many Chinese international students at Dal don't receive proper English education and experience before heading abroad.

Some are merely trained for passing English language proficiency tests as per Dalhousie admission requirements, such as IELTS (International English Language Testing System), or TOEFL (Test of English as a Foreign Language).

Some rely on ESL programs at language schools, which aren't enough to prepare them for full English environments. Chinese students are often unprepared to understand the slang and metaphors used by native English speakers.

Some Chinese students want to improve their English and social life by trying to participate in social activities with people outside the Chinese community. The results are often positive.

Liu said "It has been an eye-opening experience studying at Dal for me. It is truly awesome to be able to interact with people from all around the world, and I think I started to see things from different perspectives."

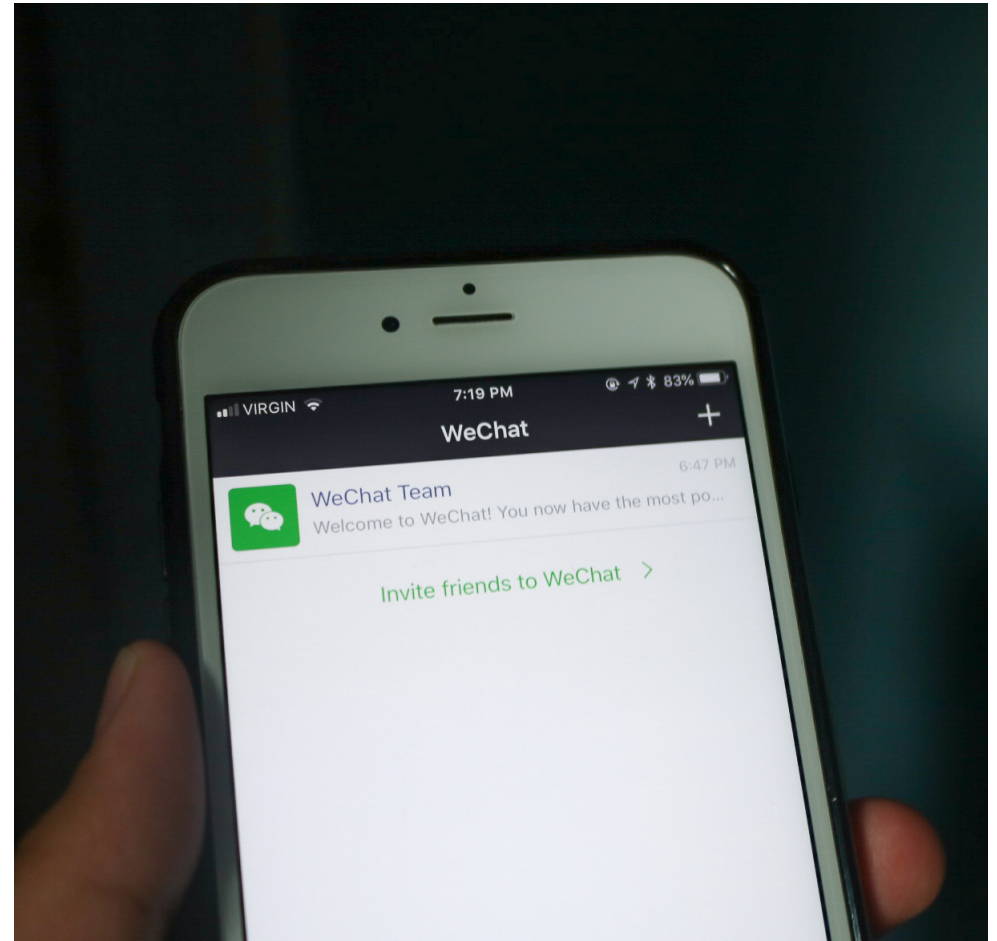


PHOTO BY CHRIS STOODLEY

### Stepping out of comfort

Chinese students do make efforts to step out of their comfort zones and adjust to Canadian life. But many still struggle to fit in with non-Chinese students, especially Canadian students.

Sometimes Chinese students become frustrated with the challenges of communicating with, and befriending Canadian students.

Chinese students struggle with more subtle cultural differences. Chinese students aren't familiar with Canadian friendship customs. After being discouraged by their first couple social confrontations, they can do nothing but shrink back to their cliques.

Some Chinese students are suffering from depression, stress and homesick because of the difficulties assimilating to the new environment.

There's no doubt that Chinese students are facing more and harsher challenges due to cultural, social and language related barriers. And some issues faced by Chinese students aren't noticeable and obvious.

They can only be uncovered by digging deeper and initiating conversations.

It's fascinating to witness the unique Chinese culture that exists parallelly to Canadian culture at Dal. We are proud of our diversity, and we always encourage better cross-cultural communication.

It's important to ensure that Chinese students can get involved. All students should enjoy equal access to the services and facilities at Dal. We must make sure their voices are heard. We must take a more proactive approach when listening what they have to say.



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# New year, new societies

## Learn all about the new societies at Dal

BY HANNAH BING

WITH FILES FROM CARLY CHURCHILL, KATHLEEN JONES, HANNAH WHALEY AND JOSH YOUNG.

Dalhousie University is home to over 300 clubs and societies. Most of them are created by students for students.

There are multiple societies created each year. The goal is to create a society that appeals to a specific group of students so everyone can find a space and friends they enjoy.

The Dalhousie Student Union oversees the ratification of societies and has more information on all societies at Dal on the DSU app.



PHOTO BY CHRIS STOODLEY

### Dalhousie Synchronized Swimming Club

The 2018-2019 season will be Dalhousie Synchronized Swim Club's first year. The club was established by Caitlin Schroop who is studying at the Schulich School of Law at Dalhousie. Schroop created the team because she wanted to continue competing during her law degree. She previously swam for the University of Waterloo during her undergrad.

The club is currently the only active synchronized university swimming team on the East Coast, with the Canadian University Synchronized Swimming League.

It's open to anyone, it's not exclusive to experienced synchronized swimmers. The team plans on – at the very least – having a water show to showcase their routines at the end of the season. They also hope to compete this year but there's no concrete schedule for that, yet.

There will be an information session for the society at an undetermined date. To be notified of

when the information session will be or to find out more about the synchro society, reach Schroop at [dalhousiesynchro@gmail.com](mailto:dalhousiesynchro@gmail.com) to be added to the mailing list.

### Dalhousie International Business Association (DIBA)

The Dalhousie International Business Association (DIBA) is a new society joining the ranks of Dal societies for the 2018 school year.

It was created by Fabian Wat, in hopes of forming a group of individuals willing to discuss different topics within international business. Such as international business laws, ethics and foreign business policies.

DIBA is open to all students but will particularly interest students studying or interested in international business. Wat hopes that the society will also be a place where you can ask questions and learn about topics regarding international business. Wat says he's happy to answer questions at [Fabian.Wat@dal.ca](mailto:Fabian.Wat@dal.ca).

### Dalhousie Employment and Labour Law Association (DELLA)

Dalhousie Employment and Labour Law Association (DELLA) is a newly ratified society this year. It was organized and put together by a few students attending the Schulich School of Law.

Maryn Marsland is one of the organizers and founders of the society. She says it was created by law students studying employment and workers rights laws.

They want it to be a society for people interested in labour law to come together, share and discuss, and to form connections in the field. They also want to create a space where students who are wondering about their rights as workers, can come and feel like they can be informed.

So far they have ideas to bring in speakers and host panels each semester to discuss new issues of labour law and employment in Canada. The society is meant to interest law students who are studying or interested in labour law and employment, but it's open to all law students. For more info, get in touch with [maryn@dal.ca](mailto:maryn@dal.ca).

### Women in Technology Society

The Women in Technology Society was created as a space for women who are STEM students – because of the gender gap for women in the STEM departments at Dal.

The people who created this society did so because they believe that women in technology should be supported and celebrated. They want to create equality within the STEM community focusing on the technology component.

The society holds social and educational events for women in technology, but anyone of any gender is always welcome to join. They say they could use more members to help organize and plan events, and to participate.

They also want to hold events to support the technology community outside of Dalhousie, expanding to supporting the technology community throughout Halifax. For more information on the society and how to get involved their website is <http://wits.cs.dal.ca/> or email them at [wits@dal.ca](mailto:wits@dal.ca).

### The Dalhousie Earth Orbit and Space Systems Lab Society

The Dalhousie Earth Orbit and Space Systems Lab Society was created in October 2017. The society has a lab at Dal where a satellite design was created and submitted into the Canadian Satellite Design Competition (CSDC).

A few months after the design was submitted, members of the society discovered a project proposed by the Canadian Space Agency (CSA): the CSA was willing to provide funding to Canadian universities to design and build a satellite, it would even sponsor launch costs.

The Earth and Orbit society partnered with the Dalhousie Engineering department and were granted \$200,000. The Dal Earth Orbit and Space Systems Lab Society is currently working toward training new students to take over current members roles – especially in terms of the engineering side of the project – as the whole project is expected to take another two years to meet the 2020 launch date and most of the current students are graduating soon.

They plan to have social media accounts up and running for September, but they can be reached through Arad, one of the society members, at [arad@dal.ca](mailto:arad@dal.ca). Or look at their website [www.dalorbits.ca](http://www.dalorbits.ca).

### The Dalhousie Theology Society

This September will be the first active year of the Dalhousie Theology Society.

Adam Lucas and Derek van Voorst are the co-founders but van Voorst originally came up with the idea. They created this society so that students could have a place to talk about theology without having to necessarily practice a religion. The idea is to come in as a group and discuss matters and topics of theology.

The society is open to people of all faith or no faith. They have plans to meet bi-weekly and once a month have an event where a faith leader in the community comes by and gives a lecture.

People involved in the society are not pressured to attend all meetings and may attend however



many or little meetings as they wish. Their hope is for it to be a place of discussion, respect, and maturity.

If you want more info, join the Dalhousie Theology Society facebook page, where updates on information sessions, meetings and events get posted.

### Vanishing White Matter Society

The Vanishing White Matter Disease Society will be joining Dalhousie this fall.

Zeina Atwi is the founder of this society. She created it to raise awareness for vanishing white matter disease. A genetic disorder that affects the nervous system and the main symptoms are neurological.

She was inspired to create this society because a family member of hers has vanishing white matter disease. It's also something generally not known about – which is why she finds it important to raise awareness for it.

There are no concrete plans for exactly how awareness will be created throughout the Dal community yet, but if you'd like to find out more, contact Atwi at Zn332072@dal.ca.

### The Dalhousie Black, Indigenous and People of Colour Caucus (BIPOCUS) society

Aisha Abawajy created the Dalhousie Black, Indigenous and People of Colour Caucus (BIPOCUS) society. It's a society for all students identifying as Black, Indigenous and of Colour (BIPOC).

Abawajy was first the president of the Dalhousie Arts and Social Sciences Society (DASSS) and was inspired then to create BIPOCUS within it. After getting positive feedback from people, she decided to make it a separate society.

The focus of the society is to have a safe space for BIPOC students. A place where they can go and talk about race, racism and the issues they face. And to support and uplift each other. She hopes this will be a place where BIPOC individuals feel safe to talk about the reality of racism, a space to build each other up and create the best community space for BIPOC students at Dal.

They want to be open to all BIPOC students because everyone has a different experience of how racism impacts them. They want people with those different experiences to come in. They aim for this to be a place where they can highlight excellence within their communities.

People who are interested in joining or knowing more about BIPOCUS can visit their Facebook page: Dalhousie Black, Indigenous and People of Colour Caucus, or follow them on twitter @bipocus or send them an email bipocus@dal.ca.

# Good People Doing Good Things: Madison Murray

## Dal student empowering young hockey players

BY JESSICA BRIAND, ARTS AND LIFESTYLE EDITOR



PHOTO BY CHRIS STOODLEY

After nine years of playing AA hockey, second-year Dalhousie University student Madison Murray decided it was time to hit the ice as a coach.

Growing up in Cole Harbour, Sidney Crosby was a huge role model for Murray after bringing home the Stanley Cup in 2009. It was then that Murray looked to her mom and asked to play hockey.

Murray quickly fell in love with the sport. But she couldn't help but notice that she never had a woman as a coach. The only women involved were player's mothers who would come into the locker rooms and organize things.

Last year, when she heard about a novice team – for girls ages six to eight – she decided to “get her feet wet” in the coaching world.

“I needed to go show them, and be a good role model for them and prove to them that girls can do anything,” said Murray. “It's not a boys sport. Girls can do whatever they put their minds to.”

Murray said when she started at age 10, there were only 13 girls on her team. She says that in Cole Harbour this year, the 10-year-old age group has about 30 kids interested in playing hockey.

In the years she played hockey, the number of girls on her teams dwindled year after year. She hopes that if the young girls see that they can do anything – like becoming a coach like she did – that they'll stick with it longer.

“They're powerful. They're wonderful young girls, and I just want to keep them playing hockey for as many years as I can,” she said.

Murray hasn't stopped playing hockey either. When she came to Dal last year, she ended up playing intramural hockey, where she said she made some of her best friends. She's continuing to play this year as well.

Murray is majoring in French and minoring in business at Dal. But she hopes to get her Bachelor of Education at Université Sainte-Anne after

graduating from Dal.

Murray decided to become a teacher after she realized how much she enjoyed working with the young girls she was coaching.

“I got into coaching, and it just kind of translated. And then I love being with people so then I'm probably going to get into teaching,” she said.

When she becomes a teacher, she wants to run sports programs for all students, but especially for girls.

“I feel like they are always underestimated or forgotten about and I want to make sure that they know that they can do anything.”

Being a role model to these young girls has brought joy to Murray's life.

“It's just so much fun to help out, like seeing the smiles on the girls' faces every day when they show up to practice, even if it is 6 a.m., they are all super excited. That's just a feeling that you can't find anywhere else.”

Murray will continue to coach for as long as she can and wants to let any woman wishing to play a “boy's sport” to “just do it.”

“If anyone says you can't do it just go out and prove to them that you can.”

**They're powerful.  
They're wonderful  
young girls and I just  
want to keep them  
playing hockey for as  
many years as I can.**



# What does “student support” even mean? Where can I get academic advice?

## All you need to know about seeking academic advice and mental health help on campus

BY JESSICA BRIAND, ARTS AND LIFESTYLE EDITOR

Dalhousie University offers multiple methods of student support across its three campuses. These resources include – but aren’t limited to – specific advisors designated for different purposes, and health counsellors.

The Bissett Student Success Centre (BSSC) came to fruition last August after David Bissett made a donation. Director of Student Success Heather Doyle said the donation was to be used for “the purposes of focusing on academic advising.”

The success centre is on the fourth floor of the Student Union Building. There, you can find career services, career support, and the Studying for Success Services. First and second-year Faculty of Arts and Social Science (FASS) students, science students and first-year engineering students can all head to the Bissett Centre for academic advising.

Are you a student who doesn’t fall into these faculties? You should seek advising within your specific faculty.

Doyle says that there are two complications when it comes to students finding support: one, there’s so much support that it’s hard to figure out where to start and two, not knowing the difference between the different types of advisors and counsellors and what their role is.

“A lot of times students might seek out support when they are already struggling, and that’s totally fine and there are supports there. But if you seek out help earlier – when maybe you don’t think you need it – then you’re able to talk through with someone the experiences you are having,” said Doyle.

The success centre released a new guide to outline the different services available to Dalhousie students. We’ve put together a little mini-guide below, about different spaces to find support catered to what you want and need.

### Student Success Advisors

A student success advisor will help you address issues relating to overall student success.

Doyle said most of what advisors do isn’t just course selection and registration, but a lot of it is “helping students figure out why they are in university, how to set goals, how to engage in meaningful decision making, helping them increase their academic self-confidence, how they’re feeling about their ability and capability to be in university, and helping to navigate through the system.”

They also offer a suite of “On Track” programs for first-year students: Start on Track, Stay on Track, and Back on Track.

Start on Track offers courses to take online in the summer to learn tips and integrate into university life. Stay on Track begins with a Strength Finders test, and then three follow-up meetings with an advisor to keep you focused on your goals. Back on Track is offered before winter semester to get students back

into the mind frame of learning after a long break.

You can go to a success advisor at any time for any issue, and they’ll help you find the services you’re looking for.

If you’re looking for help from the Success Centre, there are multiple different ways students can book appointments: calling, going in or booking online. During the first weeks of September, no appointment is necessary because they offer drop-in appointments to accommodate that back-to-school rush.

### Black Student Advising Centre and Indigenous Student Advising Centre

The Black Student Centre and the Indigenous Student Centre don’t just focus on academic advising but they also aid students with the transition into university: addressing shared lived experiences, offering cultural programming and creating connections between students in those communities.

The Black Student Advising Centre has a “resource room” with a student lounge, kitchenette and Wi-Fi. It also has a computer lab. Advisors there help Black students at Dal apply for bursaries



PHOTO BY CHRIS STOODLEY

and scholarships, find employment and advocate for students.

The Indigenous Student Advising Centre also offers financial aid, tutoring and advocacy for Indigenous students at Dal. There are four Elders who run an Elders in Residence program for Indigenous students and students taking the Indigenous Studies minor for guidance, counselling and support. Their office is in the McCain Building, Room 3037.

Both the Black and Indigenous Student Advising centres are at 1321 Edward St on campus.

### International Student Centre

The International Student Centre offers a wide range of supports. According to Doyle, there’s a lot of things that international students need to know that isn’t necessarily applicable to the entire student population.

In order to make sure international students are aware of these things, the International Centre does their own orientation. They also offer counselling regarding study and work visas, as well as offer trained professionals to give immigration counselling to students.

### Accessibility Advising Centre

Accessibility Advising is important for students with both mental and physical accessibility needs. If you need information or help with access inclusion or accommodation, reach out to this centre for resources. Advisors there can advocate with you or for you, and also help identify ways to reduce barriers to learning.

### Faculty Advisors

Dalhousie has a large group of Faculty Advisors. Each faculty at Dal has its own faculty advisor to help students within their specific faculty – this way, they can help you with a special interest and knowledge of what your degree requires. Think of your faculty advisor as encompassing the traditional academic advising role. They help students with course selection, program requirements and enrollment.

### Support for LGBTQ2SIA+

Dalhousie has multiple programs and safe spaces for the LGBTQ2SIA+ community.

Located on Seymour Street in the blocks of Dal



campus, South House offers a safe and inclusionary space for organizing events, hanging out, advocacy and other free resources.

The Dal LGBTQ2SIA+ Collaborative is another space offered on campus that is focused on sharing resources, information, educational programs and initiatives to increase awareness and support for students on campus.

DalOUT is the LGBTQ2SIA+ student society run for and by students of queer and trans communities. “They provide education, advocacy, social programming, monetary support and peer support initiatives to queer and trans students on campus,” reads their website on dsu.ca.

Dal Allies works with the Collaborative, and provides programs, services, training, support, referrals, and other resources on LGBTQ2SIA+ issues.

All of the advisors at the Bissett Student Success Centre have their bios online which include their identities and pronouns so students can meet with someone with similar lived experiences.

## Health and Wellness Services at Dal

Alongside advising services, Dalhousie also offers Health and Wellness Services. Students can access same day appointments with a doctor, mental health workers, counsellors, or social workers through the newly implemented “stepped-care” system. Students walk-in and receive a consultation while there, where medical professionals can decide what the next step is based on the student's needs. The point of the new triage process is to hopefully limit wait times for mental health services.

The Bissett Student Success Centre is creating a new position to embed a mental health/career counsellor in the BSSC for people seeking help from the Success Advisors. If a student is discussing issues that are more related to mental health with a Success Advisor, instead of having to go across the street to find a counsellor at health services, they can see the one that will be located within the Success Centre for this purpose.

There's also the Wellness Room on the bottom floor of the Student Union Building offers health and wellness programming all school year long. Events range from yoga classes, to sex talks with Venus Envy and mental health first aid training. It's also open to students looking for a quiet space to meditate or relax. Most programs are free and available for drop-in but some do require registration which you can find on their website.

Multifaith Services is a safe space on Dal campus for faculty and students of any faith to address concerns about their meaning and purpose in life. They offer individual counselling, group discussion, worship, workshops, lectures and social activities. They encourage open and free discussion and believe “a complete education addresses the whole person: body, mind, and spirit.”

# Dalhousie students hitting the stage at DalFest

## Dal students set to open for big names in music industry at frosh week concert

BY AVA COULTER



PHOTO BY AVA COULTER



PROVIDED BY BRADEN LAM BAND

On September 14 and 15 two Dalhousie acts will be opening for some crazy talent at DalFest.

Dal students and musicians Blake d'Entremont and Alex Pottier of the band Honeymoon Driver (previously known as Soapbox Opera) will be opening for The Glorious Sons – a JUNO decorated rock band who've opened for The Rolling Stones – on September 14.

“It's the biggest thing because we're nobodies,” d'Entremont says with a laugh.

D'Entremont is the vocalist of Honeymoon Driver. He and the guitarist, Pottier, identify as an indie-rock band. They're heavily influenced by bands similar to Young the Giant. Honeymoon Driver is just breaking into the Halifax music scene, with three shows behind them – including selling out The Carleton in June.

“When we heard who we were opening for I was speechless – slash I just yelled a lot,” says Pottier, a serious fan of The Glorious Sons.

A bassist and drummer will join the band by the time they play on DalFest weekend.

Braden Lam is also a Dal student. He'll be singing with his backing band, The Driftwood People, opening on September 15 for JUNO nominated pop-electro-jazz artist, Charlotte Cardin.

Lam has over 8000 plays of his newest single on Spotify. He has an album called Driftwood People coming out on the Friday of DalFest.

Lam's sound is definitively folk-inspired, comparable to artists like The Lumineers and Vance Joy. Lam is accompanied by his backing band, The Driftwood People which consists of Brett Chivari on drums, Nick Pothier on bass and vocals, and Jonathan MacKenzie on keys.

Lam says the whole band is “pretty psyched.”

## Student talent

Cory Larsen, vice president of student life at Dalhousie, says supporting Dalhousie student musicians is a priority this year.

“The event's called DalFest. We didn't want to bring in just big-name artists,” says Larsen.

To him, it's important that the message to students is: “this is stuff for you, and we want to make sure we're providing programming that's relevant to you.”

DalFest will give the opening acts an opportunity to experience a festival-style venue and a chance to introduce themselves to both their peers and the experienced performers they'll open for.

Larsen says he expects over 2000 students will gather in the quad for this event. To him, the purpose of DalFest is essentially an inclusive and accessible welcome back party for the entire student body.

“It means a lot, actually,” says Lam about being included in the DalFest lineup.

He says he's been disappointed by the lack of support live music receives on Dal campus. He says DalFest is an opportunity to expose some of Dalhousie's own musical talent and to cultivate a growing trend of appreciation for live music.

“It's about time we had Dal students at DalFest,” Lam says. “I'm pumped for its potential.”

For Honeymoon Driver, being Dalhousie students and playing at DalFest is a meaningful source

of university pride.

“It shows that students can have pursuits outside of academic ones,” says Pottier. “It gives the university more of a personality.”

“Young people our age just having a dream and going for it – that's huge,” says d'Entremont.

Both opening acts say their end goal in the music business is to make music their livelihood – not necessarily achieving fame – but earning enough to support themselves by doing what they love. d'Entremont is currently pursuing a degree in commerce, Pottier is in engineering and Lam is in environmental science.

d'Entremont and Pottier joke that they don't know if their backup plan is music

or their degree.

As for meeting their idols, d'Entremont and Pottier are curious about when The Glorious Sons realized they had transitioned from a small band to a well-known name.

Braden Lam, a self-proclaimed “music business nerd,” says his biggest question for Charlotte Cardin is about the more technical side of how she progressed from an independent artist to the industry presence she has now.

Braden Lam and The Driftwood People's album *Driftwood People* will be available on all platforms on September 14. Their launch party will be held at The Carleton on October 4.

...the message to students is: “this is stuff for you, and we want to make sure we're providing programming that's relevant to you.”

# Dal campus for Gen Z

## A crash course on the important things

BY JESSICA BRIAND, ARTS AND LIFESTYLE EDITOR

For the first time, the majority of new students attending Dalhousie University are part of Gen Z.

Generation Z. Post-millennials. Born after 1997 – they're digital natives.

And this year, Dal frosh are 2000s babies. The 2019 grads will include those born in 1997 who went straight from high school and finished their undergrad in four years.

Dalhousie's campus has changed over the years to accommodate the generational trends of each new group.

### Lit locations

Halifax may not be the biggest city, but it has its hot spots. Luckily, because of the close proximity of Dalhousie to the downtown core, all of these locations are within a reasonable distance for students to explore.

#### Student Union Building

The SUB offers a wide variety of services. This is where society offices are, where you'll find your Dal Student Union reps or have your voice heard by *the Gazette*.

Tim Hortons, Pete's ToGoGo, Bento Sushi, Booster Juice, Mezza and Global Village – Passage to India are all on the main floor of the SUB when you're not feeling meal hall.

You can also ask the front desk on the main floor literally any question – they're there to help.

There's a "fireside lounge" with wall-to-wall windows to hang out in, eat your lunch, study or all three at once. And on the third floor is a fridge for Day Students to use and a nice, bright area to get your work done in when the Killam feels too dreary.

The SUB is a great place to meet your friends, pick up textbooks you couldn't find used, your black and gold Dal swag, or print off your latest assignment at Campus Copy.

#### Charging stations

There are a few charging stations across campus: by the info desk on the first floor of the SUB and on the third floor of the SUB. In the Law Students Lounge, the Killam Link, and the Computer Science building.

The Killam also has charging cords at the info desk to borrow while studying in the library.

#### Nova Pharmacy

They aren't just any pharmacy – they're the one-stop-shop for everything you need. Band-Aids? Condoms? Gatorade? Instant noodles? Socks? It's all there. They're also on Twitter @Nova\_Pharmacy – occasionally you will leave your thesis there and they will tweet out a PSA that they have it safe and sound.

#### Halifax Public Gardens

The Public Gardens is where you'll find the agave and pineapple plants. It's a nice green space to do your assignments or just relax.

Soak up the sun, and watch the ducks while you try to relieve that back-to-school stress.

You can't smoke, run or walk on the grass, though.

#### South House

Located within the streets of Dal campus South House offers sexual health and gender resources. They are a wheelchair accessible and inclusive environment that offers a safe space for meetings, events, organizing and workshops.

You can also get free pregnancy tests here.

#### McCain Lounges

If you need a nap between classes without going home or back to dorm – the couches in the McCain Building are perfect for a snooze. There's also a nice outdoor atrium in the middle of the McCain building open during the summer.

#### The Loaded Ladle

The Loaded Ladle offers free food to students, serving over 800 meals each week. Stay tuned for serving hours on their twitter page.

#### Point Pleasant Park

If you're looking to go for a run or maybe a walk, or relax seaside on a picnic bench, Point Pleasant Park has multiple trails where you'll meet all the doggos and puppies.

#### Halifax Central Library

A relatively new addition to Halifax – the Halifax Central Library has a lot to offer. From the normal lending of books to a library of instruments that people can take out.

The library is also home to some of the nicest views, a rooftop terrace where you can see its living roof and two cafes.

Again, when the Killam just isn't cutting it –



PHOTO BY CHRIS STOODLEY

the minimalist vibes of the bright, spacious library is the perfect spot to feel focused.

### Apps for dayz

Stay connected with Dal and the city of Halifax.

#### DalSafe

DalSafe gives immediate notice to school closure alerts, safety concerns on campus and it has a list of emergency contacts.

Two unique services it offers are: Friend Walk, so a friend can track your progress on your walk home and Virtual Walkhome, which sends your location to Dal Security so they can watch your progress.

#### Dalhousie Student Union

The DSU app focuses on student life, on-campus events, organization, maps, and services. With this app you can stay connected to what's happening campus, set reminders, create schedules and find study tools.

#### Brightspace Pulse

Brightspace Pulse lets you see a schedule of your courses, when assignments are due, what readings there are and your grades without having to open your computer.

#### Transit – Bus & Train Times

Track Halifax Transit in real time, and figure

out what bus route will get you to where you need to go. The GO function outlines where you need to walk to catch the bus and sends stop alerts that let you know when your stop is coming.

#### Tap – Refill Stations & Water Bottles

Tap provides a map, and directions to nearby locations of where you can refill your water bottle. You can even filter results by chilled, filtered, or self-serve.

#### Halifax Recycles

Halifax Recycles helps figuring out how to recycle in this city. It shows you when recycling and garbage days are. And which items go in which container. It will let you know when the schedule changes because of the latest snow storm or holiday.

#### Twitter and Instagram (duh)

Halifax has a huge Twitter scene. From the agave plant and the algae bloom, to every journalist and news outlet, to those talking about the latest Queer Eye episode.

The Halifax Instagram fam have group Insta-meetups and giveaway contests all the time. It's not unheard of to reach out to another Haligrammer and ask to go shooting for a day.

*Halifax and Dalhousie have a lot to offer – this list should get you started.*



# New Fitness Centre so far so good

The new setup is a huge improvement and students and management think so too

BY JOSH YOUNG, SPORTS EDITOR



PHOTOS BY CHRIS STOODLEY

Dalhousie University's new Fitness Centre has been open for over three months and so far the reviews are mostly positive.

"I think it is great," said Dal student Matt Smith. "I like the fact that we are not going to be blasted by heat in the winter is nice, and the equipment is nice and new."

The Fitness Centre is beautiful. The main fitness hall on the second floor is 13,000 square feet and the room is broken into different sections: dumbbells, bars, machines, free weights and cardio.

On the other side of the second floor are four fitness studios. The studios will allow for new fitness classes such as Brazilian Jiu-Jitsu. There's also a high-performance room on the first floor with the change rooms.

The Fitness Centre is attached to the old Dalplex making the two facilities one larger Dalplex instead of two separate buildings.

## Envisioned by the students, for the students (by the students)

The direction and vision of the facility came from what students wanted. Students are funding this facility and new changes at the Sexton

campus gym with a new \$180 per year fee. There was a listening process done where management listened to what students wanted and tried to meet their needs.

Kathie Wheadon, director of facility and business services at Dalhousie said students were looking for new equipment. However, there were problems with the old building like gym closures, the heat, and they didn't have the capacity to fit a lot of equipment.

According to Dal News, most of the equipment is new in the facility. They've added 74 new pieces of cardio equipment and more than 150 pieces of new strength training equipment.

"I think any returning students are going to be wowed," said Wheadon.

She also mentioned Dalhousie would cap the number of outside memberships so that students won't get pushed out.

The addition of the Fitness Centre brought changes to the Dalplex. In the Fieldhouse, the workout space has been removed and the flooring has been redone inside the whole Fieldhouse. This redesign offers more court space for other sports such as basketball, volleyball and bad-

minton. The small Atlantis gym got converted into a popular spin studio and the Cardio room transformed into a children's play area.

Tim Maloney, executive director of recreation and athletics, says the separation of the workout gym, fitness studios and sports courts allows for a more focused training environment.

Wheadon called the old Fieldhouse set up, "A cacophony of noise and activity."

The new setup is also a boost to Dal athletics. The varsity gym inside the old building was too small to fit many teams, meaning teams couldn't work out together. With this new building, teams

can work out together in the high-performance gym (not strictly limited to student-athletes), and it's another tool for recruiting athletes to Dal.

The more court space in the Fieldhouse allows more space

for athletes to practice.

"For a student-athlete, it is so great to have a new Dalplex because it is such a cool atmosphere, it is so open, and it makes you excited to go to the gym because of that," said men's soccer co-captain Freddy Bekkers.

Wheadon said they would take a year to listen on what improvements need to be made to the

new facility before making any drastic changes. Most of the equipment is on a three-year lease, so they have the flexibility to move the equipment around as needed.

There are still a few details incomplete, such as are no mirrors in front of the dumbbells – but they are coming. And there's a need for more directional signage.

"As a first trial I like that they are taking feedback for upgrades," said Smith. He said he would like to see some different powerlifting equipment and more mirrors.

As for the \$180 fee, students who talked to the *Gazette* felt it was reasonable. Although Smith and recent engineering graduate, Alex Lee, wondered if people who don't use the gym would feel the same way.

"There is also the philosophy if you should make the fee mandatory for all students, whether or not you should have the option of opting out if you chose to," said Lee.

Wheadon is excited to welcome the students to the new facility for the start of the school year.

"I have been here a long time and I can tell the improvements to athletics and recreation that we've made this summer and with the Fitness Centre are long overdue. I think the students are going to love it and they are going to want to be here."

I think any returning students are going to be wowed.

# The captain's mentality

After a disappointing season, men's soccer captain explains what he learned and what his leadership approach is to this season.

BY JOSH YOUNG, SPORTS EDITOR



PROVIDED BY FREDDY BEKKERS

The way last year's men's soccer season ended for the Dalhousie Tigers wasn't fun for anybody.

Going into October, the team was in a comfortable position heading into the final month of the season. Then they lost five straight games during that month to fall out of the playoffs.

If there were any positives from last year, it's that first-year co-captain Freddy Bekkers learned how to lead his team better, and he plans to use that knowledge to improve his team this year.

"It was a good experience for me," said Bekkers. "I learned that it will take a lot of communication from the older players to keep the younger players motivated. We need to keep them motivated in order to keep the right mindset of wanting to win ... because once it slips and the older players believe we're not going to win. Then the younger players are always looking to the older players and everything will go downhill, which kind of is what happened last year."

Bekkers is already showing his winning mindset for this season. He firmly believes that if the soccer team plays to their capabilities, then they will win an AUS championship. That's a giant expectation after losing six starting players from last year. But Bekkers' confidence should give the group confidence heading into the season instead of feeling

bad about how last season ended.

This is where he wants his team's focus. He doesn't want his team focusing about what happened last year. He wants to talk with his team about how to improve from that situation and then forget about it.

"We just have to let it go, you can't hold on to those kind of things. You just have to forgive and forget."

Bekkers believes his experience as co-captain last year

with senior Jonathan Doucett has taught him how to communicate with different players and find out what motivates them. He doesn't believe that yelling at his teammates is the best way to get through to them; he believes that if he needs to be critical, it should be constructive. He isn't shy about being vocal in the dressing room or on the field.

For Pat Nearing, the men's soccer head coach, it isn't just about Bekkers' vocal leadership abilities that make him a good captain – it's also about being a leader by example.

"He is an intelligent guy, he is in engineering. A lot of the younger players look up to him and re-

spect what he has done academically and athletically. He's not a hugely vocal guy but he has a strong personality and he's just right for our team."

*We just have to let it go, you can't hold on to those kind of things, you just have to forgive and forget."*

Bekkers is also Dalhousie's best player. Two years ago he was second in the AUS in goal scoring as an attacking midfielder and was named to the second U Sports all-star team. Last year, his stats weren't as good but he was still named to the AUS sec-

ond all-star team.

"He is a very critical part of our team with us sticking to the game plan and also he has a creative side to him," said Nearing. "He is one of those guys who can go off the game plan and create something that will be positive for our team. That is an innate quality that not every player has."

Bekkers is currently recovering from an ankle injury he suffered while playing in the Nova Scotia Soccer League Senior A over the summer. He expects to be back for the start of the year and have a strong season.

## Halifax sports scene outside of U Sports

Want to change from cheering on your Tigers? Take a look at what else Halifax has to offer for sports fans

BY MATT STICKLAND, COPY EDITOR



PHOTO BY CHRIS STOODLEY

Sports fans wanting different fare than the Tigers have three main offerings in this city: the Halifax Mooseheads, Halifax Hurricanes and HFX Wanderers FC.

### Halifax Mooseheads

The Mooseheads are a junior hockey team that plays in the Quebec Major Junior Hockey League (QMJHL), and their games have the atmosphere of an NHL game – without NHL ticket prices.

The players are often playing for a shot at an NHL career and many have made the leap to the pros. Recent alumni include Nathan

MacKinnon, Jonathan Drouin, Nico Hischier and Nikolaj Ehlers. It's exciting hockey as young men battle to win games and the approval of scouts.

"It's a chance to see these guys before they are stars on Hockey Night in Canada," says Chris Dyer, manager of game day operations and community liaison for the Halifax Mooseheads.

Due to renovations at the Scotiabank Centre, the first home game for the Mooseheads won't be until Oct. 27.

This year's team is talented and will be hosting the Memorial Cup in May. They have stars like Jared McIsaac, Benoit-Olivier Groulx and



possibly Filip Zadina if he's returned to junior. They also have up and coming draft prospects like Justin Barron, Xavier Parent, Marcel Barinka and top draft prospect Raphaël Lavoie.

"If there was ever a time to become a Mooseheads fan it's this season," says Dyer. "It's going to be a season people talk about for a long time."

Student season tickets are available for \$275, and individual games are \$12 for students. There are two Thursday games in January that are \$10 a ticket for students and includes free cover to the Dome.

Opposing teams to watch: Cape Breton Screaming Eagles, Moncton Wildcats and Rimouski Oceanic.

## Halifax Hurricanes

If you're a basketball fan, Halifax is home to the Halifax Hurricanes of the National Basketball League (NBL).

"It's high-calibre basketball, most of these guys are from top colleges in the NCAA or CIS (U Sports)," says Kevin Sanford, director of business operations. "It's lots of fun, lots of energy in the building."

Last year they made it to game seven of the championships before losing by eight points in a nail-biting heartbreaker. The Hurricanes have made it to the finals three years in a row.

They feature the best in local talent with the offseason signing of Dartmouth's Terry

Thomas, who has won NBL's Canadian Player of the Year award, and two NBL first-team awards.

The season runs from mid-November to the end of March at the Scotiabank Centre. Student tickets for the Hurricanes games start at \$14, so they're an affordable sports option and high-quality basketball.

Opposing teams to watch: Moncton Magic, London Lightning, and St. John's Edge.

## HFX Wanderers FC

Halifax has a new soccer team that will be joining the Canadian Premier League starting next spring. Although it's after the regular school

year, there's still plenty to be excited about.

The Wanderers will be hosting 'The HFX Derby' on Sept. 7. The derby will be the Dalhousie Tigers and Saint Mary's Huskies women's team kicking off at 5 p.m. and the men kicking off at 7:15 p.m.

"To the soccer fan, you now have a team in your backyard. You can contribute to that in a great way and help it to grow," says Stephen Hart, Wanderers head coach. "It's going to provide a lot of opportunities to Atlantic players."

When the Wanderers do kick off in the spring, their games will be in the late afternoon. With a playtime of 90 minutes, a late afternoon kick-off is perfect for turning a game into an evening, or a night, out.

# Gen Z incoming

## Catch up on the top athletes of the next generation

BY JOSH YOUNG, SPORTS EDITOR

With many incoming students being among the initial wave of Generation Z into the university scene, they're also making their way into the professional sports scene. Here are five Gen Z athletes to keep an eye on in the years to come.



### Rasmus Dahlin

Hockey – Buffalo Sabres  
Born April 13th, 2000, in Trollhättan, Sweden.

Rasmus Dahlin was chosen first overall in last June's NHL Draft. He projects to be an elite defender for the Sabres because he is excellent at everything. Dahlin is a smooth skater, with fantastic stickhandling ability, and a great shot. He also plays a sound defensive game and is extremely smart which is rare for a young defenseman. He is ultra-competitive with a mean streak and uses his 6'2 180-pound frame to deliver serious checks.

There is no weakness to his game.

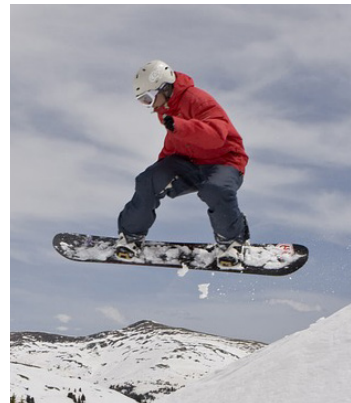


### R.J. Barrett

Basketball - Duke University  
Born June 14, 2000, in Mississauga, Ontario.

There is a good possibility R.J. Barrett will be the first pick in the 2019 NBA draft. His breakout performance occurred in the 2017 U19 World Cup. He led Canada to a gold medal and scored 38 points in the semi-final against the United States. He won the tournament MVP award, and most of his competition was a year older than him.

Barrett is a 6'7 wing. He scores by driving to the basket and using his ball handling ability and long strides to get to the basket and find ways to score. He is also solid defensively. He's a safe bet to be at least an above average player in the NBA.



### Chloe Kim

Snowboarding – Team USA  
Born April 23, 2000, in Long Beach, California.

Kim won an Olympic Gold medal in the half-pipe competition in the past Olympic Games at the age of 17. Not only did she win the gold, but she did so while pulling off two back-to-back 1080s, which is a first for women's snowboarding. Quickly after that she was featured on *Time Magazine's* "100 Most influential people in 2018" and won Best Female Athlete award at the 2018 ESPYs.

She's already won four X Games gold medals, and finished on the podium seven times at the World Cup. She's a name to remember.



### Moise Kean

Soccer – Juventus FC  
Born Feb. 28, 2000, in Vercelli, Italy.

Kean is a dynamic forward who should be a scoring force in the future. He has quick feet, excellent ball handling and lots of speed and a scoring touch. He currently plays for Italy's best club team, Juventus FC.

His stats with Juventus are not eye-popping with five goals in 22 games. However, most players don't become stars until their early twenties. In Italy's U-17 league he scored 24 goals in 32 matches, which gives a better idea on what he can do on the pitch in a few years.



### Penny Oleksiak

Swimming – Team Canada  
Born June 13th, 2000, in Toronto, Ontario.

It'd be hard to find a Canadian who didn't hear of Oleksiak's performance at the 2016 Rio Olympic Games. She won gold in the 100-metre freestyle event and silver in the 100m butterfly. She also anchored Canada's 4X100-metre and 4X200-metre relay teams to bronze medals. Oleksiak and teammate Taylor Ruck were the first people born in the 21st century to win an Olympic medal.

Outside of the Olympics, she also set a world junior record in the 4X200-metre free relay event and anchored Canada's 4X100-metre mixed freestyle and mixed medley relay World Championship teams to a bronze medal.

She's battled a few injuries since the Olympics, but if she can get back to form, she should be a force for Canada.



# Dal varsity season preview

## Want a catch up on your Dal Tigers? We've got you covered

BY JOSH YOUNG, SPORTS EDITOR



Here's a brief overview of the upcoming Dal-housie University athletics season. Seven of the 14 teams should be contending for an AUS championship, making it an exciting year.

### Men's basketball

The men's basketball team is once again hosting the national championships in Halifax and will be guaranteed a spot in the tournament. The challenge for this team is not getting to na-

tional. **XAVIER OCHU** provided by **TREVOR MACMILLAN**

There's no doubt this team has lots of talent. They're led by athletic guard Xavier Ochu, elite passer Jordan Aquino-Serjue, sharpshooter Alex Carson, big and talented centre Mike Shoveller from Queen's University and many young talented guards.

This team's core was set up last season but they had a shaky game against Saint Francis Xavier University in their AUS semi-final game last year. They'll need to prove they can win in the playoffs.

### Women's basketball

The women's basketball team hasn't finished higher than third-last in the past three seasons. They've missed the playoffs the past two years. The majority of their players are experienced. If this group is going to be successful, they need to have a good year this year.

The Tigers have the pieces to be a good team. Robertha Charles is good in the paint and can get buckets and rebounds from down low, Sophie Gaube is a solid shooter and Michele Tchiakoua and Ariel Provo are good guards. They need to find a way forward.

### Women's Cross-Country

The women's cross-country team will look to repeat as AUS champions this year.

They lost a lot of talent last year – only three of the seven athletes remain who competed at the AUS Championships. They will rely on Savanna Jordan and Jenna MacDonald. Jordan had an outstanding rookie season finishing first in the AUS championships and 12th at nationals. MacDonald finished 7th at the AUS championships.

The Tigers are going to need four more runners to prove themselves to be quality depth athletes.

### Men's Cross Country

The men's cross-country team is in a similar position as the women. They won the AUS championships and finished 13th at nationals – and they're losing their top three runners. They'll be led by captain Angus MacIntosh, and runners James Cromack, Callum Drever and Mike Rogers.

All of those runners finished between places ninth to 15th at the AUS championships. They'll need three more runners to round out the group. Keep an eye on Trent Lynds, Hudson Grimshaw-Surette and Colin Long to provide the depth that Dal needs.

### Women's hockey

The women's hockey team received a significant youth injection last season and it paid off: they finished with 24 points (which was the program's highest point total in nine years).

The strength of this year's team will be defensive. All of last season's defenders are eligible to return along with their starting goaltender.

The offence remains a question. Last year's top

two scorers are gone and the team will have to make up for their scoring. More than likely, they'll score by committee instead of having true offensive leaders next season.

### Men's hockey

The men's hockey team made the playoffs last year for the first time in seven years.

Offensively, everyone who played a role in last year's march to the playoffs is eligible to return and they will get a boost with returns of Ryan Verbeek, and Felix Page.

Defensively, they have two significant losses in Luke Madill and Myles McGurty but the returning players and recruits should be able to get the job done.

Losing superstar goaltender Corbin Boes is another big blow. He stole probably four of Dal's nine wins last year. They recruited goaltender Connor Hicks who had a fantastic season in Junior A last year. He should bring good goaltending.

### Women's soccer

The women's soccer team had a successful season finishing third in the standings, but lost to the University of New Brunswick on penalties in their first playoff game. Most of last year's team is eligible to return, making Dal a strong team again.

Defensively Dal gave up seven goals in 12 games and that shouldn't change this year with first-team all-stars Kate Fines (keeper) and Taylor Goodwin (defender) returning.

Offensively, they did lose their leading scorer – but Haley Birrell, Jensen Hudder and Maya Venkataraman should provide the needed offence.

Dal is solid in every position and should battle for second or third place.

### Men's soccer

October is a scary month and last year's Tigers got spooked. Going into October they were sitting well in the standings. Then they lost five straight games in October and fell out of the playoffs.

They lost six players from that team including their starting keeper, three top defenders, their second-leading scorer and a solid midfielder.



This team will look a lot different than last year. Talented midfielder Freddy Bekkers, streaky scorer Kallen Heenan and defender Michael Trim will lead them.

## Women's swimming

The women's swim team will be looking for their 18th straight AUS championship this year with nearly the same group of swimmers.

Returning to the team is last season's AUS Swimmer of the Year Lise Cinq-Mars, rookie sensation Isabel Sarty and nationals qualifying swimmers Claire Yurkovich, Meg MacKay and Alexis Bragman.

Last year's team won the AUS championship by 441 points and finished ninth nationally, with many similar faces returning, they will be a force in the AUS this year as well.

## Men's swimming

The men's swim team also have an incredible record of 20 straight AUS championships and will be looking to continue that streak.

They will lose their best swimmer, Gavin Dyke. Returning is Alec Karlsson who broke the AUS 400-metre individual medley record last year, Tyler Immel-Herron who won five gold medals at the AUS championships and other national qualifying swimmers like Morrgan Payne.

They managed to win the AUS and finish 12th nationally while dealing with injury issues. If they are healthy next season, they will contend for an AUS championship.

## Men's Track and field

The men's track and field team had a great season last year: they won their 25th AUS title in 28 years and finished ninth nationally.

They should be an excellent sprinting team.

They bring back Matthew Coolen who won gold at nationals in the 60-metre dash and Mike Van Der Poel who won bronze at nationals two years ago for the 300-metre dash. They added recruit Noah James who owns the Nova Scotia record in the 400-metre.

Outside of sprinting, Hudson Grimshaw-Surette is an excellent 1000-metre runner who finished seventh nationally and Audley Cummings is an all-around athlete who won AUS gold in the long jump and heptathlon. Kaelen Schmidt is Dalhousie's national qualifying jumps specialist.

The Tigers should be strong again next season.

## Women's Track and Field

The women's track and field team won their 31st AUS championship in 32 years last year and finished 18th nationally.

Savanna Jordan had a great season finishing eighth in the 3000-metre run even though she didn't train heavily for it due training for cross country all year. Another first year, Lorena Heubach also had a successful first season finishing fifth in the pentathlon at the McGill team challenge. Maya Reynolds will lead the team in sprinting while Brooklynn Rutherford and Temi Toba-Oluboka will lead the team in throws after strong first seasons.

## Women's volleyball

The women's volleyball teams have dominated the AUS – winning the title for six straight years and only suffering one loss last year. The majority of the team's core is back next year, which should make them a force again.

They should win the AUS championships again, and then they run into their biggest challenge: nationals. The Tigers have never won a medal there and that will be their goal this season. They have a national level setter Courtney Baker, superstar outside hitter Julie Moore, and a talented team around them to winning a medal at nationals a realistic goal.

## Men's volleyball

The men's volleyball team lost their two best players in Matthew Donovan and Adam Spragg last season.

Dal has a lot of young and talented outside hitters, so they should be able to make up for Donovan's loss, Spragg was by far Dal's best setter and Malachy Shannon will have big shoes to fill. I don't see Dal as being better than they were last year but I think they will finish with a similar record.



ALEX CARSON PROVIDED BY TREVOR MACMILLAN

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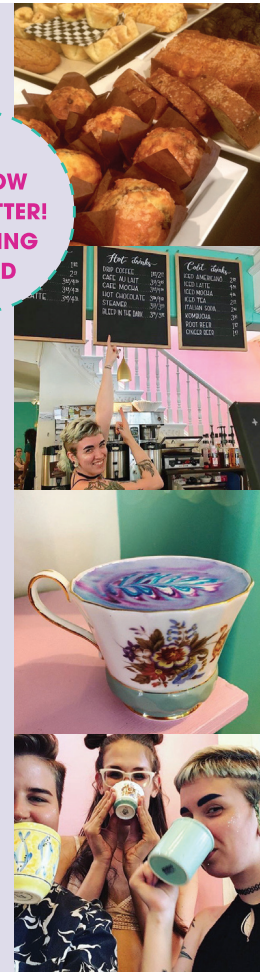
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# SERVICE CHANGES

## COMING AUGUST 20, 2018

### AFFECTED ROUTES:

2	4	16	17	18	21	23
31	33	34	35	42	52	

### NEW ROUTES:

2	3	4	21	28	30	39
123	135	136	137	138	433	

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