

SEPT 21 TO OCT 4, 2018 | ISSUE 151 - 02

DALHOUSIE GAZETTE

NORTH AMERICA'S OLDEST CAMPUS NEWSPAPER EST. 1868



Sustainability not just a society

Making sustainable choices beyond campus societies

ALSO IN THIS ISSUE

EDITOR'S LETTER 3

ACCESSIBILITY ON CAMPUS 6

BATTLE OF THE STRAWS 11



DALHOUSIE GAZETTE

NORTH AMERICA'S OLDEST CAMPUS NEWSPAPER
EST. 1868

Kaila Jefferd-Moore

Editor-in-Chief
editor@dalgazette.com

Josh Young

Sports Editor
sports@dalgazette.com

Rebecca Dingwell

News Editor
news@dalgazette.com

Matt Stickland

Copy Editor
matt.stickland@dalgazette.com

Jessica Briand

Arts & Lifestyle Editor
arts@dalgazette.com

Chris Stoodley

Visuals Editor
visuals@dalgazette.com

Lexi Kuo

Opinions Editor
opinions@dalgazette.com

Alexandra Fox

Page Designer
alexandra.fox@dalgazette.com

Contributing to this issue:

Chiara Ferrero-Wong, Deborah Sanni, Carly Churchill Hannah Whaley, Kathleen Jones,
Tamar Kenigsbergentov, 王羿杰 (Yijie Wang), Ava Coulter

ADVERTISING

Alexandra Sweny

Administration and Business Assistant
(289) 879-1557
business@dalgazette.com

CONTACT US

dalgazette.com

The SUB, Room 345
6136 University Avenue
Halifax NS, B3H 4J2

THE FINE PRINT

The Gazette is the official written record of Dalhousie University since 1868. It is published bi-weekly during the academic year by the Dalhousie Gazette Publishing Society. The Gazette is a student-run publication. Its primary purpose is to report fairly and objectively on issues of importance and interest to the students of Dalhousie University, to provide an open forum for the free expression and exchange of ideas, and to stimulate meaningful debate on issues that affect or would otherwise be of interest to the student body and/or society in general. Views expressed in the letters to the editor, in street-ers and opinions section are solely those of the contributing writers, and do not necessarily represent the views of The Gazette or its staff. Views expressed in the Streeter feature are solely those of the person being quoted, and not the Gazette's writers or staff.

This publication is intended for readers 18 years of age or older. The views of our writers are not the explicit views of Dalhousie University. All students of Dalhousie University, as well as any interested parties on or off-campus, are invited to contribute to any section of the newspaper. Please contact the appropriate editor for submission guidelines, or drop by in for our weekly office hours in room 345 of the Dal SUB. The Gazette reserves the right to edit and reprint all submissions, and will not publish material deemed by its editorial board to be discriminatory, racist, sexist, homophobic or libellous. Opinions expressed in submitted letters are solely those of the authors. Editorials in the Gazette are signed and represent the opinions of the writer(s), not necessarily those of the Gazette staff, Editorial Board, publisher, or Dalhousie University.



THE TIGERS ARE BACK IN ACTION!

SATURDAY, SEPTEMBER 22

Soccer vs. UdeM @ Wickwire Field
W 1pm | M 3:15pm

SUNDAY, SEPTEMBER 23

Soccer vs. MUN @ Wickwire Field
W 1pm | M 3:15pm



FREE FOR DAL STUDENTS WITH ID | KEEP UP TO DATE AT DALTIGERS.CA

LETTER FROM THE EDITOR

Accessible issue: An after frosh after thought

This is roughly that time of the fall semester when first-time renters have figured out the garbage, recycling and compost pick-up schedule and rules. Returning students are settling in after moving back or moving places.

While first-year students cope with post-frosh blues, upper-years are making their way back into old routines and haunting local haunts.

I hope picking up this paper is an old routine or one you'll begin. A lot is going on right now, and it won't slow down – first drafts will be due, then midterms, followed by another round of essay-writing and finally, finals.

I like to think of The Dalhousie Gazette print issue as a burst of the bubble we live in as students at Dalhousie University. But like – a friendly burst. A comforting one. It straddles the border between campus and the city it calls home. It pulls you out of your small school circle and offers a crumb of sobriety with two crumbs of fun.

In this issue, you'll find stories about accessing menstrual health products on campus and accessibility (or the lack thereof) on campus. You'll also read about why we should all move on from making fun of horse girls and the extraordinary athletes representing you and your peers.

When flipping through the pages of this week's issue, ask yourself: what is it you think about

when you think about accessibility?

The word accessibility encompasses a lot: physical, learning, visual, neurological, and mental.

How often do you have to think about which doors you can and can't use to get in and out of every building on campus?

Where is the closest elevator to the tunnel from the Killam Library to the Life Sciences Building?

Who can ask for those paid note-takers anyway?

Kaila Jefferd-Moore

Kaila Jefferd-Moore
Editor-in-Chief

Divest Dal pushes forward

Federal court's Trans Mountain pipeline decision "sets a really exciting precedent," says organizer

BY CARLY CHURCHILL



PHOTO BY ALEXANDER MAXWELL

Following a major protest last year and a summer in which environmental issues occupied the headlines (remember that heat wave?), Divest Dal shows no signs of slowing down.

Divest Dal is a student-led campaign which pushes Dal to – well – divest from fossil fuels. Last year, the group organized a nine-day sit-in at the Studley campus quad to get their message heard.

As a result of that campout, Divest Dal was awarded 10 minutes of speaking time at the No-

vember Board of Governors meeting at Dalhousie.

"Following from that we were able to work with the student Board of Governors reps to bring forward a motion to the February Board of Governors meeting around Dal working on a third-party fund search, looking into fossil free funding or investing options," said Laura Cutmore, an organizer with Divest Dal.

That motion passed.

"This is a really exciting moment for Divest Dal right now because we've been working with one

of the student Board of Governors reps who sits on the investment committee to look into how divestment could actually work at Dal."

This year, their main goal remains the same: to get Dalhousie University to fully remove its investments in the fossil fuel industry.

To raise awareness, the group organizes events like tattooing actions and sit-ins, but there's a lot more to it than student outreach.

"We're always also working behind the scenes," said Cutmore. "For years we worked with senators on Dal's Senate and now we're working with the Board of Governors."

Divest Dal is also taking a firm stance against pipelines such as the Kinder Morgan pipeline expansion project in Alberta and British Columbia. Back before the pipeline expansion was approved in 2013, the group organized a sit-in at MP Andy Fillmore's office, where 20 students from Divest Dal occupied his office and spoke to him about "why approving this pipeline would be really detrimental to our climate, our futures as young people and why ignoring Indigenous lack of consent is so problematic." Last year they held a fundraiser to raise money for seven First Nations bands who took the federal government to court over the approval of the pipeline.

That court case was heard in the Federal Court of Appeal in late August, and the court ruled that the Trans Mountain pipeline would not be

allowed to expand as they had planned. The First Nations groups argued that they were not adequately consulted before the decision to approve the project was made.

"It sets a really exciting precedent for the necessity of proper consultation and consent from Indigenous communities," said Cutmore. Divest Dal will continue opposing the pipelines.

Cutmore stressed the importance of being environmentally conscious.

"We have just come out of a summer where climate impacts were all over the headlines. Even for a couple days out here in Halifax, our skies were hazy from the [British Columbia] wildfires."

Seeing local headlines such as oil spills in the Halifax Harbour and off the coast of Nova Scotia also show the harm the fossil fuel industry can do to the environment.

"It's really critical for us in this moment to lay the blame on climate change and environmental devastation where it belongs, on the fossil fuel industry."

While Divest Dal opposes the fossil fuel industry, they do not begrudge those who make their living by working in it.

"We were never blaming the workers of the fossil fuel industry. We want a just transition for all workers," Cutmore said.

The Mount makes strides for those who face the crimson tide

Dalhousie Student Union continues to push its menstrual health campaign

BY REBECCA DINGWELL, NEWS EDITOR

Nikki Jamieson believes menstrual health products should be free and accessible in public spaces.

"It's no different than toilet paper or paper towel," said Jamieson, President of the Mount Saint Vincent University Students' Union. "Menstruating is a bodily function."

After a solid year of lobbying on the union's part, MSVU has become the first university in the province to offer free menstrual products to students. Unions and other student services often provide these products when they can, but in the case of MSVU, the institution itself is now taking on that responsibility.

While having products available at a health centre or union is a step in the right direction, Jamieson pointed out that having to rush to a student union building between classes can still be a barrier to access.

"In order to provide an equitable system that accommodates everybody, I think that menstruating bodies need to be included in that – and it's the responsibility of universities and all public institutions," said Jamieson.

The administration initially pushed back against the MSVU Students' Union advocacy. Some dismissed the idea that there was even a need for free products, while others suggested

people might "abuse the system" by taking dozens of products at once.

Jamieson argued that isn't a worry when it comes to toilet paper, so why should it be for tampons? In addition, "if somebody did that, that's obviously someone that's highly in need."

Members of the union were shocked when Jamieson received a letter over the summer, indicating menstrual products were being included in the budget for the upcoming academic year.

"We were just brainstorming how we were going to elevate the issue again in the fall," said Jamieson. "I actually called up who sent me the letter and asked for clarification, to make sure I wasn't getting prematurely excited and that it meant what I thought it meant."

Here at Dalhousie University, Masuma Khan is hoping the Dal Student Union can push its school to follow the Mount's example.

"There are a lot of students on this campus that can't afford to pay for menstrual products," said Khan, the DSU's vice president (Academic and

External). "Menstrual products are still considered a luxury."

Last year, Khan launched the "Periods Are Expensive. Period." campaign with the DSU. There needs to be a culture shift she said, so more people see menstrual products for what they are: basic needs.

"Essentially, our hopes are to raise awareness about period inequality and making accessible menstrual products a budget priority," said Khan.

She also noted that students who can't afford menstrual products "won't get what they could get out of their education" if those products were available, because getting their period could mean missing class.

Carmella Farahbakhsh, volunteer coordinator at South House Gender Resource Centre, agrees.

"If you don't have access to menstrual health supplies, maybe that means you're not gonna leave your house," they said. "And that's going to impede your ability – if you're a student – to access your classes."

Farahbakhsh hopes this public conversation around menstrual products opens up a broader conversation about "destigmatizing access to health and wellness."

"I think there's a larger conversation also around like, what does it mean for students to feel held and supported in their varying body needs?" they continued. "If the institution can support you in

that, that's really incredible."

For now, the DSU is setting its sights on the Student Union Building. The goal, Khan explained, is to have every bathroom in the SUB equipped with free menstrual products by January. The DSU can then bring student feedback to the administration, ideally proving the need for these products on campus. From there, the union will seek solid and sustainable funding so products can be placed in all bathrooms.

"If a school is providing water to students in every building, they also should be providing menstrual products – just like they should be providing gender-neutral washrooms in every building, so every space is accessible," said Khan.

As for MSVU, Jamieson said the fight isn't over, despite the recent milestone. Menstrual products are now available in every building on the campus, but they're not in the washrooms. Instead, stickers on each washroom mirror directs students to where they can find them.

"This is something that we're going to be fighting back against this year," said Jamieson. "I wouldn't have to go to the library or the students' union to ask for five sheets of toilet paper. We think they should be freely available in the washrooms as well."

Still, Jamieson hopes other administrations notice what's happening at the Mount "and they follow suit in providing and funding menstrual products at universities – not only across Nova Scotia, but across Canada," she said.

"Anywhere that you can access a public washroom, I think you should have access to these products."

"Anywhere that you can access a public washroom, I think you should have access to these products."

WHERE TO FIND FREE MENSTRUAL PRODUCTS AT DAL AND KING'S

South House Sexual and Gender Resource Centre*

1443 Seymour Street
902-494-2432
outreach@southhousehalifax.ca

*In addition to free tampons and pads, South House sells menstrual cups at a reduced rate of \$20

DSU Food Bank

Student Union Building (basement), 6136 University Avenue
902-494-1106 or 902-494-2140

King's Student Union

New Academic Building, 6350 Coburg Road (the link)
902-429-3399
coordinator@ksu.ca



PHOTO BY JULIA MOUNTENAY

Dal's hidden gem

What is Dal iGEM and what are its members working on?

BY CHIARA FERRERO-WONG

A Dalhousie University society called Dal iGEM is gearing up for this year's upcoming iGEM conference in Boston. There, along with teams from all over the world, Dal iGEM will present their latest genetic engineering research.

iGEM or International Genetically Engineered Machine, is an international genetic engineering competition. It originated in the early 2000s at the Massachusetts Institute of Technology. Today, there are more than 380 teams from all over the world, competing in biomedical, environmental, pharmaceutical, software and hardware tracks.

Dal iGEM is an undergraduate research team that focuses on environmentally based research. The team is made up of: two principal investigators, about 16 undergraduate students and four mentors. The students involved with Dal iGEM are from a range of backgrounds and represent multiple faculties at Dalhousie. Dal iGEM is one of the only undergraduate research teams that investigate and pursue research of their choosing.

Matthew Curry, one of Dal iGEM's co-presidents, discussed the unique opportunities that come from working in a lab like iGEM's.

"If students were to pursue education through say an honours program, or experiential learning, they get a lot of work in terms of lab work and maybe writing the research papers," said Curry. "But if you're actually running a research lab yourself, you'll have to manage the funding, manage the public outreach side of things."

Lack of limestone in Nova Scotia causes toxic aluminum into water

Right now, the team is in their crunch time before the competition in October, where they'll be presenting their latest work: a bioreactor that can pinpoint toxic aluminum hotspots in Nova Scotia's drinking water.

The reason there is so much aluminum in the first place is because of Nova Scotia's lack of limestone, said Curry and Francis Routledge, Dal iGEM's other co-president. Limestone acts as a natural buffer system, and without it,

a toxic form of aluminum (Al^{3+}) leaches out of the soil and into the water. Al^{3+} is damaging to the environment, posing a big concern.

"Right now the biggest mitigation strategy is taking a helicopter, and they just dump tons of lime over bodies of water that they believe will leach out aluminum," said Routledge. "Which is so expensive, and it's not that efficient of a system to work with."

In order to test the water for aluminum content, the current system tests 1.5-millilitre-vials of water in a mass spectrometer. Curry recalled when he and Routledge went to the Nova Scotia Health Authority to figure out how much money was being spent on these tests.

"We just went to the water testing facility and we straight up asked, how much does this cost? And surprisingly it's over \$200 per one sample." Testing the entire province is expensive. "We need a cheaper alternative," said Curry.

The hidden gem

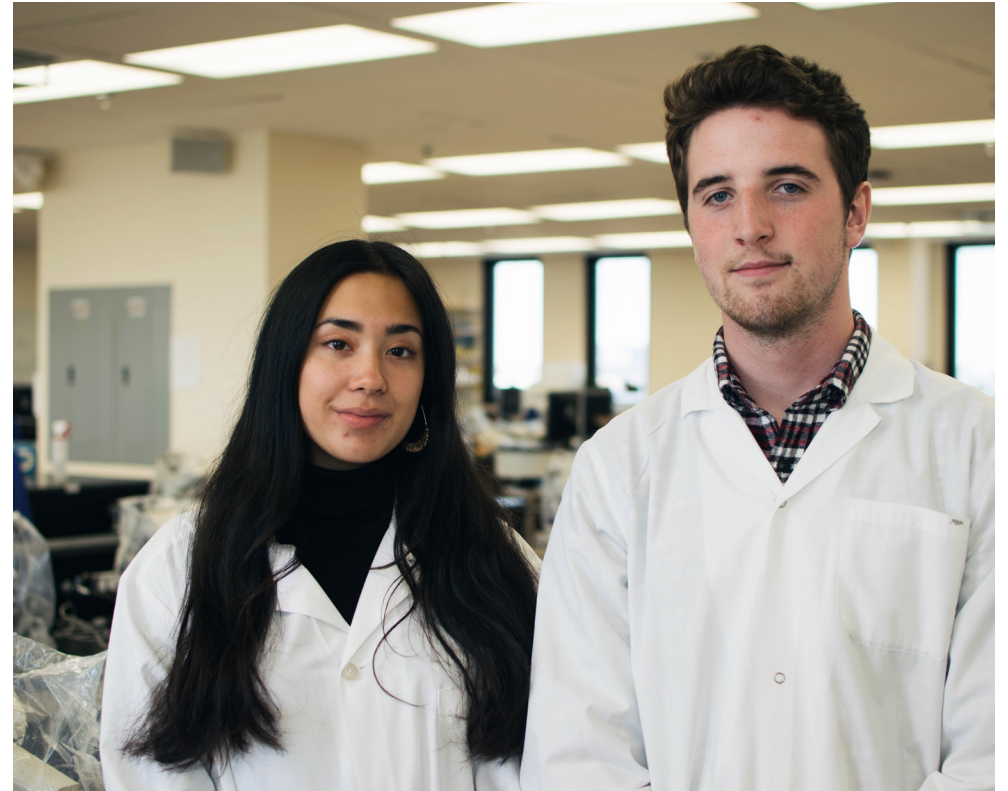
As a result, Dal iGEM came up with an alternative involving a small molecule called pyoverdine. This molecule is used by some bacteria to bind aluminum. These aluminum binding molecules change their fluorescence when they bind, meaning they visibly change colours. If pyoverdine is used in a sample of water, simpler and cheaper technology can be used to determine the aluminum content.

The team's current task is to determine how they can get the most pyoverdine possible. Once they figure this out, they can then build the new test. Eight undergraduate members and one mentor will be making the trip to Boston to present their findings at the iGEM conference.

October will mark the end of the iGEM year. In February they'll be looking for recruits to make up the 2019 team.

For students wondering what it takes to be a part of this group, Routledge made it clear what they're looking for.

"It's not about you having a 4.3 GPA and being a perfect science researcher and having all this experience – it's more about how driven you are, and how interested you are in exploring science."



FRANCIS ROUTLEDGE AND MATTHEW CURRY INSPECT A PETRI DISH. PHOTOS BY QENDRESA SAHITI

Accessibility on campus

Two students with mobility needs share the challenges of navigating Dal's campus

BY ISABEL BUCKMASTER



PHOTO OF KAYLA KNELL. PHOTO BY CHRIS STOODLEY

Accessibility around both Dalhousie University and University of King's College campuses are far from perfect. But that doesn't mean the schools aren't trying.

As two of the oldest schools in Canada, Dalhousie and King's were built in a different time. They're filled with an abundance of stairs, narrow hallways and uneven pathways. Most students can overlook the flaws of the aged buildings in favour of the aesthetic, but these nuances are drastic for those with mobility issues.

"There were just not a lot of accommodations for my injury," says Kayla Knell, a first-year journalism student at King's.

Knell was surfing in late August when she fell off her board, catching her foot in a rock barrier. It wasn't until she collapsed at soccer practice two weeks later that it became apparent something was wrong. She was taken to the Dalhousie Health Centre and the x-rays came back with the news of a sprained ligament.

Saddled with crutches while living in a new city, Knell was suddenly faced with several issues of mobility: limping down long hallways and struggling up to her room on the second

floor of an inaccessible dorm with no elevators was only the beginning to her troubles.

And for students with long-term mobility issues, Dalhousie and King's are equipped for most scenarios.

"I have quadriplegia which means all my limbs are affected as well as my speech," said Mery Bullock, a first-year student in the King's Foundation Year Programme (FYP). Bullock explained that the quadriplegia makes it difficult to talk, write and type.

Bullock lives with cerebral palsy. This is a long-term disability that occurs at birth when not enough air goes to the brain, killing important mobility brain cells and permanently impeding movement. Bullock came to King's for FYP, with the idea of accessibility in mind, and was pleasantly surprised by what both Dal and King's had to offer.

"It's just things like having a note taker in class and in tutorial because I can't keep up

"It's mostly just the fact that the school wasn't designed with disability in mind but the people have all been super accommodating for me."



PHOTO OF MEREDITH BULLOCK. PHOTO BY CHRIS STOODLEY

with the note taking," said Bullock, explaining the accommodations she set up through Dal.

"Having my food cut up for me and taken over to where I'm sitting [in the dining hall] and having my room close to a washroom so I don't have to travel a long way in the night – it's just logistical things."

Despite both buildings being old, Bullock has been pleasantly surprised by her lack of issues around campus. However, she finds the doors are too heavy.

"It's mostly just the fact that the school wasn't designed with disability in mind but the people have all been super accommodating for me," she said.

According to the Dalhousie website, the school provides a multitude of options for help to students, including those attending King's. This includes "one-on-one advising to facilitate access to academic courses and programs, assistance in disability-related funding and

connections with on-and-off campus resources to enhance success."

These resources can be found through the Student Accessibility Centre on the Halifax campus, but contact information is also offered up online under "Accommodations" or "Accessibility."

ABLE@Dal is another program on campus that is privy to students' needs. Run through the Student Accessibility Centre under director Quenta Adams, they curate a presentation every year before classes begin. The goal is to inform students with disabilities (and their families) of the options available on and around campus.

For students like Knell, it's a matter of learning to adapt to their injuries through learning the tips and tricks of elevators, ramp locations and other alternatives to stairs. As for Bullock, she is hopeful for the future of accessibility within higher education.

"As the number of professionals with disabilities rises and more people with disabilities go to university, I believe universities will finally start to pay more attention to that population."

Hocus Bipocus

Aisha Abawajy brings on BIPOC magic to shed light on campus racism—starting with her new society **BY AISHA ABAWAJY**

Racism.

A pretty scary word isn't it? When considering the ways in which racism can play out and the devastating effect it continues to have on the lives of Black, Indigenous and People of Colour (BIPOC) worldwide it is clear that something must be done.

What's fascinating to me is that people are more afraid of being labelled a racist, than of actual acts of racism. Folks are so quick to excuse the racism of their friends, colleagues, institutions and representatives because racism is bad and therefore only bad people are racist.

Your friend Ethan isn't a bad person even if they say the N-word while singing along to rap music—even though they are not Black. Your co-worker Jessica? They are a sweetheart with a dreamcatcher company. They are very successful, though they are profiting off elements of an Indigenous culture they do not belong to, stripping the art of its deeper meanings turning it into a mere piece of decor. Your family friend Chris sits on a university board and votes against a motion to increase representation of Black, Indigenous and Scholars of Colour studied in Canadian History. They think it will be too time-consuming and only the "Fathers of Confederation" have something valuable to contribute to academic discussions.

Nice people can be racist.

Silence is violence.

People can't be simplified down to being racist or not racist. Racism can manifest itself through unintentional actions. Racism perpetuated by individuals exists on a spectrum. The casual, seemingly-harmless racist comment is what allows insidious overt racism to fester and thrive in society.

People need to take a more active role in eradicating racism. If your only concern is to not be labelled racist, you are complicit. Especially if you are in a position of power like a student leader—or letting racism slide among friends, family and colleagues. Folks who choose to stay silent—willfully ignorant or not—act as gatekeepers allowing racism to continue on our campuses and in greater society.

Racism is scary and far more so for those who deal with it daily. Racism in a post-secondary



PHOTO BY KAWAMA KASUTU

institution is its own brand of horror story. Here, we deal with institutions that claim to prioritize 'diversity' and 'inclusion' yet consistently fail to support and make space for Black, Indigenous and students of colour.

I personally dislike the words diversity and inclusion. Similar to multiculturalism or colour-blindness these buzzwords aim to simplify social structures that have existed for centuries and minimize the real and complex experiences of BIPOC students on our campuses. They insinuate that these complex problems have easy solutions — a photo-op here, a watered-down land acknowledgment there—and you've ticked off all the boxes.

We forget that when we celebrate Dalhousie University's 200th anniversary, we are celebrating 200 years of white men's education. Addressing racism at Dal means embracing the past, acknowledging the existing legacy and doing better.

Challenging institutional racism means re-examining how the systemic, institutional, interpersonal and internal racism exist and intermingle. It means using an intersectional lens—the overlapping way multiple marginalized identities create unique experiences—to understand the deep roots of injustice. It

means putting funding and support behind programs created by us and for us. When supports and programs are created for us, but without us, they miss the mark and often patronize us and the problem lacking substance and real-world feasibility. It means creating a campus where we don't experience racism from our fellow students, professors and administrators.

It means taking the lead for Black, Indigenous and students of colour on what our vision of a just campus looks like.

I created the Dalhousie Black, Indigenous and People of Colour Caucus (BIPOCUS) to fill a void I noticed on campus. In my time at Dalhousie, I've experienced anti-black racism. And as a student leader and organizer, it's quite astonishing to see all the roadblocks in place set to discourage BIPOC folks from pursuing these positions and doing good work to support their communities.

Often 'diverse' people in leadership roles are praised as an example of Dalhousie and the

DSU's progressiveness. Yet, we are expected to continue with business as usual. Folks who try to point out policies that disadvantage marginalized students or bring attention to the different ways that marginalized students connect to their peers and to the campus community, are labelled as aggressive, too political or stepping out of their lane.

I have been extremely lucky to have badass Black and Indigenous women and femmes of colour stand by my side, validate my experiences of anti-blackness in the institution and be my personal cheerleading squad.

BIPOCUS was born out of our collective vision to create a strong BIPOC

community where we don't have to agree on our politics. Where we experience the intersections of race, gender, religion, class, sexuality differently. Yet we stand united in the fact that we all deserve to attend a university that values our lives and our communities. A university that holds our traumas and hopes. A place where we thrive together.

"We forget that when we celebrate Dalhousie's 200th anniversary, we are celebrating 200 years of white men's education."

In defence of horse girls

Stop making women feel bad about their hobbies and get one of your own

BY BECKY DINGWELL



Anyone who spends time on the internet has seen the memes.

“All horse girls are now either on drugs, whores or Taylor Swift stans,” quoth Twitter user @jonofyfe.

Also from Twitter: “Horse girls were actually a pentagon experiment they were never meant to be released into society.”

“Horse Girl from High School a Cop Now,” reads a headline from satirical news site Reductress.

So-called “horse girls” – girls and women who like horses, who ride horses as a hobby or job – are a recent target of the internet’s ire. I love a good meme and I realize, for the most part, it’s all in good fun. But as a horse girl, I’m a little bothered by the misconceptions about us.

I also see this as the latest example in a long list of women’s hobbies or interests that get mocked. Whether it’s a pumpkin spice latte or an *Outlander* marathon, things women tend to enjoy become punchlines in lazy jokes.

I recognize that I’m a cisgender White woman who holds a certain amount of privilege simply because I have the space to be concerned or offended about this.

I am literally a Becky.

Generally speaking, horse girls must be privileged in some way if they can afford the time and money it takes to participate in horseback riding. Lessons aren’t cheap and

you need to buy special gear on top of that. But we can say that about almost any sport. The athlete or their parent must have the disposable income to enroll in a sport and buy the equipment necessary.

You buy cleats, I buy field boots. Give me a break.

On that note – yes, horseback riding is a sport. No, the horse does not “do all the work.” The bruises on the insides of my legs are proof of that. You have to learn how to subtly communicate with a horse by opening the reins, pressing your leg against its side and keeping your eyes up. Sometimes, you can do everything right and still end up on the ground if a horse trips, bucks or gets spooked.

You must learn how to problem solve while you’re on the back of a 1,000-pound animal. There’s a reason “rein it in” is a commonly-used idiom: even people who don’t ride horses know it’s referring to control. It takes work to gain that control.

Equestrians are taking a big risk when we choose to care for and participate in a sport with horses, however friendly and well-trained they are. Falling off such a large animal or being near one when it gets startled can lead to broken bones and a whole lot worse.

We also spend a great deal of time shoveling manure. But we participate anyway because we love it. That’s metal as fuck.

Yes, horseback riding is a sport. No, the horse does not “do all the work.”



PHOTO PROVIDED BY REBECCA DINGWELL

Crazy Rich Light-Skin Asians

It took long enough

BY TARINI FERNANDO

Crazy Rich Asians has undoubtedly been one of the biggest Hollywood hits of the year. The film, starring Constance Wu as an economics professor travelling to Singapore to meet her crazy rich boyfriend's crazy rich family, has received immense critical and commercial success.

It's been highly celebrated for its all-Asian team of actors, writers, and director—the first major Hollywood film to do this since 1993's *The Joy Luck Club*. But amidst the celebration, many have asked why it's taken so long to get this kind of representation.

It seems like Asian-Americans, and all Asian diaspora in the West have been craving films with Asian faces for a long time. In recent years there's been a lot of controversy over white-washing of Asian film roles. This includes Emma Stone's character in *Aloha*, who is quarter Chinese and quarter Native Hawaiian, and Scarlet Johansson's leading role in the live-action adaption of Japanese manga series *Ghost in a Shell*.

Regardless of why Hollywood has taken so long to learn its lesson, hopefully the success of *Crazy Rich Asians* will show the industry that not only is accurate representation wanted, but there is also a huge audience who will go out and pay to see these films.

As much as I love this movie for finally showing a depiction of Asian people that is not one of poverty or simply a racist stereotype, there are some problems worth mentioning.

One argument is the fact that the film doesn't do a good job of showing the ethnic and racial diversity of Singapore. This wealthy city-state has a richly multicultural population, with huge numbers of people of Malay, Indian, and other descents. But the faces of this movie were only of the light-skinned ethnic Chinese who dominate the rich upper class in Singapore.

The only non-Chinese faces in the film that I remember were two creepy-looking, turban-

wearing Indian guards who scare the main character, Rachel, and her friend as they drive into her boyfriend's mansion. I know it was an incredibly small part in the movie but seeing the only brown faces in the movie being used in this way brought me back to watching the Indiana Jones films as a kid: watching the only people who looked like me depicted as scary or poor.

Crazy Rich Asians is still a huge win for representation in American film, but in America alone.

In Hollywood, the word "Asian" still just means people who look ethnically-Chinese. There continues to be a multitude of other races from the continent that are overlooked. South Asians, Eurasians, Pacific Islanders, and so many other people have yet to be included in the general understanding of the word "Asian" in Hollywood. From time to time we'll get reminded of the presence of brown-skinned Asians in films like

Slumdog Millionaire (which I think was a ridiculous simplification of the poverty and corruption in the country) but this industry has always been one to simplify the depiction of foreign lands in a way that is digestible and easily-understandable to American audiences.

So why not show more?

Why not try and create a nuanced, complex, and well-researched depiction of a foreign country and its people? Maybe today's audience is still not ready for complexity. Judging from the fact that *Slumdog Millionaire* won Best Picture at the Oscars in 2009, and that only a few people were critical of the representation in *Crazy Rich Asians*, maybe most people still don't care.

Crazy Rich Asians is still a fabulous film, and it gives me hope. It shows that change does happen over time. What's clear is that audiences do want to see a film with diverse representation of any kind.

The question now is: how long will we have to wait to see another?

The only non-Chinese faces in the film that I remember were two creepy-looking, turban-wearing Indian guards.



PHOTO BY CHRIS STOODLEY

Transparency dies in darkness

Conservatives choose to be opaque with party organization

BY MATT STICKLAND, COPY EDITOR



CONSERVATIVE LEADER ANDREW SCHEER SPEAKING AT A PRESS CONFERENCE AFTER MAXIME BERNIER ANNOUNCED HE WAS LEAVING THE PARTY. PHOTO BY MATT STICKLAND

Making constitutional amendments to change how a political party organizes itself is dreadfully dull business.

At party conventions, the constitutional debates happen first thing in the morning. While most people are still nursing hangovers with greasy food and coffee, party faithful shows up and vote on changes to how their party governs itself.

These votes are inside baseball, and usually, it doesn't matter. How money is spent, by who and on what? How should ridings be organized? Who and how should people be nominated? If people aren't directly involved in the party, they usually shouldn't care about these votes.

Usually.

From Aug. 23 to 25 at the Conservative Convention in Halifax, the Conservative Party of Canada voted in ways that harken back to the days of tight control of the party by the leader. Tight control isn't that big of an issue on its own. But for a party that claims to value their grassroots, these votes indicate it does anything but.

work with in their ridings have no way to find out that someone like that is in their midst.

Trouble in the grassroots

Being transparent and accountable is vital for the Conservatives moving forward if they want any chance of success. In his high-profile breakup with the Conservative party, Maxime Bernier accused the party of being too "intellectually and morally corrupt to be reformed." In his speech he said even though "caucus privately oppose supply management. But buying votes in a few key ridings is more important than defending the interests of all Canadians." Meaning that even though members want something different, they toe the party line as set by the leader.

This is the opposite of listening to the grassroots.

Detractors from within the party accused party leadership of stifling debate on the contentious issue of supply management. Members who quit the Conservative party at the convention accused the leadership of delaying debate, enforcing rules of debate not enforced in other policy debates and moving the supply management debate to a smaller room.

Their critiques seemed to be hot air until a dairy lobby binder was found on the floor of the convention hall. According to that binder, the dairy farmers had been assured that getting rid of supply management wouldn't happen "regardless of the outcome at convention." The binder laments that "although not ideal, this does represent a safety net should our other tactics fail."

Even though the Conservative party might not realize it, it's in trouble.

They either have to lean into the racist rhetoric on issues like birthright citizenship or denounce it. They can no longer rely on not being the Liberal Party as enough to get the conservative vote. They have to take the concerns of their grassroots seriously or people will abandon the party for the greener, non-supply managed pastures of Bernier's People's Party.

Conservatives who deride Bernier as a threat because his People's Party simply rebranded his leadership platform as his party platform, would do well to remember Doug Ford. The premier who won a majority by renaming a fundraising petition website to platform and with little more than undefined promises like "buck-a-beer."

The votes

The party voted against measures that would increase transparency, keeping decision making centralized in Ottawa. The party voted down a proposal to have party delegates vote on policy statements made by the leader between conventions. While that does help decision making happen quickly, it does so by eliminating, or reducing, input from riding associations. It keeps power centralized and away from the vaunted grassroots.

One motion that got defeated would've made the party keep the ballots from leadership elections so party members could verify the result. They voted to kill a motion that would have allowed the riding associations to see how money is being spent from the central Conservative Fund. And they voted to make it harder for seniors on fixed pensions to attend convention.

They also voted to protect the information of candidate nominations that fail the vetting process. People arguing for this motion say it's to protect the party from liability. In practice, this means that if a candidate is found to be a sexual abuser the party won't tell anyone. A speaker who argued for the motion asked why the party would vote against a policy that would protect victims. The motion failed. That means that someone who fails a vetting for being a sexual abuser gets to stay in the party. The people they

Halifax's first queer centered union co-op café.

Book a room and study with your pals, or check out our small queer-centred library!

+ We have gender neutral washrooms.

FREE
RAINBOW
AND GLITTER!
JUST BRING
THIS AD



5896 Spring Garden Rd
902.407.5715

glitterbeancafe.com
@glitterbeancafe





Editor's Note: The two articles below lay out the environmental arguments for and against the straw ban.

Straw ban fan

Finding alternative solutions

BY HANNAH BING

The straw ban has a positive effect on the environment. The ban does not discount specific issues brought up by those against it. The straw ban needs to be thought through and discussed, but not dismissed.

The main issue with straws is that they take 200 years to decompose. Because these straws don't decompose for a long time, they often end up in the ocean. Many sea creatures end up eating them and they can get stuck in their digestive systems or in their windpipes, which can lead to choking.

It's estimated that by the year 2050 there will be more plastic in the ocean than fish.

The impact of straws on the ocean has inspired many companies to ban them. Instead, companies have created lids that don't require a straw or have replaced disposable straws with reusable ones. It's good that corporations like Starbucks are excited and willing to make a change that has such a significant influence on the environment.

Every plan has its flaws

In this case, it's that people of differing abilities may rely on plastic straws to drink. Taking them away or replacing them hurts accessibility. Reusable straws are often not a solution for those with certain neuromuscular disabilities, and some cases of Down syndrome.

The total ban of single-use straws would negatively affect people who need them on a daily basis.

But there are options for making these products readily available and accessible without giving every person that walks into a restaurant, coffee shop or bar a single-use plastic straw. It makes a difference if Starbucks only hands out several hundred plastic straws, rather than several million. This could be achieved if Starbucks and other

companies kept straws around for those who need them, rather than giving one to everyone. The option of getting restaurants to carry only a marginal amount of traditional plastic straws to hand out to those who request them would make a difference.

There's an opinion out there that changing straws and having less of the plastic straws will make no difference and environmentalists are wasting their time on a lost cause. To say that getting rid of (or minimizing) the use and distribution of non-reusable straws that don't decompose will save the world and reverse climate change is unrealistic of course.

But will it do something?

Absolutely.

Because straws are just the beginning. It's true that they do not make up the majority of plastic waste. The point is that they are plastic waste. We all need to be more environmentally conscious about what we use and where it ends up. Society can't just up and get rid of plastic waste overnight, so we need to start somewhere. This is it.

Canadians alone use 57 million plastic straws every day. They're either in the ocean or part of the 6.3 billion metric tons of plastic waste produced worldwide—only nine per cent of which will be recycled properly. Anything we can do as individuals to pressure corporations into limiting their straw and plastic use will make a difference.

Should we get rid of straws to the extent of not having any available to those who need them? Of course not—but that does not mean we do nothing either. I promise your iced coffee will taste just as good without a straw, and if it doesn't? There are plenty of reusable options for those who have the option of using them.

Cata-straw-phe

Distracting from the real problems

BY KRISTEN TYMOSHUK

It seems like everywhere you look people are quick to point out the absolute sin of plastic straws.

According to popular media, they seem to be the root of the ocean plastic epidemic.

Chances are you've heard about this trendy new campaign focused on reducing plastic straw usage and want to do your part for the environment. Maybe you invest in a set of fancy reusable metal straws. Maybe you avoid iced takeout drinks like the plague.

More and more restaurants and cafes are switching over to plastic straw alternatives or giving up straws altogether. Starbucks has moved to a strawless lid for its cold drinks. Local places like The Wooden Monkey did away with straws as well, offering only biodegradable straws to customers that request them.

The anti-straw movement seems like a virtuous cause that every Canadian should get behind; but is it actually helping the environment as much as we think?

A common statistic quoted by anti-straw advocates is Americans use 500 million plastic straws a day. That number was calculated from phone surveys conducted by a 9-year-old boy in 2011. There is no other research to back up the statement.

Even if it were true, plastic straws only account for 1814 metric tonnes of the 8 million metric tonnes of plastic that enter the ocean and coastlines each year. That's about 0.023 per cent. This is insignificant compared to other types of plastic pollution. Anti-straw campaigns could actually be doing more harm than good by taking attention away from projects targeting bigger sources of ocean plastic.

The biggest source by far is abandoned commercial fishing nets, or "ghost gear." About 46 per cent of the plastic in the Great Pacific Garbage Patch was determined to be made of ghost gear. The Great Pacific Garbage Patch is the largest of them all; a floating mass of garbage three times the size of France. Ghost gear packs an extra punch because the nets keep killing fish and other marine life the longer they pollute the ocean.

Why are we fixating on plastic straws when it's clearly not going to solve the ocean plastic crisis? For one thing, media does an excellent job of sparking activism when they cover stories involving injured animals. What could get that anti-straw blood flowing more than a video of a sea turtle with a plastic straw stuck up its nose? Surely we must ban all straws to save the turtles!

Wrong.

North America and Europe could recycle 100 per cent of all the plastic they consume, and it would not significantly reduce the amount of plastic released into the oceans.

20 countries were found to be responsible for 83 per cent of the world's mismanaged plastic. What do they all have in common? None of them have waste management systems that can keep up with their rapidly expanding economies.

So, if fighting for straw bans won't help, what will?

Implementing systems to mark commercial fishing nets so abandoned nets can be traced back to the culprit. Incentives for fishermen to recycle their nets properly. Better garbage collection in countries that need it. Pressure from the public to make it happen. Campaigns like the anti-straw movement show citizens have the power to force change. We can make a real dent in the amount of plastic entering the ocean if we fight for the right cause.

None of this means you should go out and buy a handful of plastic straws. Skipping a plastic straw is still a small, easy change you can make to your daily life that will eventually go towards reducing our society's dependence on excess plastic. But if fighting ocean plastic is truly something you're passionate about, consider getting involved with a campaign like The Ocean Cleanup, which is developing systems to remove plastic from the oceans.

Plastic straw bans aren't the be all end all in plastic reduction, and they never will be. But at the very least they get people talking about the ocean plastic issue. And that's a step towards a new wave of plastic activism that could make a big difference in cleaning our oceans.

Harvest time in Halifax

The what's what of farmer's markets in the city

BY CHELSEA MCMILLEN

September. A time of fresh starts, lengthy syllabi and the brutal end of healthy eating habits. Nutrition can take a back seat when the stresses of being a busy and financially strained student set in.

As far as produce goes, the attempt to buy fresh can seem fruitless in more ways than one. Add the challenge of locally sourcing your greens and the idea of grocery shopping might seem like something out of a nightmare.

But Halifax has an assortment of markets—temporary and permanent—to meet your veggie needs.

The Halifax Brewery Farmers' Market on Lower Water Street is a short walk or bus ride from Dalhousie University's Studley campus. Heading to the Alderney Landing Market adds a short ferry ride to the journey. Both markets are open every weekend, supplying a vast variety of produce and a slew of specialty products crafted by local artisans.

A well-kept secret is found in the Bedford Basin market, tucked away on the Bedford highway. It's a slightly further commute but is accessible thanks to the 80 and 90 bus routes. This market is fully operational throughout the week as a permanent fixture in the community. Combined with a bistro and a cafe, with spectacular views of the basin, this market is a great option for students who might not be able to do their shopping on weekend mornings.

Most widely renowned of the Halifax markets is the Halifax Seaport Market. Established in 1750, it boasts the title of being the oldest continuously functioning farmer's market in North America. With a wide array of fruit and vegetable vendors, there are many options for prospective customers.

"All it takes is a reroute," says Suzanne Gerrits, owner of Elmridge Farm. Stay away from the grocery store."

The farm is based out of Centerville, N.S. and has been a vendor at the Seaport Market since the early '90s back when it was just called the Halifax Market. Her recommendation to budgeting students is to prioritize themselves and their health over quick fixes; money spent on

All it takes is a reroute. Stay away from the grocery store.

processed foods goes a lot further when spent smartly on produce.

Gerrits believes the back-to-school bustle is a great time to start buying local.

"This is the high harvest season. The peas, the corn, the blueberries are all still in their prime, even the squash and pumpkins are ready as well."

Siggi, the mononymous (meaning known by only one name) star of the Abundant Acres booth, echoes the sentiment.

"You can't go wrong at this time of the year. Everything

is fresh," he says.

Siggi grins when he passionately advocates for buying local.

"The produce is going to keep better, and we give out great bundle deals here. It's totally affordable."



PHOTO BY GENDRESA SAHITI

Bye freshman 15, hello DSU Market

The most promising suggestion for Dalhousie and King's students may be even closer than the Seaport, though. The Dalhousie Student Union Market has its mandate in providing fresh, local produce at affordable costs to students.

The market, which began as a sustainability project in 2012 now serves both the Studley and Sexton campuses. Completely student-operated, the DSU Market is committed to making local produce as accessible as possible.

To do this, they run a weekly food box system. Guaranteed to be well balanced, the boxes are available in individual and group sizes.

"We always try our best to get one green, one leafy green, one fruit and a staple—such as a root veggie, in every box," says Operations Manager, Caleb Sher.

Sher sees no downside to students utilizing

the market.

"Our prices are on par or lower than the Superstore's, and since the produce is local, there's no sit time between harvest and pick-up, resulting in a much better product."

An upper year student originally from Ottawa, Sher perceives the opportunity to learn about the bustling Nova Scotia farming community as another added bonus of the program.

"It's always good to learn something new. Learning about these great local companies in rural NS is a great way to leave the tiny student bubble that can seem so all-encompassing at times."

If the idea of a food box seems daunting, the DSU Market sets up a stand in the Student Union Building on Tuesday's selling individual produce, as well as occasional specialties like fresh ginger, apple cider and locally made maple syrup.

"It's always worth dropping by the stand. We will definitely have extra goodies from week to week," Sher says.

DSU and NSPIRG partner for Project Reconstruct

New collaboration makes Dal orientation week more accessible to more students

BY JESSICA BRIAND, ARTS AND LIFESTYLE EDITOR AND KATHLEEN JONES



ON THE SECOND DAY OF DAL'S O-WEEK, STUDENTS GATHERED FOR A CHEER OFF. PHOTO BY MAYA PALACIO

This year marked the first year where the Dalhousie Student Union partnered with Nova Scotia Public Interest Research Group (NSPIRG) to bring an alternative orientation week to students.

NSPIRG reached out to the DSU after the elections in the spring to let the executive know it already offered programming similar to what DSU exec campaigned on.

"We wanted to build a connection there, get our programming more publicized and help the DSU avoid reinventing the wheel," says Clark MacIntosh, the resource and administrative coordinator for the Nova Scotia Public Interest Group (NSPIRG).

MacIntosh says that at this point, the partnership between the DSU and NSPIRG is still growing but it has room to be more successful in future. For now, they're excited about how they've been able to collaborate with societies on events for Project ReConstruct.

"It's been great because that gives the DSU the opportunity to sort of focus on the larger big scale events, and then we do our thing and reach more students this way."

Project ReConstruct began on Sept. 6 and ran until Sept. 13. Events included a feminist dance party, a blanket exercise and a movie night hosted by South House, Halifax's sexual

and gender resource centre.

One such event was Dreaming in Colour, hosted by BIPOCUS: Dalhousie's Black, Indigenous, and People of Colour Caucus. Dreaming in Colour showcased performances from students who are black, Indigenous and people of colour.

BIPOCUS, which used to be part of the Dalhousie Faculty of Arts and Social Sciences Society and became an independent society this year, saw the need for orientation events that didn't keep the focus on the white student body.

"It came up in conversation that O-week is very white-centric, or just very non-inclusive

of other cultures," says Aisha Abawajy, the executive chair of BIPOCUS and co-host of Dreaming in Colour. "And when they do try to include other cultures, it's in a very patronizing, show off your culture, multicultural type of way."

Abawajy wanted first-year students to see an event that highlighted student's cultures but was also respectful of those cultures.

Having been a leader for Dalhousie's regular orientation week, Abawajy has seen both sides of the story personally. She says the lack of inclusivity from orientation week can range from small things like the kind of music they decide to play, to a large idea of what Dalhousie thinks the typical student wants that is based on Western principles.

Sometimes, Abawajy says, it's hard to pinpoint exactly where the problem is; even looking at who runs orientation week or who's being asked to speak are factors.

Project ReConstruct was rebranded from Rad Frosh three years ago. The name change emphasized NSPIRG's desire to deconstruct harmful narratives surrounding environmental and social issues, while simultaneously looping students into the conversation.

It's designed to be more accessible to students from all backgrounds and cover issues that regular orientation weeks don't usually cover.

Tabasa Shimada, a volunteer at the Dreaming in Colour event and a board member for Project ReConstruct, says that Project ReConstruct provides a space for students with different ideas to have their ideas "realized." She also says that the Project ReConstruct events are deeper than your average orientation event.

"It's more of like events with meaning—events with a message," she says.

Although Project ReConstruct was advertised as a sort of hybrid orientation week with the DSU logo on advertisements for the events, when asked for comment the DSU referred the Gazette to NSPIRG on multiple occasions and were later unavailable for comment.

Coming to theatres near you

Halifax theatres offer lots of fall and winter shows

BY LOGAN ROBINS

EDITOR'S NOTE: LOGAN ROBINS IS THE PRESIDENT OF THE DALHOUSIE THEATRE SOCIETY.



As the chill of autumn sweeps into Halifax, students and Haligonians will flock into coffee shops for pumpkin spice lattes to warm their hands and into theatres for something else to warm their hearts.

From exciting concerts to groundbreaking new plays, and a few holiday traditions, this theatrical season in Halifax is one not to be missed.

Neptune's "Season of Love" begins

Under the new leadership of artistic director Jeremy Webb, Neptune Theatre is alight with its "Season of Love."

The season is opening with Lee Hall's adaptation of Marc Norman and Tom Stoppard's classic film *Shakespeare in Love*. Featuring a talented cast including recent Dalhousie theatre graduates Nathan Simmons, Kya Mosey, Adrian Choong, and Lisa Corey. The play promises comedy, love, and "a bit with a dog." *Shakespeare in Love*, directed by Jeremy Webb himself, is running now through Oct. 7.

Hockey fans can enjoy the theatre this season too from, Oct. 16 to Nov. 4, *Playing With Fire: The Leo Fleury Story*, directed by Ron Jenkins will hit the Neptune Stage. This is a play based on a real-life hero in the hockey world that Neptune

has advertised as "a top-scoring theatrical tour-de-force" that will be performed — on real ice — on the Fountain Hall stage.

From Oct. 23 to Nov. 11 the world premiere of a groundbreaking new musical, *KAMP* will be presented on the Neptune Scotiabank stage. With the book written by Jamie Bradley and music and lyrics by Garry Williams — two Halifax artists — this show tells a darkly comedic story of gay men interred in a Nazi concentration camp who despite their conditions, create a secret cabaret to help them hold on to their humanity and sanity. Directed by Sam Rosenthal and "based on historic truths and inspired by actual events and people," Eastern Front Theatre and Neptune's co-production of *KAMP* should not be missed.

From Nov. 27 to Jan. 5, Neptune will be presenting *Cinderella*, a "new musical comedy" written and directed by Jeremy Webb. A new take on a classic, the show will feature lots of laughs and up to date pop songs. "Jeremy Webb brings the hilarious tradition of the *Great British Holiday Extravaganza* to Neptune's Fountain Hall stage in the ultimate family show for the holidays," Neptune's website boasts.

For students on a budget, Neptune offers "student rush" tickets and their "Pay What You Can" nights to make sure you don't miss any of these incredible productions.

Drama on campus this fall

Closer to home, a lot of exciting concerts and theatre performances are happening in the Rebecca Cohn auditorium in the Dalhousie Arts Centre this fall.

From Oct. 9 to 13 the Fountain School of Performing Arts (FSPA) opens their theatrical season with Mary Zimmerman's *The Secret in the Wings* in Studio 1, directed by Samantha Wilson. Based upon lesser-known fairytales, this play uses sets, costumes, music and lights to delve into what scares us as children, and why we are afraid of the basement at night.

From Nov. 27 to Dec. 1 the FSPA theatre majors will be emerging from the fiery depths of hell into *Dante's Purgatorio*, a new epic play by Patrick Baliani that uses the Divine Comedy as inspiration for a ferocious and evocative play that sees Dante and Virgil ascend through the seven levels of purgatory in search of paradise. Directed by Fountain School staple Margot Dionne and set in the sprawling James Dunn Theatre, this emotional play is sure to be a spectacle.

Also, not to be missed in the Rebecca Cohn theatre is Symphony Nova Scotia's *Superheroes and Sci-fi* (Oct. 27 and 28), their *Gordon Lightfoot Tribute* performances (Nov. 2 to 4), and the classic of *The Nutcracker* (Dec. 7 to 16).

Tickets for all Rebecca Cohn/FSPA shows are available online.

Halifax's independent and accessible theatre scene

Make sure to also keep your eye out for some smaller more independent theatre ventures this fall. Many will offer student/under-waged pricing on tickets to make theatre accessible. Not to be missed are:

Hello City, a local improv comedy group who perform monthly at The Bus Stop Theatre, taking prompts from the audience and providing never-ending laughs.

Matchstick Theatre, who will be putting on John Mighton's, *The Little Years* from Oct. 11 to 14 at the Bus Stop Theatre.

The Villain's Theatre, whose production of William Rowley & Thomas Middleton's *The Changeling: Chimes of Bedlam*, adapted by Dan Bray and directed by Dorian Lang, goes from Nov. 21 to 25.

The Dalhousie Theatre Society, November-January will be putting on the world premiere of *Objects*: written and directed by Sophie Jacome, *Doctor Faustus*: written by Christopher Marlowe & directed by Derek Birkbeck, and *Arcadia*: written by Tom Stoppard & directed by Lucia Dodaro. Dates and venues for these performances have yet to be announced.

Good People Doing Good Things: Lily Barraclough

Fighting for climate change initiatives nationwide

BY JESSICA BRIAND, ARTS & LIFESTYLE EDITOR



PHOTO PROVIDED BY LILY BARRACLOUGH

Lily Barraclough has a lot on her plate: she's a student, she volunteers with multiple organizations and she's a program coordinator for iMatter.

Barraclough came to Halifax in 2016 and started her student life in the Foundation Year Programme at the University of King's College. Now, in her third year of her environmental science, and history of science and technology (HOST) degree, she looks back on bringing iMatter to the city.

iMatter is an organization that focuses on youth empowerment and youth voices to push local community leaders to transition into a more environmentally friendly and sustainable society. Barraclough runs training and workshops for youth leaders on organizing a local movement and climate science. She also helps create local climate action projects in cities across Canada and leads local outreach in schools across the nation.

Barraclough started working with iMatter

in 2016, learning of the program through other leaders who were involved in the program. She was trained as a leader in her hometown of Toronto.

She says that she started working with iMatter in Toronto as the first Canadian participant, and wanted to continue working with the organization when she came to Halifax. With the help of other King's and Dalhousie University students she was able to get it up and running. The program is still running now, and is always willing to accept new members.

"There's a tool called a youth climate report card which grades cities on the percentage of renewables they have when they are getting to net zero carbon emissions," says Barraclough of her work with iMatter.

She brought one of these to the Halifax Environment and Sustainability Standing Committee. The report card grades cities based on how well they're doing in reducing emissions, what percent of renewable energy makes up a city's total energy use, waste reduction, carbon reduction, and youth involvement.

Halifax received an overall grade of a B-

Barraclough also went to the Executive Standing Committee of Halifax city council with a proposal for a Youth Advisory Committee in April 2017; the city did a staff report and approved the committee in December 2017. Barraclough says creating this Youth Advisory Committee is one of her favourite things she's done, because she got to work with staff to develop the committee, and will begin to recruit people this fall.

And that's not all: Barraclough has been working with Ecology Action Centre, NSPIRG – which she is a board member of – and other Nova Scotia organizations on the 2030 Declaration.

The 2030 Declaration is a request created by these organizations, asking for the government to commit to 50 per cent reductions of carbon emissions by 2030 and ensure that marginalized communities and environmental racism are considered and worked with.

So far it has been signed by multiple organizations and people including: Divest Dal,

Dalhousie Student Union Sustainability Office, and The Dalhousie Black, Indigenous and People of Colour Caucus (BIPOCUS)

Barraclough's desire to work towards climate change initiatives stems from seeing the effects of climate change first hand.

She also believes that climate change is related to solving many other social justice issues.

"It doesn't go over super well to say what a crisis it is, but to me, the climate crisis is one of the most pressing issues," she says. "Especially because it exemplifies and enhances so many social justice issues as well, and really shows all the injustices in relation to the environment and in relation to access to services and adaptation."

With all of this weighing on her, Barraclough says balance in her life is key to keeping her afloat even though it can be hard sometimes.

"I try to keep a balance between doing activist work and schoolwork and fun things. I like to schedule my time, so I've also scheduled fun activities like music lessons, and chorus, and my friends and I play Dungeons and Dragons, and things like that. As long as I keep a balance between things."

She says there are many opportunities to get involved in environmental activism on campus.

"The first thing I would suggest is probably to probably educate themselves. There's a lot of information out there and it can also be super overwhelming, but it depends on what type of person it is."

Start with small things like books or movies, and then attending events offered on campus or around the city.

Barraclough has been working on a Climate Inheritance Resolution she will be bringing to city council in October. The resolution requests city council to commit to protecting the children and grandchildren of the Halifax community from the risks of climate destruction.

She hopes to one day work more on the law or policy side of climate change issues using her science background to her advantage to inform others.

Uber Eats hits Halifax streets

Food delivery just got more accessible for students

BY ANASTASIA PAYNE

Put your sweatpants on and settle in for a relaxing evening of Netflix and chill because Uber Eats is here and you may never have to leave the house for food again.

Launched on Aug. 23, Halifax is the first city in the Maritimes to offer the Uber Eats service.

Simon Brown, general manager of Uber Eats Canada, says that the company is impressed with how the people of Halifax have embraced the service. In addition to positive reactions from customers, Brown says Uber Eats has also recruited over 100 drivers for the service.

With over 70 restaurants signed up as of Aug. 22, Uber Eats has something for everyone.

Dalhousie University student, Noah Yao is currently working a co-op position where he says that during late nights in the office, he and his co-workers have often ordered from companies such as SkipTheDishes.

“More competition might create better prices for us, instead of SkipTheDishes feeling like they just have this area,” says Yao.

He also notes that Uber Eats’ free delivery promotion plays a large part in encouraging people to order from them over Skip.

Yao isn’t the only one excited about the launch of Uber Eats. Johnathan Cannon, a co-founder of Room Service, says that he’s excited to see how Uber Eats can help the delivery service industry grow in Halifax.

Room Service is a delivery-based convenience store that launched a year before Uber Eats, on Aug. 23, 2017. Cannon owns and operates the business with his two brothers and his father. He thinks that companies like Room Service, SkipTheDishes and Uber Eats are just the beginning of the industry’s growth.

“There’s no question that we compete against them, but I don’t think that it’s a threat. I think that we’re different enough that we can live harmoniously,” says Cannon.

He says that in today’s fast-paced world, with technology increasingly allowing work to follow us home, people seem to value their



PHOTO BY QENDRESA SAHITI

time more, making people more willing to pay to have something delivered to their door.

Although Skip didn’t have a spokesperson available for an interview they offered an email statement saying, “SkipTheDishes welcomes competition in Halifax, and we look forward to continuing to demonstrate why Skip is Canada’s favourite food delivery company. SkipTheDishes partners with 70 diverse restaurants on the network in Halifax, and growing.”

Chris Bowness, a driver for Uber Eats, says

that the company has been kept busy. He says there’s been a lot of interest from university students, with several of his deliveries going to campus on the weekend. He says there also seems to be a market among single parents who may not have time to pick food up.

Bowness, who also has a full-time job, signed up to be a driver for SkipTheDishes too but says that Uber Eats’ flexible scheduling and lack of personal costs made him choose to deliver there over SkipTheDishes.

SkipTheDishes requires all drivers to carry \$60 in cash and purchase a \$75 warming bag

to deliver for them.

But, according to Bowness, Ubers choose-when-you-work style of scheduling has caused some problems with the company struggling to meet the demands for deliveries at times, such as forcing restaurants to discard food that was prepared when no driver could deliver.

“The real true test will be after October 31 when they take away the free delivery promotion,” says Bowness, “Once that happens they’ll be able to see if people will pay the money to actually get the food.”

Sustainability not just a society

Making sustainable choices beyond campus societies

BY CHIARA FERRERO-WONG



THE DALHOUSIE URBAN GARDEN SOCIETY'S GARDEN PATCHES ARE BEHIND THE COMPUTER SCIENCE BUILDING. PHOTO BY CHRIS STOODLEY

Sustainability is one of those words you've probably been hearing a lot lately. That's because, with issues like climate change, people are coming together to figure out what can be done to achieve sustainability.

Changes can occur on the individual, local, regional or even international levels. They're happening in Halifax.

Campus causes for climate change and sustainability

Environmental Programs (EPSS)

A society run and comprised of mostly environmental science students; this society is a great place to meet people in environmental science who share common interests and views about the environment and sustainability. The members host networking events such as their annual wine and cheese, as well as promote sustainability by giving out free coffee to travel-mug-users at their weekly Wake Up Wednesdays.

Your Environmental Sustainability Society (YESS)

YESS is run mostly by sustainability students. It's a great society to join if you're a sustainability student and are looking to share your great ideas, or if you just want to talk sustainability. Members host events like clothing swaps, farmer's market trips, various waste workshops and networking opportunities.

Dalhousie Student Union Sustainability Office (DSUSO)

The Dalhousie Student Union runs the sustainability office. It's unique in that it isn't made up of one faculty or program because they like to have as diverse a group as possible. This society was created to address sustainability and environmental issues in the DSU and in and around campus. The society hosts all sorts of interesting events such as beekeeping and how to make a herbal salve.

Dalhousie Urban Garden Society (DUGS)

The Urban Garden Society is exactly what it advertises: a society solely dedicated to gardening in the city. Its garden patches are located outside the Computer Science Building, and there are garden parties every Sunday at 11 a.m. Anybody is welcome to help tend the garden and share the bounty. These garden parties will run until about mid-October.

If your interest lies in food sourcing, local produce and how to make your garden flourish, this is the society for you.

Divest Dal

One of the more talked about environment societies: Divest Dal. It's lobbying for Dalhousie University to divest from stocks they have that support the fossil fuel industry. Members do this with activism like camping out for a week in Studley quad. Or in January 2017 when they ambushed Justin Trudeau in Java Blend during a selfie: calling him out on whether or not he'd be implementing

United Nations Declaration on the Rights of Indigenous Peoples.

Last year, Divest succeeded in getting the president of Dal to reconsider the schools' relationship with big oil – a huge feat. If your heart yearns for a world—and campus—independent of fossil fuels, this is where you belong.

The Loaded Ladle

The Loaded Ladle provides free, healthy, vegan, gluten free, nut free, and locally sourced hot meals four times a week located in the Student Union Building. It's a great place for learning about what grows locally, as well as supporting local farmers and feeding the student population with something other than instant noodles and peanut butter.

Halifax helps fight global warming

The Ecology Action Centre

The Ecology Action Centre is a charity that originated on Dal campus. They run programs in support of saving shorelines, creating positive food environments, marine protection and responsible forestry and work to educate corporations and individuals to work and live sustainably. If you're interested they're always looking for new volunteers.

The Tare Shop

If you're looking to reduce your waste in any way, this new zero-waste shop opening will be able to provide you with the tips and tricks that go along with a waste-free or reduced-waste lifestyle.

"Tare will provide customers a place to buy items in bulk that typically can't be purchased without plastic packaging," wrote Gabbie Douglas for *the Gazette* in April of this year. "Reusable containers to purchase food will be required; you can either bring containers from home or purchase them at the store."

The Nova Scotia Environmental Network (NSEN)

The NSEN is a network for connecting about 60 organizations and groups that focus on the environment and sustainability. They primarily focus on creating meetings, caucuses and working groups to allow for discussion and sharing of ideas of how to better achieve environmental and sustainability goals.

Outside of these groups and meetings, they arrange for workshops and gatherings around Nova Scotia. Their website, advertise open positions on their page.

Running strong programs

Rich Lehman has led Dal cross-country and track and field teams to multiple championships, winning many Coach of the Year awards along the way

BY SARAH MOORE

Going into his seventh year as the head coach of Dalhousie University's cross-country and track and field teams, Rich Lehman has won the AUS cross-country Coach of the Year award a combined six times with both the women's and men's teams.

He also won the same award a combined nine times for the track and field teams. It's quite the resume—one he credits towards anyone but himself.

"I coach at the best school," he says, noting that the wide variety of programs offered at Dal attracts athletes to the school.

He adds that it's rare to see a coach win Coach of the Year for cross-country if their team didn't win the championship. The athletes are the ones performing for the championship, not the coach.

But for athletes to perform well, they need a good coach. And there's no doubt that Lehman is one of the best in the region. This past summer, he coached the under-18 track and field national team at the Jamaican u18 Invitational Meet, focusing on the distance runners. It was his first experience with the national team.

Lehman says he came out of the experience "more confident" with what he's been doing with Dal.

And what he's doing is working. In the 2017-18 season, both his men's and women's cross-country and track and field teams won the AUS Championships.

Lehman also gives credit to his assistant coaches.

"There are a lot of Rich's out there—very few of them are surrounded by the people that I have around me."

Michelle Reddy, in her fifth year on both the cross-country and track and field teams, says that Lehman is "very supportive in all aspects of coaching," such as individualized training plans, mental motivation and support outside of running.

When Reddy broke a bone in her foot two

years ago, requiring surgery and a long recovery, she says Lehman stuck with her.

"Even when I wasn't running, he was still around just talking me through it and helping me get back," she says.

Reddy says that Lehman puts time into forming close relationships with his athletes—getting to know what works best for each person and modifying training accordingly.

He asks a lot of his athletes, they're expected to train 15 hours a week.

"We're beating people because we're outworking them," says Lehman.

Even with a high training load, fifth-year cross-country and track and field athlete Angus MacIntosh says that Lehman comes across as "very laid back" at practices.

"Every workout we do and everything that he has us do, it is obviously calculated ... but the way he presents it to us ... keeps everyone pretty relaxed."

Other coaches are typically more serious than Lehman. However, Lehman doesn't believe the hard and extremely serious approach works for him. He says that the few times a year he raises his voice, "it results more in shock than good performances."

According to MacIntosh, Lehman's easygoing nature while still coaching with deliberation is what makes him a strong coach.

It's a combination that has led to growth in the cross-country program.

"It's not all business and everyone running for themselves," says MacIntosh. "Everyone pokes fun at each other and everything, it builds a really good team atmosphere."

Over Reddy's time competing, she says "he's done a great job with recruiting and bringing excitement to the team and getting girls to want to work hard and work towards one goal."

With both cross-country and track and field teams poised to defend their championship titles this season, Lehman's coaching has been instrumental in their success.

The few times a year he raises his voice, "it results more in shock than good performances."



PHOTO PROVIDED BY DALHOUSIE ATHLETICS AND RECREATION

A player and a coach

Stefano Sokolic is a player-coach for the Dal's baseball team and it's a hard role

BY JOSH YOUNG, SPORTS EDITOR



PHOTO BY KAITLYN KIRK

Stefano Sokolic is the backbone of the Dalhousie University Tigers baseball team.

As team president, Sokolic manages the financial aspects and grant funding for the team. He also coaches the Tigers—constantly deciding which line-up gives them the best chance to win—and he plays second base for them too.

“We probably wouldn’t have a team if he didn’t step up to do it,” said one of the team’s coaches, Corey Blenkhorn.

Sokolic was the team’s treasurer and a player last year. This year he took on coaching responsibilities too.

Blenkhorn said it was “a natural evolution” for Sokolic to be a coach. Blenkhorn said Sokolic has past coaching and umpiring experience, so he knows the game really well. The other coaches also have jobs and families so they couldn’t be around all the time and needed a coach who was available.

Sokolic fit the description.

Want an example of Sokolic’s baseball knowledge?

In a game against Saint Mary’s University, Dal had runners on first and second base with no outs and it was Sokolic’s turn up at the plate. Sokolic bunted the ball and took off for first. He didn’t come close at reaching first base before the ball, but the other two runners made it to second and third base. The play is called a sacrifice bunt; Sokolic and Blenkhorn discussed it before he went up to the plate.

Sokolic isn’t a loud coach; the Saint Mary’s coach was yelling directions and giving words of encouragement from the dugout. Sokolic is talkative, but in a one-on-one approach.

The role is a balancing act for Sokolic. He’s a player and

a part of the team environment but he’s also a coach and sometimes needs to make unpopular line-up decisions.

He says he tries to deliver criticism constructively, but it took some time getting used to. He said he used to be uncomfortable making line-up changes on the field and would receive push back from the players.

“That ended pretty quickly when they realized that it is easier to just say that then to be in that position and make the calls,” says Sokolic.

He said the players have been playing baseball for a long time and are mature about line-up decisions. But Sokolic is a player-coach, so he needs to make line-up decisions about himself.

“It’s really hard,” he said. “I think it is important to be self-aware and have some opinions from other guys on my coaching staff but ultimately we need to put the best nine guys out there who are going to give us the best chance to win. If there is someone who is playing

I never really appreciated Jake as a player-coach when he was my predecessor but it is a difficult role to undertake.

better than I and deserve to be playing, I put them in, and when I’m playing well, I deserve to be in. I think that is a fair way of doing it.”

Sometimes the role can be overwhelming for Sokolic.

He said he could be on base and not think about base running but on the line-up order. The Tigers have 25 players on the team, so if he gets overwhelmed he can put someone else in his spot and sit on the sidelines and coach.

He also gets a lot of support from the other three coaches and, when they’re all there, Sokolic can hand coaching decisions over to them and while he focuses on playing.

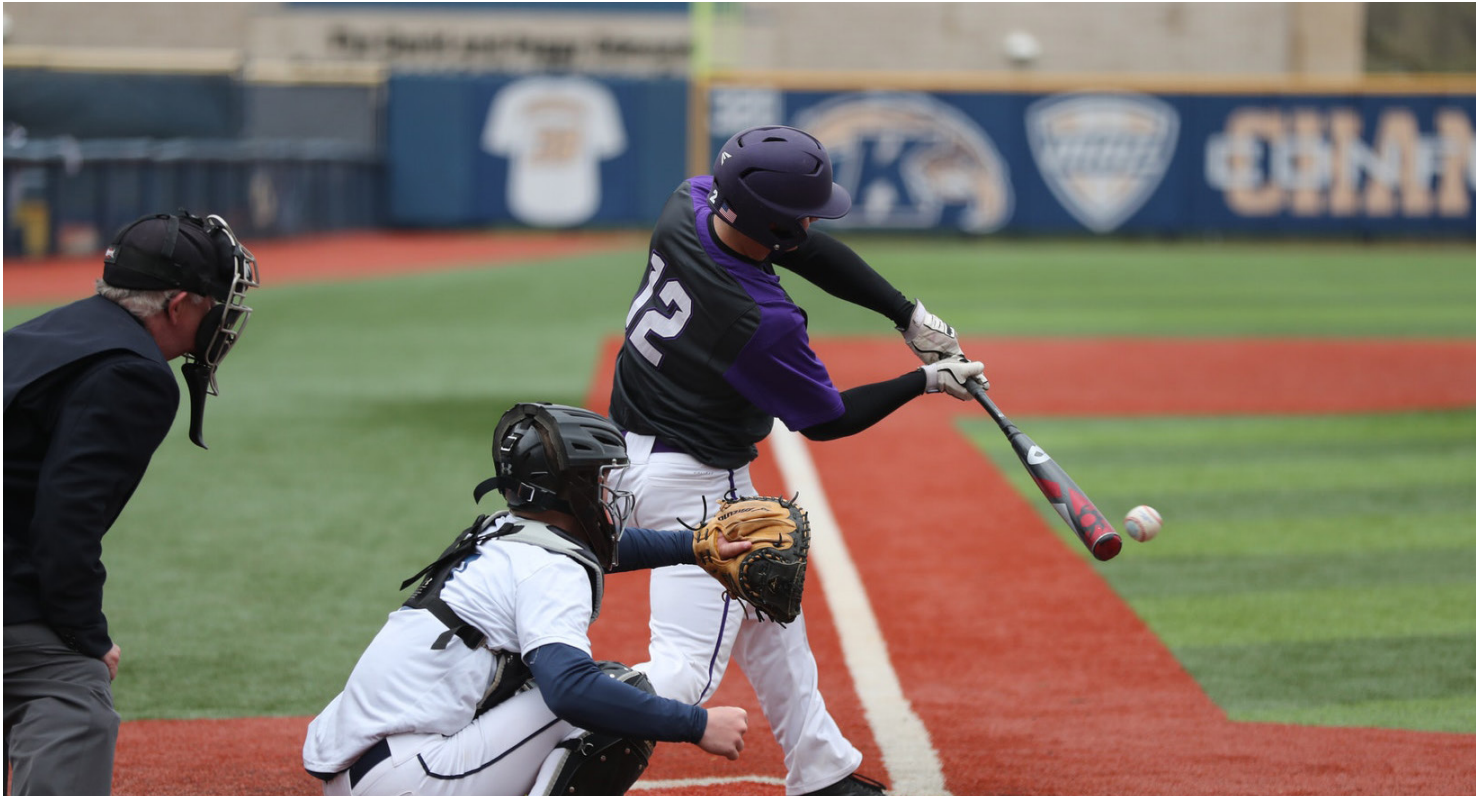
The player-coach role is not easy; Sokolic didn’t realize this when current coach Jake Boyle was a player-coach.

“I never really appreciated Jake as a player-coach when he was my predecessor, but it is a difficult role to undertake,” said Sokolic. “As a player-coach now, I have a higher level of respect for people who do it.”

Getting to know the teams in the MLB playoff hunt

The playoffs begin in October. Here are the contending playoff teams as of this writing

BY JOSH YOUNG, SPORTS EDITOR



October is almost here which signals the beginning of playoff time in Major League Baseball. The American League (AL) playoff picture is fairly stable but the same cannot be said of the National League

American League

Boston Red Sox

The Red Sox are the best team in baseball, with a record of 100 wins and 46 losses. Since 2000 only 20 teams have won 100 games, and one of those teams – last season's Houston Astros – won the World Series. They're statistically great in both offence and pitching, but their two best pitchers are coming off injuries.

Cleveland

They nearly won it all two years ago when they lost in game seven of the World Series to the Chi-

cago Cubs. The line-up has a lot of talent and they rarely strikeout. Corey Kluber and Trevor Bauer are fantastic starting pitchers. They have the worst record out of all the AL playoff bound teams and benefitted being in a weak division.

Houston Astros

The defending champions have mostly the same team that won it all a year ago. Their offence has been good but have they the talent to be great once the playoffs come. Their pitching has been the best in the majors, so they'll be a tough team for anybody.

New York Yankees.

The Yankees lead the majors in home runs and are second in runs scored due to a powerful offence that will feast on pitcher's mistakes. They have the ninth most strikeouts so they can be beat with good pitching. The Yankees pitching is strong as they lead the majors in strikeouts.

Oakland Athletics

The Athletics are the surprise team in the AL playoff picture, they weren't predicted to be here since they lost 87 games last year and have used 14 starting pitchers due to the boatload of injuries, but somehow, they're the fourth best team in baseball. They've started pitching better and that's getting the job done, they have the best bullpen in the league and an explosive offence. Will this run last once the playoffs start?

National League

Atlanta team

The youthful Atlanta team has been a surprise this year: making the playoffs with many players under the age of 25. Their success has come from their resiliency, Atlanta has an erratic offence, inconsistent bullpen and inconsistent games, but they always seem to be able to bounceback. That's

not a formula for playoff success, though.

Chicago Cubs

The 2016 champions will look to reclaim the World Series this year, but they need a break, they will have one day off between August 20 and the end of September. Their play has faltered because of it. They're a talented team but may have issues due to the lack of rest.

Colorado Rockies

Colorado is in place to win their first divisional title in their history – but how they'll do during playoffs is up in the air. They currently have a run differential of -5 and give up the tenth-most runs in the majors. The Rockies usually win close games, however, they get trounced in blowouts. If they can keep the games close, experience is on their side.

Milwaukee Brewers

Just like the Cubs, the Brewers are using their strong play in the first half of the season to get them into the playoff hunt. They've gone from giving up the fifth fewest amount of runs in the first half to the ninth most in the second half. They need to figure out their pitching or else they'll have a short post-season, if they get there.

St. Louis Cardinals

The Cardinals are the exact opposite of the Brewers and Cubs. They had a rough first half but are making a late surge. Their offense exploded jumping from 19th in runs to 11th in that time span. They've struggled in September with seven losses and five wins. They need to rekindle their strong play in order to make the post-season.

Los Angeles Dodgers / Arizona Diamondbacks

These two teams are on the outside looking in, but due to the issues facing other teams, it would not be surprising to see them in. The strength with both teams is their starting pitching. Los Angeles has given up the second fewest runs and Arizona the fifth. The Diamondbacks have issues with their bullpen and can't seem to win close games. The Dodgers are loaded but are also having trouble winning.

Quiet confidence

Good defence isn't flashy, but Dal's back line has a lot of talent

BY JOSH YOUNG, SPORTS EDITOR

For those who aren't too familiar with soccer, they may have been surprised to find out who Dalhousie University's women's soccer team's Most Valuable Player was last season.

It wasn't rookie sensation Kate Fines or a flashy offensive player. It was fourth-year defender Taylor Goodwin. A player that's hard to recognize as an extremely talented player due to the non-flashy nature of her position.

"I think the good ones [defenders] are underappreciated," says women's soccer head coach Cindy Tye. "She lends herself to that position, she gets in there and does her job well and she doesn't mind who gets the credit or whatever, she is team-first."

But Goodwin doesn't see herself as an underappreciated player to the team and believes that everyone's role on the team is important.

"We're all important in our own way," says Goodwin.

Unlike keepers that make diving saves, or offensive midfielders and strikers that score goals, defenders are a lot less noticeable and

blend into the game. Their job isn't flashy, they rarely score points and it's not their job to make diving saves. Their job is preventing the attacking players from gaining good offensive position and scoring. The position demands a high knowledge of soccer in order to read and predict the play, to force the attacking players to less dangerous spots. It also required athleticism and to run and keep up with speedy attackers.

Goodwin possesses all of these traits; she rarely gets beat and is a steady force in the backfield. Her presence is one of the reasons Dal gave up less than one goal per game last year. Her play got the attention of the league, naming her a First-Team All-Star – the first All-Star award of her university career.

"It was a humbling experience to be honoured with that title," says Goodwin.

Tye says what makes Goodwin such a good defender is she is great at reading the play, she thinks the game one step ahead of the action and has good timing on when she decides to attack for the ball, she's also re-

markably consistent.

Goodwin wasn't always a defender. She was used to having an attacking role in soccer. She switched to defence at 14-years-old because a coach believed her knowledge of the game would be better situated defensively.

Shortly after, she met and was coached by Tye. Goodwin credits Tye with shaping her as a defender. That relationship has stayed strong. Eight years later and Goodwin calls Tye one of her, "biggest role models."

"I feel I'm very fortunate to have someone who has literally been with me since I was young and started from the bottom to now;

where I am in my last year of playing," says Goodwin.

Now in her fifth year, Goodwin has taken on a leadership role. She is one of three team captains along with Stephanie Dyck and Rachelle Lalande. Goodwin has never been a captain before, but she feels she is ready for the role.

Goodwin's goal for her final season is to lead the women's soccer team to its first AUS title since 2012. They finished in third place last year and have a majority of the players returning to this team. The AUS championship is a realistic goal. "I know we have that ability and we can do it."



PHOTO BY KARLA RENIC



Sarah & Tom

6448 Quinpool Road, Halifax

**ATLANTIC CANADA'S
PREMIERE K-POP STORE**

✧ Stationery ✧
✧ K-pop goods ✧
Plushies ✧ Gifts & More

902-431-4619

 **@sarahtomhfx**  **follow us on social media!**




The next era

With Boes gone, the men's hockey team is taking its time figuring out its new goaltending situation

BY BEATA ELLIOTT



PHOTO BY CHRIS STOODLEY

For the past four years, the Dalhousie University men's hockey team has had a steady presence in net: goaltender Corbin Boes.

Boes graduated last year, which means the net is wide-open for the upcoming season.

The netminder rose to elite status during his university hockey career, establishing himself as one of the best goalies in Canadian university men's hockey. Last year, he led the team to its first playoff appearance in seven years, starting in every regular season game and making an incredible

866 saves, which is at least 175 more saves than any other goalie in the league.

This year, the team is faced with the difficult task of replacing him.

"Anytime you have a player who's played four years for you, it's always a big loss," says Head Coach Chris Donnelly. "In Corbin's case, he rose to an exceptional status within our league, and it's very, very hard to fill that kind of a hole in the lineup."

To start the 2018-19 season, the Tigers have three first-year students in net: Connor Hicks, Kevin Resop and Reilly Pickard. The coach plans to give each one the opportunity to prove himself during the season, hoping that might help ease them into the league as well as give the coaching team the chance to see what they have in each player.

"We're not trying to create a competition amongst the three of them," Donnelly says, "we just want them to all be at their best."

Donnelly says that the Tigers have been talking to Connor Hicks since last November. The 21-year-old is coming off an excellent season with the Ottawa Junior Senators, in which he was named the Canadian Central Hockey League's (CCHL) playoff MVP, after posting a .920 save percentage in 17 playoff games en route to the CCHL championship. The team also won the Fred Page Cup as the champions of the larger Canadian Junoir Hockey League. They lost in the semi-finals in the national RBC Cup to the eventual champions, the Chilliwack Chiefs.

Heading into his first season of university hockey, he knows the leap from Junior A will be significant.

"You're going from playing with 16 to 20 year olds, to 21, to 25 year olds, so there is going to be an adjustment period, but I'm excited for the opportunity."

Kevin Resop might be a familiar name to a few hockey fans in Halifax. The American played for the Halifax Mooseheads from 2014 to 2017. This last season with the Truro Bearcats was his most successful in Junior A, as he put up a .910 save percentage across 39 regular season games, and an impressive .940 save percentage in seven playoff games.

The third option in net is a last-minute addition to the team; Reilly Pickard has spent the last four seasons in the Quebec Major Junoir Hockey League, first with Acadie-Bathurst and then with Sherbrooke. Pickard is coming off a season in which he played 46 regular season games for two different teams, in addition to another 10 games during Sherbrooke's trip to the second round of the playoffs. His save percentage was around .900.

All three goaltenders are eager for the preseason to start, but they're also welcoming the opportunity to practice against older players before the regular season begins.

"Everyone's bigger, skates faster, shoots harder, so it's good to get the training camp underway and get some of the shots from these guys under our belt," says Resop.

The men's hockey team will start their season on Wednesday, September 26th at home against Acadia.

Kicking it into high gear

Dal's football team adds former CFL kicker Justin Palardy as the special teams coach.

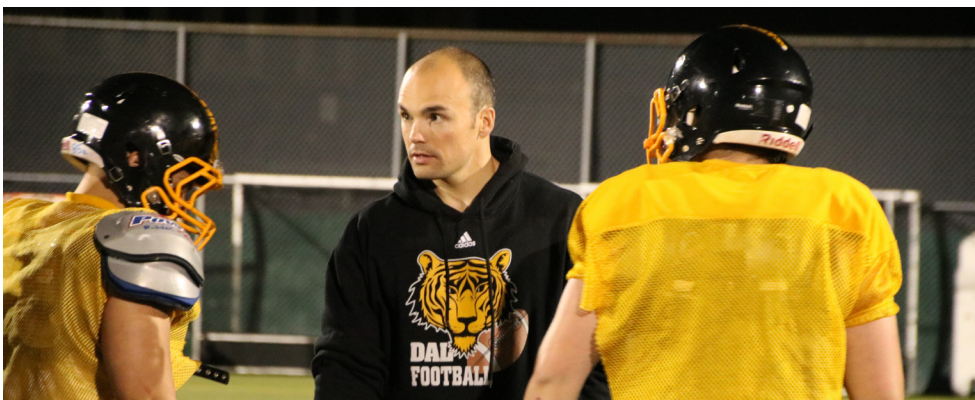


PHOTO BY ELLERY PLATTS

BY ELLERY PLATTS

Former Winnipeg Blue Bomber's kicker Justin Palardy is taking to the field once again. This time in a different role, with a different team.

Palardy has agreed to join the Dalhousie University Tigers football staff as a coach for the upcoming season. According to the *2017 CFL Guide and Record Book*, Palardy is the seventh most accurate field goal kicker in Canadian Football League history.

Palardy has a positive attitude going into

this season, saying he chose Dalhousie due to the program's culture.

"I came here after asking myself 'where am I going to have the most fun coaching and being around the game again?'"

Tigers' Head Coach Mark Haggett says not many college programs are lucky to have a kicking coach with his experience.

Dalhousie Tigers' kicker Turner Kinal has already benefitted from his first week with Palardy.

NFL anthem protest timeline

It's tough to keep up with all the news of the anthem protest. Here's a timeline **BY JOSH YOUNG, SPORTS EDITOR**

"There's a lot of things he can teach us that we couldn't learn elsewhere because of his experience," Kinal says. "My kicks are already going 10 yards deeper than they were last year."

Palardy started football in his hometown of Truro, Nova Scotia and played for Saint Mary's University Huskies. He had a successful career at SMU, winning AUS All-Star kicker three times, as well as Rookie of the Year. He also won the AUS championships for three straight years.

Palardy was drafted by the Hamilton Tiger-Cats in 2010 as a punter but was released after five games. He ended up being signed with the Blue Bombers where he was a field goal kicker for four years.

"There's a lot of things he can teach us that we couldn't learn elsewhere because of his experience."

While playing with Winnipeg in 2010, Palardy had 86.7 per cent accuracy with his field goals at the end of the season, setting a new franchise record. He tied the same record in 2012. Palardy also has experience performing in big games. He kicked three field goals and two conversions during the 99th Grey Cup championship game. Despite Palardy's performance, the Blue Bombers lost to the B.C. Lions.

Palardy hopes to use what he learned during his CFL career to strengthen the Tigers' squad, when he works with kickers and wide receivers as well.

"I had a front row seat to some of the best football players, so just observing different guys and positions brings a lot of different experience that a lot of the coaches don't have just because of the level I played at," says Palardy.

He has high hopes for the team as they work towards an Atlantic Football League Championship this year.

"It's certainly a program that with more support-sky's the limit," says Palardy

Other coaching changes

Similar to Palardy, David Kelly and Bill Haley are also making their Dal coaching debut this season with Kelly as the new defensive coordinator and Haley as the defensive assistant.

Tigers' alumni Zack Leger, Kenzie MacNeil, Casey Jones and Louis Gauvin have come into a coaching role as well—Leger as defensive assistant, MacNeil as defensive backs coach, Jones as the offensive line coach and Gauvin as the wide receiver's coach.



Colin Kaepernick hasn't played a football game in two years, but he may be the most well-known football player. His protest of kneeling during the American national anthem at the beginning of games to protest oppression of Black people and people of colour.

In an interview with NFL.com he said, "To me, this is bigger than football and it would be selfish on my part to look the other way. There are bodies in the street and people are getting paid leave and getting away with murder."

He's started a movement across football and the sports landscape. It's divided the United States, drawn the ire of President Trump, banished Kaepernick out of the league and made him the face of Nike's 'Just Do It' campaign.

With so much going on, here's a timeline to organize the events.

Aug. 14 and 20, 2016 – *The protest begins.*

Kaepernick didn't play in two preseason games for the San Francisco 49ers but was sitting down during the anthem. It didn't get a lot of attention because he wasn't playing.

Aug. 26, 2016 – *Kaepernick gets noticed.*

Kaepernick is spotted sitting during the anthem and the story went viral. The team confirmed Kaepernick sat during the anthem.

Aug. 28, 2016 – *Kaepernick speaks to media.*

Kaepernick says he believes the flag represents a country that isn't supporting its citizens the way it's supposed to, especially the Black community. He says this isn't against the military – they fight for liberty and justice for everyone and many veterans are disrespected when they come back home.

Sept. 1, 2016 – *Kaepernick is joined by teammate Eric Reed.*

This was the first time more than just Kaepernick sat down during the anthem. Jeremy Lane of the Seattle Seahawks also sat down in a separate game to support Kaepernick's protest.

Sept. 11, 2016 – *The protest on 9/11.*

On the fifteenth anniversary of 9/11, four Miami Dolphin players took a knee. Players for three other teams linked arms instead of kneeling.

Oct. 2016 – *The movement spreads.*

By this time high school football teams, cheerleaders, anthem signers and university football bands all kneel. NBA players link arms, and team USA men's hockey team Head Coach, John Tortorella says he will bench anyone who kneels during the anthem at the World Cup. No one did. Seahawks wide receiver says he received death threats for his involvement in the movement.

March 1, 2017 – *Kaepernick parts ways with San Francisco.*

Kaepernick opts out of his final year as 49ers contact, making him a free agent.

Sept. 6, 2017 – *An NFL player's experience with police brutality.*

Seahawks player Michael Bennett speaks out about his "traumatic experience" with police in Las Vegas. He said police threatened to blow his head off because he was Black. Kaepernick supports Bennett and calls the encounter "disgusting."

Sept. 7, 2017 – *No Kaepernick.*

The NFL season starts with Kaepernick un-

signed; the Seahawks had interest in him but decided not to sign him.

Sept. 22, 2017 – *Trump.*

President Trump said in a rally in Alabama that players who kneel during the anthem should be fired and fans should walk out in protest. A day later the NFL's commissioner, Roger Goodell called the comments "divisive."

Sept. 24, 2017 – *Protests ignited.*

More than 130 players sat, kneeled or raised their fist in protest after Trump's comments. Trump says his comments have nothing to do with race and it is about respecting the flag.

Oct. 8, 2017 – *Pence leaves game.*

United States Vice-President Mike Pence goes to watch the Indianapolis Colts versus 49ers game but leaves after players sit during the anthem. The whole trip cost taxpayers \$240,000.

Oct. 10, 2017 – *Commissioner responds.*

The NFL commissioner sends a letter asking players to stand for the anthem.

Oct. 16, 2017 – *Kaepernick vs. the NFL.*

Kaepernick takes legal action against NFL owners for depriving him of employment because of his protest.

May 23, 2018 – *New anthem policy.*

The NFL sets a new anthem policy allowing players who want to stand on the field and those that don't can remain in the locker rooms until it is over.

July 20, 2018 – *Changes to the policy.*

The NFL and the players union agree to halt the enforcement of rules in the new anthem policy after an article says a Miami Dolphins player who protests can be suspended up to four games. Trump had other ideas and tweeted the following day that players should be suspended.

Aug. 30, 2018 – *Going toward court.*

Kaepernick wins a preliminary hearing. The NFL argued that the case should be dismissed because there is no evidence. After a year the arbitrator has determined there is enough evidence to go to a full hearing.

Sept. 30, 2018 – *Nike*

Colin Kaepernick becomes the face of Nike's 30th anniversary 'Just Do It' ad campaign. Many people burn Nike clothes in protest. An ad is aired during the NFL's opening game.

HIGH END IN THE SOUTH END

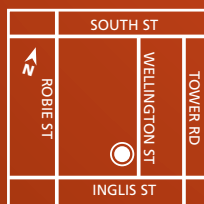


MOVE IN FALL 2019!

Gorsebrook Park offers something very unique: parkside living in the heart of the South End. With double storey townhouses, generous one, two and three bedroom suites, and penthouse units with expansive rooftop terraces, this is an opportunity you will not want to miss.

Contact us today to learn about our limited time promotions.
902.429.0089 • info@gorsebrookcondos.com

STARTING FROM
\$253,900



Gorsebrook Sales Centre
1034 Wellington Street, Halifax NS, B3H 2Z8
Hours: Thurs, Sat & Sun; 1pm - 4pm
or by appointment.

gorsebrookcondos.com

Renderings are an artist's impression. Prices and specifications subject to change without notice E. & O.E.

Gorsebrook Park
SOUTH END

 URBAN CAPITAL