DISPATCH DALHOUSIE STUDENT UNION

November is Student Wellness Month on campus

This month the Dalhousie Student Union and Dalhousie Student Health Promotion bring you a series of activities and workshops to promote student wellness. Weekly themes highlight nutrition, recreation and relaxation. You can make your own granola and tea, try a smoothie made with a bike powered blender, practice yoga and learn about meditation. Stay tuned for more information on these events throughout the month!

In the name of wellness on campus we thought we'd take the opportunity to highlight some of the DSU services and society services that promote health for members all year round.

The Wellness Room offers students an escape from the business of University life. This quiet space has all the necessary components for a good afternoon nap, Morning Prayer, meditation, yoga, or even simply relaxing with a good book. Visit room 306 in the SUB from 9am-8pm.

The DSU Mental Health Peer Support Initiative works to create a university community that stands against stigma associated with mental illness, and cultivates the wellbeing of all students. Contact: dsupeer@dal.ca

The Food Bank welcomes all members of the Dalhousie Community. Whether you need long term assistance or just a few meals to get by, please come visit us. The food bank is located in the basement of the SUB and hours are at dsu.com/foodbank

The Bike Centre offers a space to learn about your bicycle and how to ride it safely and comfortably around Halifax. The DSU is proud to partner with the University to offer this great resource for environmentally conscious and physically active members.

The DSU Health & Dental plan covers all fulltime students and the DSU International Students Health plans covers all international and international exchange students. For more information visit the DSU Health Plan office in basement of the SUB.

The Loaded Ladle is our campus food cooperative that serves three delicious, healthy, vegan meals per week in SUB cafeteria. Weekly servings are at 1pm on Tuesday, Wednesday, and Thursday!

The South House is Halifax's only full time gender justice centre. This student society offers resources on sexual health and mental health, has a resource library, offers feminist and anti-oppressive programing and provides free, wheelchair accessible meeting space for organizing and gathering.

The Dalhousie Medical Campus Response Team

is a student-run volunteer organization that is focused on providing first aid services to the university Campus. DMCRT coverage is applicable, but not limited to, sporting events, recreational activities, faculty events, orientation week, other DSU societies, and other special events. [S]

The Dalhousie Gazette

North America's Oldest Campus Newspaper, Est. 1868

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the fine print

The Gazette is the official written record of Dalhousie University since 1868. It is published weekly during the academic year by the Dalhouse Gazette Publishing Society. The Gazette is a student-run publication. Its primary purpose is to report fairly and objectively on issues of importance and interest to the students of Dalhousie University, to provide an open forum for the free expression and exchange of ideas, and to stimulate meaningful debate on issues that affect or would otherwise be of interest to the student body and/or society in general. Views expressed in the letters to the editor, the Streeter, and opinions section are solely those of the contributing writers, and do not necessarily ent the views of The Gazette or its staff. Views expressed in the Streeter feature are solely those of the person being quoted, and not The Gazette's writers or staff.

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news

news news covers Dalhousie and the greater Halifax community.

Contributors are welcome!

Email Eleanor and Sabina at news@dalgazette.com





Accessibility at Dal takes "unprecedented" hit

Nine wheelchair-accessible spots to be removed from University Avenue

Eleanor Davidson

News Editor

ary MacDonald will soon face more difficulties accessing Dalhousie's main buildings.

Amidst plans for new bike lanes running down both sides of University Avenue, there is an important detail not being publicized: these lanes will cause nine wheel-chair-accessible parking spots to be removed.

Accessible parking for important areas of campus such as the McCain Arts & Social Sciences Building, the Rowe Management Building, the Nova Scotia Public Archives and the Arts Centre, among others, will be impacted by the new plan.

The spaces will be moved onto adjacent side streets: a seemingly simple solution not too great of a distance away.

However MacDonald, a disabled student at Dal, says there are many more difficulties with this plan than apparent to most able-bodied people.

"A lot of side streets aren't prioritized for snow clearance: this adds a different layer of difficulties for people with disabilities."

With winter fast approaching, MacDonald is concerned that the lack of snow clearance would make parking on the side streets and navigating the slushy sidewalks a major concern.

"Moving something around the

corner for a person not affected by mobility issues might not seem to be a problem for them," says Mac-Donald "but especially if someone is using a wheelchair accessible van, how are they going to get the ramp down if the side streets are filled with snow and ice?"

Councillor Gloria McCluskey of Dartmouth Centre has vocalized her concern that moving the wheelchair-accessible parking spots on University Avenue will affect those with mobility issues.

"There is very little parking in that area. Other people can go and search, but wheelchair-accessible cars can't go way up the street to try and look for a spot far away."

While the emphasis upon promoting cycling is an important one, McCluskey points out that moving accessible parking spots to make way for a bike lane isn't a fair trade.

"If you're on a bike and you run into weather problems or other types of issues, you can always get off and walk or take the bus," she says. "You can't do that with wheelchairs or scooters, so instead you become confined to your home.

MacDonald, who has been a student at Dalhousie for different periods since 1993, was not consulted at all during the university's project of developing the new bike lanes.

Instead, she found out through social media about the changes that will be affecting those with accessibility difficulties at Dalhousie.

"I would have appreciated the opportunity to give my input on it, and my feedback for sure. I'm considering what avenues to address this through," she says. "I don't think it speaks well to the city's commitment to persons with disabilities to just arbitrarily remove the spots."

Unfortunately, this is not the first time that MacDonald has faced difficulties with accessible



This sign will be removed when the new lanes go up. ••• photo by Jesse Ward

parking at Dalhousie.

She reflected upon a former parking spot that she used to use, at the south end of the Henry Hicks building, being moved farther away from the building itself.

After speaking to the facilities manager at the time, MacDonald was told that the now spot was "just another 25 paces" away.

"This is the thinking: 25 paces is not significant to an able bodied person," she says. "But to a person with balance problems, who is prone to falling or tripping or what have you, 25 extra paces is quite a barrier."

MacDonald asked several city officials about the decision to move accessible parking spaces off of University Avenue. She was told that the spots would be relocated onto side streets such as Seymour, Henry and Edward.

"I asked Waye Mason (Councillor for Halifax South) about the project, and I asked a city manager what the plan was, how parking was going to be addressed. It's a lack of consideration and it's not a solution to just simply say that we're going to take these parking spots and move them onto the side streets."

Mason did not return the *Gazette*'s requests for comment.

MacDonald believes that moving such a high number of accessible parking spaces is unprecedented in Halifax.

"It's sending a clear message to people with disabilities that your needs and your ability to access buildings are secondary ... that what you have now can be taken away tomorrow."



Mary MacDonald in front of what will soon be a bike lane. ••• Photo by Jesse

Contract crisis

Half of undergrad courses in Canada are taught by limited-term academics, but they still aren't paid the same as tenured staff.

Sabina Wex

Assistant News Editor

alhousie's School of Social Work hired Shaun Bartone in January 2013 to teach two full-year courses and a half-year course.

He signed his contract in April of the same year, completed the courses' syllabi and ordered the textbooks in June. Dal didn't start paying him until the first week of August.

While moving to Halifax from Fredericton and completing his PhD in sociology at the University of New Brunswick, Bartone received an email from the interim director of the School of Social Work.

Without any explanation, she said he would be teaching one less course.

Bartone was out \$9,000. He was soon hired to stock produce at an Atlantic Superstore.

"It's hard for me to find another part-time position that looks like it belongs with the rest of my résumé," he said. "Meanwhile, stocking fruit at the Superstore at least keeps me fed and pays my rent."

His course was given to another limited-term professor at the School of Social Work, Cassandra Hanrahan, as an overage.

Hanrahan and Bartone, along with five others, were panellists at "Seeing the Invisible Academic," a talk on Oct. 28 for Fair Employment Week.

The talk was co-sponsored by the Dalhousie Faculty Association (DFA), the Canadian Association of University Teachers (CAUT), CUPE 3912 and the Association of Nova Scotia University Teachers (ANSUT).

The seven panellists discussed their opinions and experiences as being contract staff at Dal, the University of King's College and St. Mary's University. Contract staff are not tenured, meaning universities can pay them less and give them no benefits to do similar work to tenured staff.

An increase of contract staff with a decrease in pay

Former CAUT president Wayne



••• photo by Donna Balkan

Peters said that a third of academics are now contract staff. Only a fifth were contract staff 15 years ago.

The Canadian government changed the employment insurance (EI) policies in the past 15 years. Every worker in Canada has some part of their paycheque put aside for EI, but Peters said that only a third of those who need it receive benefits. Now EI also forces its participants to take any job offer, even if it pays poorly.

Dal English professor Jason Haslam is a tenured professor and attended the Oct. 29 talk. But in the five years that he wasn't tenured, he said that he was on EI every summer. Contract academics are usually paid for 10 months of the year.

Most contract staff are paid \$6,000 per course. In order to make a slight living, they must take on six to eight courses, leaving them no time to conduct research. Even if they do have time for research, universities don't usually pay for them to do it. "Equal pay for equal work is the only thing that is really fair

employment," Bartone said. The audience applauded.

"Equal pay for equal work is the only thing that is really fair employment"

No time for research

Hanrahan is in her sixth year of limited-term work in Dal's School of Social Work. In her first contract, she negotiated for time to produce research. Over the years, she has built up enough of a research platform to receive \$150,000 for a three-year research grant from an external organization. However, her contract expires in June 2015.

The organization that gave her the grant said it is common for those receiving the research grants to be limited-term staff. If Hanrahan does get fired before the grant ends, the university must take responsibility for her research.

"I came in trusting that things wouldn't last as long as they have," she said. "In fact, they haven't only lasted, but they've gotten worse."

Forced to leave

Panelist Matthew Furlong cofounded the King's Teachers' Association for teaching fellows. The contracts for teaching fellows run for 12 months, with a possibility of being renewed twice. He said he usually didn't know if his contract was renewed until the day before the contract term started.

Though Furlong taught at King's from 2010 to 2013, he stopped after that. He is now the communications officer for ANSUT.

" I don't have the energy to move between schools or cities or provinces teaching class-by-class just to suffer psychologically and financially and to force sub-par teaching on students," he said.

Did it happen overnight?

Panelists and the audience began to speak more about the core of the issues fuelling this increase of contract staff. Karen Foster, Canadian Research Chair for Sustainable Futures in Atlantic, attributed it to a demographic boom that was then followed by a trough and a shrinking tax base.

Foster added that tenured professors don't have the same interests as contract staff, and often don't think about them.

"Equal pay for equal work is a moral principle that people can get behind," the Dal sociology tenure-track professor said. "If you don't get behind that, then what the hell is wrong with you?"

"The business model is taking over everything"

Peters advocated for a return to social unionism to fight against the "WalMart managerial style" of the university.

Last year, Hanrahan said Dal raised \$288 million from fundraising, yet operating budgets keep getting slashed.

Furlong agreed that to change the conditions for contract academics, those within the university must fuel these changes, rather than waiting for the government to do it.

He said that he accidently perpetrated this "production"-like mindset when he told his students at King's not to call him "professor" because that's not how the university sees him, and they need to understand this structure.

He would tell his students: "The reason that I'm putting this out to you is because if you want to know your future, look at me. It might not be in this situation, but it might be in a call centre or a factory."

"But I'm actually helping the process along because precisely the psychology this regime demands is fear and anxiety and uncertainty," Furlong added.

Furlong said that we see the best example of flexible labour in the

CONTINUED ON PAGE 5

CONTINUED FROM PAGE 4

university.

"But we need to understand exactly what position this institution occupies in society and in the world," he said. The audience responded with various forms of vocalized agreements. Hanrahan said the way to attempt to leave this production model of education is to reach out to everyone, not just those directly affected by the poor working conditions of contract academics. She argued that the poor treatment of contract staff affects everyone - students, their parents, society at

However, she said the people closest to it - the students often don't realize that many of their professors are in this precarious situation.

If we can hold on to a more classic definition of education, as about critical thinking, analysis, interrogation. deconstruction. creativity, imagination and all these things, then we can make arguments for larger compliments [continue hiring the same amount of staff]," Hanrahan

"But if it's market-driven, it commodifies that we can reduce the teaching practices and processes more easily."

CONTRIBUTOR MEETINGS WILL RESUME IN JANUARY. WE WOULD LIKE TO GIVE A SPECIAL THANKS TO ALL OF **OUR CONTRIBUTORS THIS** PAST SEMESTER.

Student Ratings of Instruction added to BBL

Students can now see professors' ratings online

Quinelle Boudreau

News Contributor



••• photo by Alexander Maxwell

Dalhousie recently added Student Ratings of Instruction (SRI) to Blackboard Learn. These ratings are used to evaluate the teaching effectiveness of faculty. Evaluations take a variety of different forms including questionnaires, surveys and written comments. These evaluations are important when assessing the quality of education that is provided by a university.

Brad Wuetherick, Dalhousie's Executive Director, Learning and Teaching, has been heavily involved in transitioning SRI onto an online platform.

When the SRI initially moved online, and review was done of the transition.

"It was recommended that we create easier portal to access the evaluations," says Wuetherick. This would also provide faculty with a way to share the results from these evaluations. Previously, links to the evaluations were sent through email.

The results of these evaluations are recorded and used by Human Resources when professors are

applying for promotions, tenure, and teaching awards.

These ratings are part of a larger system that is designed to improve the learning and teaching at Dalhousie. Faculties use the feedback that is provided by students to help develop courses and programs.

"These student voice that comes from these evaluations is very important," says Wuetherick.

Many professors are hesitant to share these evaluations as they are used as part of an ongoing evaluation of themselves.

However, as results become easily sharable and viewable and more students use them and talk about them, Wuetherick expects more professors to make them viewable to the university. This is a trend that has been seen in other universities across Canada.

These ratings, when available to students, can be very helpful when choosing which classes to take, especially when the same class is taught by different professors.

Wuetherick stresses that it is

important to remember that the results from these SRI are much more reliable than those found on external sites, which typically have responses from students who were very happy or very angry with their professors. These SRI provide a much more accurate representation of the overall feeling of students in the class.

As this system of collecting SRI is relatively new, many students have not yet completed a rating on Blackboard Learn.

Evaluations for winter term of last year were done through Blackboard Learn, with a very high response rate of almost 50 percent. Wuetherick expects this number will continue to increase.

The next set of evaluations will open on November 18. Wuetherick notes that it is very important that students participate in the

"When I was a student, I always wondered if anyone bothered to read them," he said. "These responses are used, and they are important to the faculty here". (9)

Crossing the country on the Road to Employment

Pair from Victoria fight to remove stigma from youth unemployment

Michael Lee

News Contributor

Two graduates from the University of Victoria are driving across Canada looking for solutions to the youth unemployment crisis.

Clinton Nellist and Denis Luchyshyn are the founders of Road to Employment. The project aims to help youth who are having trouble finding work.

By gathering advice through meetings with young people, employers, educators and career developers, the pair are learning how students and graduates can make themselves more marketable to employers and how to better transition into the workforce.

"It's a crazy world and you can't really see where you're going to be," says Nellist.

"Many youth who enter their degree right now are entering in year one. Four years down the line the world's going to look completely different."

The plan is to film their stories and create a documentary.

Nellist and Luchyshyn met five years ago at the University of Victoria in their first year of school.

Nellist graduated in June of 2013 with a Bachelor of Arts degree and a specialization in political science and history. Luchyshyn graduated in December of the same year with a Bachelor of Commerce and a specialization in entrepreneurship and service management.

After being unemployed for five months, Nellist found a job in sales selling cell phones at a local mall. Luchyshyn worked for an online marketing network called Neverblue.

Neither was happy with their job, and they both saw many of their friends in similar situations.

Once Nellist and Luchyshyn decided to make the film, they launched a fundraising campaign through Kickstarter, an independent website that helps people gather funds and support for their projects.

After successfully raising \$5,000, the two quit their jobs and took a car across the country.

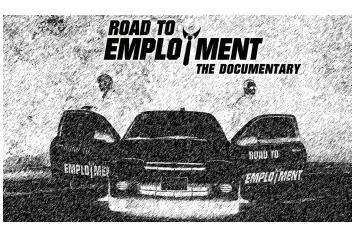
Back home, Luchyshyn says many of his friends are choosing jobs unrelated to their degrees. One is working as a server for his father's restaurant while another is working in retail. Both have bachelor's degrees.

Luchyshyn says after spending so much time and money on a university education, young people tend to choose the first job they can find. "Lots of people feel if they don't have an answer to what they want to do and how to achieve it, they're the black sheep – they're the only one."

He says there is a lot of pressure on youth today to make a quick decision.

"How are you supposed to make up your mind on something that's so significant? You're going to commit four years of your life if you're going to university ... on something that you might not even be fully decided on, or you have no understanding of."

Luchyshyn says people in this position view it as their fault. They believe they do not have enough experience or they do not possess the right skills to fit in with another organization.





••• photo supplied

Nellist wants to tell young people not to be anxious or scared about this. "Youth need to be okay with not knowing exactly where they're going to be. That's an okay feeling."

He implores young people to start building a network through face-to-face conversations.

Nellist learned through experience that you can't find work sitting behind a computer "sheltered from the world, not looking to face rejection." He says you must go into the community, ask questions and build meaningful relationships.

The pair left Victoria on Canada Day and have visited many major Canadian cities, as well as smaller towns.

They say their biggest problem was putting housing as their lowest priority. More nights than they would like, Luchyshyn and Nellist did not have a place to stay.

They used Couchsurfing, a networking site that allows travellers to stay at other people's homes, as their primary means of accommodation. "Sure it was tough changing houses, sometimes four times in a given week, but you meet great people," says Nellist.

While crossing the entire country, the pair only spent seven nights total in their car.

But their fondest memories of the trip are of engaging with local communities and meeting new people every week.

Halifax marked the last stop of their tour.

After four months on the road, Nellist and Luchyshyn capped off their cross-country campaign with Aga Khan Foundation Canada's seminar held at Dalhousie on Oct. 22.

Entitled Youth (Un)Employment: Global Problems Meet Local Solutions, the seminar brought students and experts together to discuss how economic opportunities can be created for youth.

This is the first seminar the pair attended.

Nellist says they were invited after meeting with Greater Halifax Partnership, a networking program helping local and international graduates connect with business leaders in Halifax.

The seminar took an international approach, something Nellist says they didn't "really look at too much."

He believes in the power of local, community work but welcomes solutions from around the world.

Youth unemployment is not unique to Canada and Luchyshyn says there needs to be more communication to fight this global crisis.

"It's an issue everyone's facing ... and we can work together to solve this," he says.

The two will take their footage to Montreal. The plan is to find a space and spend the next four to six months producing their film.

Come spring, Nellist and Luchyshyn will embark on another tour – this time from east to west – to showcase their final product.

For more information, go to roadtoemployment.ca.

King's deconstructs its budget deficit

Faculty concerned by financial strategy report

Elizabeth Whitten

News Contributor

The University of King's College's financial troubles have become well known in the last month. It's not just been a few years of trouble, but part of a long-term problem King's is grappling with.

A task force was assembled to tackle the issue of how to balance King's budget. The Long-Term Financial Strategy Task Force Report was released Oct. 9. The report details the need to increase enrolment, lower the costs of operations, get renewed government funding, find new sources of income, and look at the Dalhousie Agreement.

However, these are just recommendations that came out of the report. The Board of Governors haven't endorsed or implemented any options yet.

One of the biggest issues identified in the report was enrolment. King's had expected 1,195 new students for this year, but at the moment there are only 1,090 registered. It's an 8.8 per cent drop. Between 2011 and 2014, the provincial government cut their support by to King's by 10 per cent. There were also unforeseen problems that King's had to be pay outof-pocket, like flood damage.

All Nova Scotian universities are dealing with a similar set of problems: a shrinking pool of high school students to recruit, the province's sad economic state, and a cap on how much universities can increase tuition.

The reputation of the Arts Faculty has also taken a beating in recent years, making students unwilling to commit to arts degrees.

Under the expenses of King's, the salary and benefits of academic and administrative staff combined make up 51 per cent of costs.

As well, the increase in salaries went up faster that the revenue climbed, but this is not unique to King's. The report recommends a temporary voluntary salary freeze to academic and administrative

Stephen Kimber has taught at the King's School of Journalism since 1983. He says the report was too focused on a voluntary salary freeze as an option.

Kimber says the report doesn't clarify exactly what a "voluntary" freeze would mean. Additionally, staff are paid on a scale. A professor who is near the top will be fine with a freeze for one year, but those who have less seniority and are paid less will be the ones who suffer.

The report also suggests a "Faculty Renewal" where professors over the age of 65 would be eased out and replaced with cheaper positions. While it would cost the university to get these people to retire, in the long run they estimate they would save money. This is a trend that many universities have employed. It typically means replacing aging faculty by hiring part-time professors who are paid little and have no job security.

Dr. Wayne Hankey is chair of Dalhousie's Classics department and has been a professor for over forty years. Hankey, who is credited with establishing King's Foundation Year Programme, says the report lost sight of the purpose of a university. "We no longer have universities that



••• Elizabeth Whitten / Dalhousie Gazette

service education, certainly not a university that serves students," says Hankey. "We have self-protecting corporations who are squeezing money out of everyone for the sake of their self-reserva-

When considering the problems King's is facing, its relationship with Dal has to been examined. The history and future of King's is entwined with its larger neighbour, dating back to 1922.

Due to the Dalhousie Agreement, King's needs Dal's permission to create new programs. The Task Force says King's may see reluctance on Dal's part to allow this growth because it could bring King's into competition with

The report also proposes that

King's shift administrative duties to Dalhousie in order to save money and staff's time for other responsibilities.

The executive summary states the objective is to keep King's an independent institution, but in the future it may not resemble the King's people know. It may come to be called independent only in

The report emphasizes the importance of recruitment.

The report states "Every faculty member, student and staff member at King's must see themselves as responsible for recruitment and retention of students. Everyone must also see themselves as responsible for revenue generation."

Kimber says there are other

possibilities he doesn't think the university has considered seriously.

"By focusing on the salary freeze to the exclusion of other possibilities, it's creating a more serious problem in the long run," says Kimber.

King's has already cut two tutor positions from its Foundation Year Programme, as well as a residence don position.



TWEET US @dalgazette @dalgazettesport

Staff feel overwhelmed by email

Professional organizer teaches tips and tricks to manage digital deluge

Sabina Wex

Assistant News Editor

lly Howard, Dalhousie's MBA Acorporate residency manager, receives 75 emails between 4:30 p.m. and 8:30 p.m. every day that's without accounting for junk mail and spam. On an average day, she receives over 200 emails.

"It consumes me," she says. Professional organizer Jane Veldhoven hosted a workshop on Oct. 28 for Dal staff who feel overwhelmed by email.

Of the 14 participants, the majority were administrative staff. The participants worked in the school of medicine, research services and the libraries, amongst others.

This year, Dal introduced Microsoft's Office365 Outlook as the email platform for students and staff. The university offered an Outlook tutorial for staff so they could learn how to use it. Many participants at the Oct. 28 workshop were unaware this tutorial had occurred.

Participants shared averages of how many emails they received and sent. On average, each received 41 emails and sent 50 emails per day. But, like Howard, many participants said they received and sent many more emails than that.

Throughout the workshop, Veldhoven said she aimed to show the participants how they can take control of their email. Her THE AVERAGE DALHOUSIE ADMINISTRATOR... ...RECIEVES OVER 41 EMAILS A DAY But many claim to recieve closer to 200--not including spam or junk mail! ...SENDS OVER 50 EMAILS A DAY

••• photo supplied

first suggestion was not to check email when getting to the office. Two hours after waking up is the most productive working time.

"Who has the time to think clearly when we're under the assault of a tsunami of other people's needs?" said Veldhoven. That's what it feels like when you turn on your computer first thing in the morning at the office and you find 50 or 100 emails."

But some participants said they must check their email immediately because they organize presentations for 9 a.m. or need to know if staff aren't coming into work.

Veldhoven said it takes an average of an hour and a half to process 50 emails. This includes answering, filing and doing the tasks detailed in the emails.

"Who has the time to think clearly when we're under the assault of a tsunami of other people's needs?"

She said participants shouldn't be checking their email more than three times a day in order to maximize efficiency. Every time there's an interruption, it takes four minutes until one can get focused again.

Veldhoven said even after one sends the email, she can continue thinking about it. Veldhoven cited how bad she feels when she sends an email with a mistake or thinks her tone was rude.

Mary Louise Matheson from the Registrar's Office said she thinks women are more worried about how tone will come across in email, whereas men tell it in a straightforward fashion.

All the participants at the workshop were women. Veldhoven said that 90 per cent of her clients are women.

"They [men] can singularly get their mind into something, and never mind all the interruptions

around them," she said. "So that must say something ... that we're [women] so easily distracted by physical clutter and technology

The conversation led to email filing systems. Veldhoven suggested that fewer folders is better. Eighty per cent of the time, people refer to 20 per cent of the things they file. She got the participants to make five to seven broad-category folders.

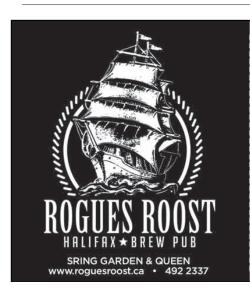
Howard, who had over 40 folders for her emails, managed to make seven main folder categories. She split them into things like "Students" and "Employers."

Veldhoven said making yearly folders is an easy way to manage them. Participants chimed in to say that breaking up folders by semesters would be an organized approach to their filing systems.

"If foldering doesn't serve you, it doesn't make you feel more in control, and you very rarely look back at stuff if you need to keep it, don't bother," said Veldhoven. She added that filing takes up 10 per cent of the work day.

By the end of the day, Veldhoven said that one should aim for zero unread messages - and that one can see all these messages without having to scroll or click to page two.

"That is your instinct: to try and beat it [email] back," Veldhoven said. "But the difficulty with that is of course technology will always be faster than you are." (2)



"COME FOR THE FOOD, STAY FOR THE AWARD WINNING BEERS" **HAPPY HOUR 4PM - 7PM DAILY**

opinions

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Turn personal outrage into positive change

Why gossip about Ghomeshi when you can focus on the big picture instead?

Sarah EstrinOpinions Contributor

Jian Ghomeshi. It's hard to escape that name lately, isn't it?

Don't worry; I'm not going to offer you my opinion about the scandal. I'm more interested in the lessons we can learn from the unrelenting debate surrounding it.

Ever since the story about the once-beloved $\mathcal Q$ host broke, discussions about what side to take, what is permissible and what isn't, victim blaming, male privilege and more have raged across the internet.

While we can take sides and blame whomever we feel it is appropriate to blame, we can all still be found wanting. We all shoulder the blame of continually perpetuating concepts of male privilege, victim blaming and so much more. The problem is, we are so concerned with arguing in favour of our 'side' when issues like Ghomeshi-gate flare up—like this is some sort of perverse sporting event—that we neglect to look at our own behaviour.

It is important to remember that we do not know all of the facts, and chances are, we never will. These situations typically leave us in an absolutely awful position to be making arguments about who is 'right' — what we can do though is make sure that we act rightly.

Say your good friend accused another friend of sexual assault. You may not know all of the facts, and chances are you never will. You also will probably never be able to fully and completely empathize with either individual – even though you may have been in a similar situation before, every situation is unique. Therefore, it becomes extremely important to not place blame, name call, or point accusing fingers at anyone.

"Innocent until proven guilty" is a crucial pillar of our justice system, but it is important to keep in mind that this is a commitment to fairness and neutrality, and it doesn't mean "treat the other side as lying until proven otherwise". You need to make sure you act sensitively, and thoughtfully, and that you do not perpetuate any of the ugly victim blaming tendencies that exist in our society. You may be powerless to determine "what actually happened" but you have absolute control over your own behaviour.

Beyond making sure we behave fairly in situations where we lack complete information, acting rightly requires that we take an active stand when we come across behaviours and attitudes that are unambiguously wrong.

Consider last year's SMU frosh chant scandal. The chant had been used for years, and not a single man spoke up and said, "Hey, this is inappropriate". Of all the women who heard it, one did attempt to expose it as sexist - but her lone voice was ignored by a disinterested student union administration. Perhaps more people did complain about the chant in private conversations, but until it exploded as an international scandal, not enough took a stand where it mattered the most, in the public view.

It's easy to criticise SMU students and officials for failing to address that horrible chant for so long, but we need to look at our own actions. Are we really doing everything we can to call out inappropriate behaviour where we find it?

One thing we can do is to act when we notice ourselves or other people engaging in behaviour that places the blame on victims. We need to stop saying things like "she was asking for it." Recently I read a comment on a friends Facebook page underneath that new viral video from Hollaback – the one in which a young woman walks around NYC in a crew neck shirt and jeans for ten hours and videotaped the verbal assaults



The energy we spend talking about this guy could be better spent elsewhere. ••• photo via Wikipedia commons

from men as she walked. The post read something to the effect of, "why is she wearing such a low cut crew neck? If she didn't want attention she shouldn't be wearing that shirt."

This sort of attitude crosses the gender spectrum, and it needs to stop. A woman should be allowed to be comfortable in whatever she wants to wear. Her clothing choice doesn't somehow validate otherwise inappropriate behaviour. Men need to stop abusing such sexist societal assumptions. Women need to stop blaming

other women.

When we walk into a new "room" – a particular and unique new situation – we need to consider every corner, every angle, every aspect of that room before we speak. While we should be able to speak freely, we should be mindful not to abuse that right by propagating the double standards of society.

We need to stand up. All of us. Together. Men and women. We need to consider the fact that rape does occur more often then we wish to recognize, especially

here on campus. It happens to people we know, people who are our close friends. Positive change begins with us — how we think, and how we talk to one another.

Rather than obsessing over whether one particular allegation of sexual assault is true or not – something most of us are not at all qualified to determine – let's focus on the specific actions that we as individuals can take to make it easier for all victims to come forward with their stories in the future.

Hero worship and the celebration of violence

The dangers of simplifying complex moral issues.

Dijay Savory **Opinions Contributor**

e're all aware of the terrible shooting that took place in Ottawa a few weeks ago. I'm not going to offer much of a comment on the crime itself — if you want to read about it, you have plenty of other options. Instead, I'd like to take some time to reflect on the way that we react to such tragedies. Watching social media these past few weeks is yet another reminder of our tendency to reduce complicated issues to simplistic tales of triumphant heroes and "positive" violence.

It's not that we're incapable of more nuanced approaches sometimes our pop-culture fantasies give us more realistic picture of the complexity of violent situations than our news reports do. In Ender's Game (SPOILERS AHEAD, maybe) after the protagonist's story reaches a climax, he is mentally traumatized by his understanding of his actions. It turns out that murdering living beings causes mental stress.

We can recognize that violence might traumatize a sci-fi com-

mander fighting giant space bugs. Why is it then that when Sergeant So-and-so takes down an armed criminal, we forget this truth and trip over ourselves rushing to applaud them-to flood them with thanks and admiration and retell their story ad nauseam?

Yes, such individuals save us from potential personal trauma. Anyone related to anyone in the armed criminal's untaken path certainly has reason for relief. But do we believe that all of these saviours appreciate the endless praise for what they know were simply convergences of training and timing with awful situations that required lethal force?

This is the kind of mixed signal that causes cognitive dissonance (pardon my buzzword). They have to live with knowing they took an human being's life. It may have helped some of us-may have helped everyone, in fact - but that doesn't mean that they want to hear incessant reminders of how thankful we all are that they just took a life. Hopefully you can see how that could confuse a person's morals.

A lot of the blame for our reac-

tion comes from the simplistic narratives that the media feeds us. The first definition Google offers when you search the word terrorist is "a person who uses terror in the pursuit of political aims." By these criteria, a number of media "talking heads" are terrorists. We've all seen the famous American talk show/news hosts who say the most outlandish things they can legally get away with. These are the same people that screamed about seeing Obama's birth certificate. We've accepted that our moral opinions are guided by the world around us - that ship has long since sailed - but we don't have to believe everything we hear. It's the job of these hosts to get attention, not be right, and they're making a killing from our fears.

If you follow the narrative perpetuated by such programs and websites, terrorists can't possibly be normal human beings; they're fanatical, one-dimensional monsters who thrive on murder. Pay no regard to the fact that the Ottawa shooter was psychologically unwell — that's just a liberal distraction designed to promote partisanship and diminish our brave heroes!

When we rely entirely on the media to inform our ethics, we compromise our capacity for nuanced understanding of conflicts. While relatively few respectable news agencies intentionally perpetuate such simplifications, we now live in an era when clickbait titles and 140-character news updates have become the accepted source of information for a large portion of the population. People have never been so unwilling to consider complicated ideas, and it has never been easier to spread simplistic fear mongering at the click of a 'like' button.

The more we welcome fatal retribution — the more we consume stories of heroic violence and fetishize them en masse over social media - the closer we come to dystopian futures envisioned in fiction like The Running Man, in which criminals are viciously held up as examples and perverse entertainment for the masses. There's a growing cultural momentum behind the framework of institutionalized violence, and we see that in the trend of increased hysteria, news coverage, and militarization we've been facing for longer than a decade. Western millennials have grown up hearing about the Patriot Act, the Unabomber, Al Qaeda, and spooky hackers on digital steroids. This kind of media has been priming us to distrust outsiders, fostering an in/ out-group ideal that is entirely against all logical forms of peace.

It doesn't help you, me, or the guy down the road to obsess over the idea that the shooting was caused by extremism halfway across the world. You're not doing a public service by sharing a hundred articles supporting such speculation before the facts are known, or liking a link to a 'news' video that re-enacts and glamourises the killing of the suspect in excruciating detail. All such behaviour does is deceptively simplify an issue that far too many know far too little about already, fanning the flames of hate and fear in a disgusting manner that helps nobody.

Get out of my way

A sternly worded letter to Dalhousie's sidewalk socialites..

Shannon Slade

Opinions Contributor

alhousie has a lot of foot traffic; the sidewalks are always busy and filled with people. This should be fine as long as people have good sidewalk etiquette, and to be fair, most people do.

This is directed to the people who don't.

I know we're in the middle of terrorist attacks, Ebola outbreaks, and beloved cultural icons morphing into monsters before our eyes. This complaint may seem to be making a big deal out of nothing. I don't care. I'm annoyed as hell and I'm not going to take it anymore.

The sidewalk is for people to walk down. If you have to stop and there are other people nearby, move to the side. Don't take up the whole sidewalk with a friend, standing there like a couple of cud-chewing cows mooing on about how someone was TOTALLY being rude to you ear-

(I can't imagine you possibly deserved it).

If you ignore this advice, and I then walk by and say "excuse me". do not look offended and sigh. Just get the fuck out of the way and gain some self-awareness.

Also, if the reason you and your accomplice are taking up the sidewalk is because you're flirting, please, for the sake of humanity, don't hook up. If you end up breeding, there is a good chance that your child will be a horrific combination of the both of you and will probably become the kind of inconsiderate, unintelligent monstrosity that ends up getting an "accidental" boot to the

head when he decides it would be fun to crawl underneath my table at Swiss Chalet.

I'm going to extend this advice to the groups of people who break another crucial sidewalk rule: failing to move into a single file line when passing someone.

No one wants to walk around you. Break your pack mentality for a moment and show some consideration. I used to be passive and end up on the grassy, muddy, shoulder of the sidewalk when people wouldn't make room for me. Not anymore, I've matured into a stubborn asshole who refuses to leave the sidewalk. I will walk through your group, no matter how tight your formation.

Have you ever played Red Rover?

You don't want to call me over. To those guilty of the sins above,



there is still time to change your ways. If you don't ... well, you can catch a glimpse of your future at any local shopping centre. Ever notice all those chatty middleaged tools who clog up the aisles at WalMart, honking at each other like a flock of geese?

They're not hard to spot - they usually lock their overloaded, jumbo-sized carts into an impenetrable steel barricade that makes the Berlin Wall look like a toddler gate, blocking all possible routes to that pack of paper towels you popped in for.

You spend agonizing minutes 'browsing' the selection of dryer sheets nearby, hoping against hope that one of them might spontaneously evolve past the Neanderthal stage and realize

that they should probably go subdue the shrieking, display demolishing satanic hellspawn they call children.

You hate those people, right?

That is your future if you don't change your ways. I know I've been a bit salty in

this article - maybe even a bit judgmental - but I was raised right by my mother, who taught me the importance of sidewalk etiquette. I stand by what I've said.

That is not entirely true. I will make one apology.

I wholeheartedly apologize to all of the animals I compared to these vapid, sidewalk-hogging monsters. Cows, geese, packs of feral dogs - you all deserve better.

From the Archives

Dalhousie at War

John Hillman **Opinions Editor**

Remembrance Day is almost upon us. This year marks the centennial anniversary of the start of the First World War.

This week, we've compiled a selection of archival material that highlights a small slice of the Gazette's coverage of Dalhousie's role in the First and Second World Wars, from the exuberant, bombastic attitudes that marked the start of the "Great War" in 1914, to the weary determination to avoid the mistakes of the past when the world again descended into violence in 1939.



"Dalhousie Will Do Her Duty: Most Enthusiastic Meeting in the History of the University Takes Preliminary Steps for the Formation of Officers' Training Corps" -Volume 47, Issue 2 - October 22, 1914

Dalhousie University has taken preliminary steps towards the formation of an Officers' Training Corps.

At a largely attended and representative meeting in the law library on Friday afternoon last the project was most successfully launched, and everything now points to the establishment at our university of a corps second to none in military efficiency. The meeting was characterized by a magnificent spirit of enthusiasm, in fact the members of the faculty and students present were wrought up to an almost inconceivable pitch of interest which augurs well for the success of the

Eloquent addresses dealing with the responsibility resting on every British subject and particularly on the students of the universities were delivered by President Mackenzie, Chairman Campbell of the board of Governors and Major Thompson. The most striking and impressive feature of the meeting was the practical demonstration of the sincerity of the students in the movement, large numbers of those present signing the membership roll for

the projected corps. Altogether the meeting was probably the greatest in the history of Dalhousie University and seemed to awaken all to a vivid realization of the fact that Dalhousie must do her share for the protection and advancement of the interest of our great Empire. And the response from those present proved conclusively that she is more than ready to do her share. The tributes paid by the various speakers to those loyal graduates of old Dalhousie who have already consecrated their lives to the service of the Empire, and have gone to the front were deservedly applauded by the large numbers in attendance.

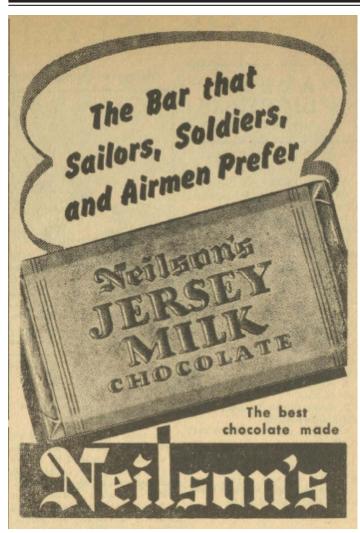
The law library was filled to the doors when Earle C. Phinney, chairman of the Students' Council, called the meeting to order shortly after four o'clock. Two members of the fair sex were among the student present and they manifested a keen interest in the proceedings of the meeting.

Mr. Phinney, in opening, outlined the proposals for the establishment of an officers' training corps. He said that Dalhousians had met to con

sider a problem that confronted every man in every part of the great British Empire. Already the Government of the Dominion of Canada had taken steps for the formation of a second contingent for foreign service on behalf of Great Britain in the great European war. Several universities of the Dominion had the honor of sending representatives to the front in the first contingent and he was sure that all were justly proud of the men who went from Dalhousie University. He was also informed that Mr. Billman, Dalhousie's Rhodes Scholar, had joined one of the companies which formed a portion of the fighting forces of the front. While all the students might not go to the front, it was their duty to do something to protect the interests of the Empire. Just what that something should be it was the purpose of this meeting to consider. It seemed to him that there were two propositions open. Men were needed for both home defence and for foreign service, and it remained for the meeting to take action in the matter.







Volume 75, Issue 12 - January 22, 1943

"Dalhousie and the Peace Celebration"

- Volume 50, Issue13 - Nov. 27, 1918

In celebration of the signature of the armistice, staid old Halifax threw aside every shred of her traditional reserve and for forty-eight hours, with few intervals, went completely and joyously insane. Horns blew, bells rang, firecrackers popped and every street was gay with myriad flags and streamers. There were many pleasant little jags, and friendly fights, but the enormous crowds were orderly, and the police were not kept very busy. The two parades on Tuesday were unique in the history of Nova Scotia.

Dalhousie played her part in the celebration. On the historic Monday morning, dozens of students of both sexes joined in the impromptu procession that made Barrington Street resemble New Orleans at the height of Mardi Gras carnival-time. They made quite as much noise as anyone else, which is a very great compliment, and engaged in a fight with a rival cortege which was reminiscent of the days when Dalhousie students were frequently placed on the Crime Book record in the police

In the official procession on Tuesday night, a place was reserved for Dalhousie in the line of march, rather too near the rear to suit many of the marchers.

"Quo Vadis (An Editorial)" - Volume 72, Issue 6 - Nov 10, 1939

It borders on the ironical to celebrate tomorrow as Armistice Day. What a tragic farce it has been over the past two decades to pause once a year and rejoice that never again would we degrade our civilization with an international conflict and at the same time pile up the instruments of human destruction at a rate unknown before in history. Now that this course has reached its logical conclusion we may dispense with that ceremony and celebrate tomorrow in remembrance of those who gave their lives in the mistaken hope that their sacrifice would make a catastrophe like the present one impossible.

These men died in vain. The war they fought did not end all wars. They did not make the world safe for Democracy as they fondly dreamed. Saddest of all, they did not free the world from the rule of force, the belief that gave them

strength and hope to endure the appalling suffering and boredom of four ghastly years.

It is to these idealists, to the brave and the sincere, that we will pay tribute tomorrow.

 (\dots)

There will be the same brave sacrifices made in the present war as in the last. There will be the same shocking waste of the finest men on both sides. If we are to prove ourselves wiser than the last generation we will not create conditions which in due time will bring on a reoccurrence of misery and horror.

University students have a special task to pay if the era of reconstruction that will follow this holacaust is to be a successful one rather than a repetition of the disastrous mistakes at the end of the first Great War.

Our first task will be to maintain as dispassionate an attitude as possible to the turmoil which surrounds us. As war hysteria mounts it will become more and more difficult to examine things in a sane and objective manner. It was precisely the failure to adopt this attitude that made possible the Carthaginian peace which followed the cessation of hostilities twenty-one years ago. This will be no easy accomplishment, as the institutions we have developed over the last two decades have been made with the express purpose of catering to the mass rather than the individual mind. The dissemination of war propaganda and atrocity stories which forment the frenzy and hatred, making possible a treaty like Versailles, is infinitely easier today than ever before. An honourable settlement will be possible only if reason is allowed to dominate emotion.

 (\dots)



"Dal, King's Play at War"

- Volume 72, Issue 4 - October 27, 1939

Last week's activity of the C.O.T.C culminated Saturday evening when the northeastern corner of Studley campus became a veritable "No Man's Land." Witnessed by hundreds of citizens, who watched the "battle" from Coburg Road, the members of the unit exhibited their skill in arms for more than three hours. The "battle" exhibited all the phases of an actual encounter; the creation of barbed wire barricades; front line trench warfare; advance guards and scouting parties, etc. Commenting on the "battle" Major P.E. Cattley, Commanding Officer of the Unit said, "On the whole, I am pleased with the showing of the members, who, in spite of their short training, conducted the work in a commendable

Captain Cameron, distinguished himself by being taken prisoner by an advance party before the battle began.

The activity of the unit this week includes a general parade Monday evening and a general lecture Wednesday evening on "Map Reading" and "Martial Discipline". Various sections of the platoons will conduct target practise on the miniature range Tuesday and Friday evenings. Sunday, Nos. 1, 2, 3, 4, and 5 Platoons will journey to the Bedford range.

"Walter Melville Billman"

- Volume 49, Issue 1— November 15, 1916

Walter Melville Billman was one of Dalhousie's most brilliant scholars. He entered in 1909 as the winner for that year of the Mackenzie Bursary, and graduated four years later with High Honors in Classics, taking the Governor-General's Gold Medal. To crown this record he was appointed Rhodes Scholar for 1913, and was at Oxford when he enlisted. He joined the 1st Middlesex Regiment as a Lieutenant. A cable was received on November 5th to the effect that he had been dangerously wounded and was in hospital in France. The following day brought the news of his death. His brother, Ralph, has the distinction of winning the coveted Military Cross.



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at the C.O.T.C Office in the Dal Gym, or Phone at one of the numbers listed on the C.O.T.C. Bulletin Board in the Gym.

Remember that the quota for 1950-51 is limited, so apply early.



What do you see?

by Michael Freudenthal and Jesse Ward



Hands held up to the sky.

Leandré Govindsamy 1st-year Arts



The handle of a sword.

Sam Churney 3rd-year Informatics



Maybe a bug.

Thomas Sangster
1st-year Kinesiology



A panda.

Brielle Mbamalu 1st-year Arts



Hands making a triangle.

Erin Parker 4th-year Psychology



To me, it looks like a spider.

DawgfatherPhD in Dawgonomics



Old Heart by Amber Solberg



arts&culture

arts&culture arts covers cultural happenings in Halifax. Email Mat at arts@dalgazette.com



Hal-Con strikes back Every Word Counts

No overcrowded disorder this time

Anfernee Duncombe Staff Contributor

or those of you who aren't aware, Hal-Con is Halifax's answer to Comic-Con: it's a threeday showcase and celebration of many different aspects of geek pop culture.

In 2010, the convention dedicates a weekend to panels and booths featuring people and items from popular television shows, video games and comic books.

Last year, Hal-Con had a serious overcrowding issue that resulted in an early shut down. Hundreds of fans were turned

Joni Crocker, director of communications and marketing for Hal-Con, says Hal-Con in previous years, sold "non-specific day passes.

This means ticketholders could choose which day to attend. This was never a problem until last year - too many people decided to

attend on Saturday, which led to overcrowding.

Measures have been put in place to avoid a repeat.

"We've made Friday, Saturday and Sunday-specific day passes, which will eliminate the issue we had last year with everyone showing up for the same day," says Crocker.

Hal-Con is also trying to shorten line wait times. Additionally, they're rearranging their space in the convention centre to ease hallway congestion.

Guests this year include Mark Sheppard, who plays Crowley on the the show Supernatural, and comic book cover artist Kalman Andrasofszky. And don't you dare miss the epic light saber battle in the Grand Parade!

Hal-Con will take place the weekend of Nov. 7. Be sure to purchase your tickets while you can.



Many had to wait in line for refunds last year at Hal-Con. ••• Photo by Matt Refghi

National Novel Writing Month is upon us

Paola Tolentino Staff Contributor

November is most often known as "The month before Christmas" or "Time to prepare for finals," but if you're into writing, it is something else entirely - a season of both fear and anticipation.

NaNoWriMo, or NaNo for short, stands for National Novel Writing Month. This is the challenge: Write 50,000 words in 30 days. That's about 1,700 words per day, which is more than the average Gazette article or most first-year writing assignments. It can be about anything you want. A classic fantasy novel about elves beating up dragons while on a quest to the mountain of doom? Sure. A fan-fiction cross-over of the Walking Dead and Star Trek? If that's your thing. A whole book of haikus? Why not. The only restriction is the massive word count, and the prize is the satisfaction and boasting rights.

Not that you can't do anything with it after it's finished. Several novels written during NaNo have gone on to be published, even become bestsellers like "Water for Elephants" by Sara Gruen or "The Night Circus" by Erin Morgenstern. Over the years, this challenge has become more and more popular, with writer communities from as far as Vancouver to Johannesburg taking part.

Diana, the unofficial ML (Municipal Liaison) for the HRM this year, helps organise events that bring NaNo participants from all over the HRM to write together and support each other.

"The number and variety of people who do [NaNo] is shocking, Diana says of the ever-growing writing community, which ranges from teenagers to retired Dal professors to published authors.

The great thing about the diversity of the participants is that it usually results in diverse stories, something Diana is eager for.



Round up your closest writing compatriots for sessions of not speaking to one another. ••• Paola Tolentino / Dalhousie Gazette

"[I'd like to see more stories about] girls kicking ass without guys. It's something that's not really represented in media, or when it is it's very little."

Her main piece of advice? "Just write. Don't worry about what you're putting down. December is for editing, November is for getting the story out."

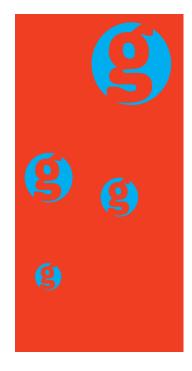
With that in mind, here are some good places to help you through the 50 000 words:

- The NaNoWriMo forums (nanowrimo.org/forums, place for support and sharing
- clevergirlhelps.tumblr.com (One of the best places for research and writing advice)
- maxkirin.tumblr.com (Encouragement and tips for writers)
- Writeworld.org (Writing advice and prompts)
- •donjon.bin.sh (A really cool map generator, perfect for fantasy

· Springhole.net, Seventhsanc-

tun.com, generatorland.com (Plot generators)

fantasynamegenerators.com (Awesome name generator- not just fantasy names!)



An Alternate Take on History

Museum, meet Steampunk

Anfernee Duncombe

Staff Contributor

Right in time for Halloween and Hal-Con, the Nova Scotia Museum of Natural History and the Jules Verne Society for the Phantastical have set up a temporary exhibit that showcases Steampunk subculture.

Steampunk is, essentially, "What would have happened if we had never stopped using steam power technology", which leads to a lot of intricate designs involving gears and 20th Century aesthetics. It's about redesigning and repurposing, so that you end up with great costumes such as an early-industrial Green Lantern costume, or a wheelchair made with real 18th Century wheels.

The exhibition also features detailed explanations on Steampunk genres, literature, games and props. Most of the items have been handmade, and were curated and set up for display by the Jules Verne Society after being approached by the museum.

The exhibit is a part of the museum's aim to appeal to a wider audience, as well as to col-

laborate with new partners.

"In the end, the museum doesn't really belong to us. It belongs to the people," says Jeff Gray, curator at the Nova Scotia Museum of Natural History. He's very pleased about the partners for this exhibit.

"It was great working with [The Jules Verne Society]...They knew a lot about the museum and they curated everything themselves.

Most of the reviews have been overwhelmingly positive, especially from the steampunk community, although some people are initially confused. Gray, however, likes the idea that the museum has the chance to educate people about this contemporary subculture, rather than something which happened long ago. It makes the museum more interactive and diverse. An exhibit like this is also not something completely unprecedented, as the museum also features a small Batman exhibit and an exhibit on the film "Creature from the Black Lagoon".

The exhibit is running until January, when it will be replaced by a dinosaur exhibit.





A mechanical bird (above) and a steam-powered wheelchair (below) at the museum ••• Paola Tolentino / Dalhousie Gazette





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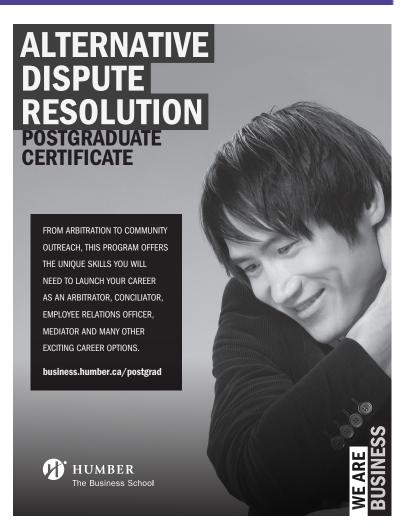


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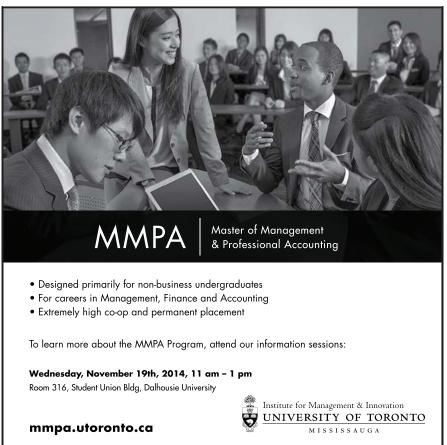
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sports sports covers athletics events and topics relevant to Dalhousie. Email Graeme at sports@dalgazette.com



Memorial upsets UNB to win their first women's soccer title

Graeme Benjamin

Sports Editor



UNB's Paige Vincent battles for the ball at midfield in the AVS women's soccer championship ••• Alexander Maxwell / Dalhousie Gazette

he Memorial Seahawks, who started their season with a 2-3 record, stunned the UNB Varsity Reds at Wickwire Nov. 2 in the finals of the AUS women's soccer championships, winning 3-1 in a rain-filled affair.

The V-Reds jumped out to an early lead off a corner kick from Lucy Parkin that found the head of Hayley Gates in the 26th minute. The Seahawks came right back with a goal of their own 10 minutes later, though, from Hannah Rivkin.

As the skies opened up in the second half, so did the V-Reds defense. Jesse Noseworthy scored two goals within five minutes to give Memorial a commanding 3-1 lead with just over 20 minutes to play. The Seahawks ran down the clock to give themselves their first ever AUS women's soccer title.

After the game, Noseworthy

was elated to beat the top team in the league.

"We knew they would underestimate us because they've beat us twice before this season," she said. "We were confident because we played them so early in the season and we've improved so much since then that we wanted to play them in the finals."

The Canadian Interuniversity Sport (CIS) eighth-ranked V-Reds entered the tournament as the favourite, winning 10 of their 13 regular season games and only losing one match throughout. The Seahawks came alive midway through the season, going undefeated through their final eight matches to finish second in the league at 9-3-1.

Memorial's first two matches of the season were against the V-Reds. They lost both games by scores of 1-0 and 2-1. Seahawks'

head coach Walt Mavin said remaining composed would be their key to success.

"We came into the game feeling confident," he said. "We were as confident that we were going to beat them as they were that they were going to beat us."

Both teams had close semifinal matches. UNB edged Acadia 2-1, while Memorial's match against Cape Breton was decided by penalty kicks. Noseworthy said the momentum gained in their Capers match transition into finals.

"Once we got our game down, we started passing it around and feeling confident. Then things started working for us," she said. The Seahawks don't have a lot of time to celebrate as they advance to the CIS championships in Laval from Nov. 6-9. Mavin said he believes his team has the abil-



••• Jennifer Gosnell / Dalhousie Gazette



••• Jennifer Gosnell / Dalhousie Gazette

ity to find success at the national level, too.

"We're going to get some good rest over the next couple days, but we're going into the CIS and get in there and compete. And I think



Ben's Ten: NovemHair **Nominations**

Movember is here. It's time for some follicular follies!

Two years ago I chronicled the must-see moustaches in the sports world. Last year I basked in beard glory. This year's portmanteau: NovemHair.

The eternal battle of fashion versus function makes for some interesting images in the sports world. From 'fro to flow, athletes have a unique relationship with their hair.

Now that I've finished combing through the annals of hairstory, here are 10 hall of fame heads that'll knock your toupee off.

8. University of New Mexico women's soccer-

Kids are taught not to pull hair, for that is rude. Someone in Albuquerque didn't get the memo.





Honourable mention: Lebron James- The gradual headband adjustment and enlargement isn't fooling anyone. Hey, Michael Jordan embraced his baldness, cough cough...



9. Al lafrate- His slapshot was so hard that the residual force singed the hair off the top of his head, leaving only a stunning skullet. How else do you explain it?

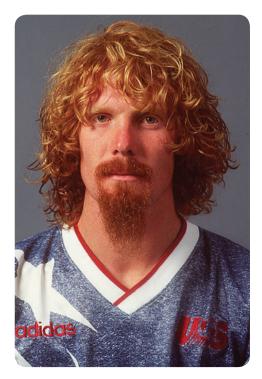




10. Super Bowl III-Namath's shaggy 'do was a signature part of Broadway Joe, but let's not forget straightedged Johnny Unitas. That's a haircut you can set your watch to!



7. Magnificent mullets- Two great hockey mullets, two vastly different approaches. Jaromir Jagr went full Whitesnake whereas Barry Melrose appears to have bathed in pomade.



6. Alexi Lalas- Another fekachtah soccer reference? Credit where credit is due to Mike Commodore's long-lost twin brother.



4. Troy Polamalu- This magnificent mane means that commentators and fans don't even need to remember the safety's jersey number. It's 43 by the way, so simmer down Joel.



5. Anderson Varejao- Chia Pets appear to have expanded into the Brazilian market. Gostei muito, chapa.



3. Oscar Gamble- It looks like he's wearing one of the mini helmets they serve ice cream in! Anyway, all hail the Almighty Afro.



2. Brian Bosworth- No words are required. Just sit back in your chair and admire all that is the Boz.

Visit ca.movember.com to donate and support men's health fundraising.



1. The 2004 Boston Red Sox- Before 2013's beard bonanza, the band of self-titled "Idiots" covered the entire hairstyle catalogue. Literal highlights include Kevin Millar's frosted tips, Manny's dreads, Bronson Arroyo's cornrows, Pedro's jheri curl and the fan-favourite fuzzball known as Johnny Damon.

Men's hockey split weekend matchups Tigers beat Moncton, lose to UNB in fourth weekend of play

Jake Tallon Sports Contributor

The Dalhousie Tigers men's hockey team went .500 in their weekend games, beating the Moncton Aigles Bleus 4-2 on Oct. 31, but getting shutout 6-0 Nov. 1 to the UNB Varsity Reds.

The Tigers came into Friday night's game with a 1-5 record after beating St. Thomas 6-4 in Fredericton for their first victory of the season.

Alex Cote opened the scoring in the first period with assists from

Matt English and Pierre Vandall. Moncton answered right back, however, scoring the equalizer only nine seconds later.

Special teams became the difference maker in Dal's victory as the team tallied twice on eight chances, including Colton Parsons' goal in the second period and JP Harvey's insurance goal late in the third.

The Tigers also held off all six of Moncton's power play opportunities thanks in part to excellent goaltending by Corbin Boes who

stopped all but two of the 28 shots he faced in the contest.

Moncton's Jean-François Plante scored shorthanded in the final minute of the game, but by then it was well out of reach, resulting in Dal receiving their second win of the season.

It was a different story Saturday night, however, as the CIS thirdranked UNB Varsity Reds routed the Tigers for a 6-0 shutout win. UNB's goalie Chris Carrozzi stopped all 21 shots he faced on the night, while the Varsity Red's

offence peppered Dal throughout the game with 44 shots on goal. UNB used the power play to score three of their six goals and added a short-handed tally by Rob

Mignardi in the first period.

The Tigers were on their heels for most of the game, playing much of the first forty minutes in their own end, attempting to stave off UNB's unvielding offensive pressure.

Dal managed to tighten up defensively in the third, keeping the Varsity Reds off the score sheet for the contest's final 20 minutes. Tigers' netminder Wendell Vve stopped all 18 shots he faced in the period, but the team's offense was unable to rally against UNB's relentless start to the game.

The Tigers leave the weekend sitting next to last in the league at 2-6.

Dal is back in action Nov. 5 at the Halifax Forum against their rivals down the road, the St. Mary's Huskies. They then travel to Antigonish Nov. 7 to take on the 3-5 St. FX X-Men.

Dalhousie women's soccer eliminated in first of round AUS championships

Axewomen edge Tigers 1-0, advance to semifinal agains UNB

Graeme Benjamin Sports Editor

he Acadia Axewomen outlasted the Tigers in the first round of the Atlantic University Sport (AUS) championships at Wickwire Field, winning 1-0 and eliminating Dalhousie in front of a packed Tigers home crowd.

Entering the match, the Tigers and the Axewomen faced each other on two different occasions in the regular season with both games resulting in ties. Acadia entered as the fourth-ranked team, while Dal was the fifth.

The contest was evenly matched throughout, with both teams putting on a defensive clinic. Nearly all offensive chances from both sides were promptly turned aside by each team's defensive units. The game remained scoreless at halftime with the match's only shots on goal coming from Acadia.

The game began opening up in the second, however, with Dal's Victoria Parkinson having a great opportunity to start the half. The match continued to be a back and forth battle until an outstanding individual effort by Acadia's Kinsella Noseworthy-Smith in the 60th minute resulted in the Axewomen taking a 1-0 lead.

Despite late chances from Dal's Michelle Yates and Kristy McGregor-Bales, the Tigers still were unable to get things going offensively, resulting in their elimination from the tournament.

This was the first time the

Tigers have hosted the AUS championships in 15 years and the first time Dal's women's soccer team has been eliminated in the quarterfinals of the playoffs since 2006 when they lost to the St. FX X-Women 2-1 in penalty kicks.

After the game, Acadia head coach Amit Batra complimented his team's ability to work cohesively defensively through 90 minutes of play.

"We were doing a lot of things right," he said. "We needed to be more decisive of taking the few opportunities that would come in the game because we knew they weren't going to come that often."

Noseworthy-Smith was humble after the match, complimenting how the team's combined effort was the reason for the win.

"Every time after I score it's always a blur," she said. "But it was all for the team and it was a complete team effort."

Acadia lost 2-1 to the Varsity Reds in their semifinal match the next day.

Dulce et Decorum est

Garrett Smith Contributor Civil '16

Autumn has always felt to me like a time for reflection. I often find myself thinking back on the decisions that led me to where I am today. However, as we approach Remembrance Day my thoughts turn to Canada's past and how the country got to where it is today. Specifically, I think of the men and women who have stood up to defend our homeland. Remembrance is both personal and universal. As such, I often reflect upon my own family's history of military service, the role of engineers in war and the ways in which Canada has shaped (and been shaped by) conflicts.

Growing up, Remembrance Day was always very important in the Smith household. It was from an early age that I learned the importance of respect and solemnity for the I Ith of November. I was told that my father had been named after my great-grandfather who had died in World War II. As a child I didn't have a good appreciation for what this meant, but as time went on I picked up more and more pieces of the story. For a few generations, the Smiths had been farmers and lighthouse keepers in rural Prince Edward Island, and my great-grandfather was in line to continue this tradition. By the fall of 1939 he had started a family with a wife, a son, and a daughter on the way. It was then, however, that the King called out for help, and like so many young Canadians, my great-grandfather

answered. He signed on with the North Nova Scotia Highlanders and served in Europe for the entire duration of the war. During the final months of the war he was still with the North Novas, taking part in the liberation of Holland. He led a group of his men to take a hill, and upon cresting it, was struck by a mortar bomb. Most of your families likely have a similar story. Remembrance is personal and unique to each of us and it is important to acknowledge this. Too often do people get lost in the statistics and analytics of remembrance.

In personalising remembrance, I am often reminded of the connection between engineering and warfare. In short, all modern engineering is rooted in war. The term "engineer" has existed for hundreds of years, but only since the Napoleonic era has it taken its current meaning. Napoleon realized that to be successful in war you must be mobile. To accomplish this, he trained men in mathematics so that they could effectively build bridges and roads, or blast and tunnel through the earth. These men were called ingénieurs in French, ultimately from the Latin roots ingeniare ("to contrive, devise") and ingenium ("cleverness"). When these men left the military, they continued practicing their craft but with the title of ingénieur civile (literally translated as "civilian engineer"). This is the root of the term civil engineer, and from it, many other forms of engineering grew. Over the past 150 years the terms "soldier" and "engineer" have grown further apart but they are still very much related. Should I ever, god

forbid, need to defend my country, it would likely be in my capacity as an engineer. Engineers continue to play a crucial role in times of war and I cannot envision this changing any time soon.

In the lead up to Remembrance Day, these are the thoughts I have been having. I encourage you all to reflect on Remembrance Day in your own way. There are ceremonies being held across Halifax and I hope you will be able to attend one that speaks to you the most. Personally I would suggest making your way to the south side of citadel hill for the artillery ceremony. We all remember in different ways but I think that ultimately many of us arrive at the same conclusion; respect is due to the sacrifice of our soldiers, both past and present. Whether or not the conflicts they serve in are right

and just is irrelevant. War is never right and there is no justice in it. In a better world we wouldn't need soldiers but unfortunately we do for now. So don't buy in to that old lie that dulce et decorum est. Instead, look to the past in respect of those we have lost, and work toward a future where we won't need to lose any more.





Editorial cartoon by Bruce MacKinnon (The Chronicle Herald)



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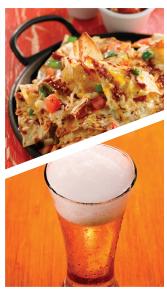


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