

The Dalhousie Gazette

North America's Oldest Campus Newspaper, est. 1868

**CKDU tunes
into the past**

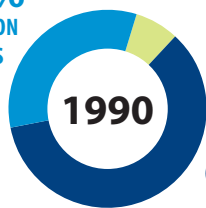
Photo by Jennifer Gosnell

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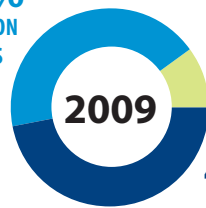
ISJ DALHOUSIE STUDENT UNION

33%
TUITION
FEES



60%
PUBLIC
FUNDING

47%
TUITION
FEES



43%
PUBLIC
FUNDING

Students in Nova Scotia carry an increasing financial burden while public funding for post-secondary education diminishes. GRAPHIC: DSU STAFF

DSU council condemns the Memorandum of Understanding (MOU) negotiating process and calls for tuition fee reductions

Public policy should be debated and discussed publicly

The provincial government is currently in the process of negotiating a multi-year funding agreement with universities in Nova Scotia. The Memorandum of Understanding (MOU) between the government and the presidents of the universities in the province sets out tuition fee regulations and puts in place a multi-year funding package for post-secondary education.

The current MOU negotiating process pushes students even further away from the table than previous negotiations. The new process involves 'stakeholder consultations' facilitated by a third party, instead of students participating directly in negotiating meetings. Past MOU negotiations included students at the table as non-signatory members, without veto rights.

There is no clear process of how consultations will inform the MOU which leaves students without any assurance that our feedback is being considered. This process further isolates students from fee negotiations, undermines our voices and negates the stake we have in our own education.

Shutting students out of the MOU negotiation and handing us a token consultation process sends a clear message that our elected representatives are unwilling to hear our demands for lower tuition fees and the end of differential fees for international students.

Stakeholder consultations conclude in December while MOU negotiations are scheduled to continue for the university presidents and the government in the new year. **ISJ**

Nov. 21, 2014 - Jan. 8, 2015

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the fine print

The Gazette is the official written record of Dalhousie University since 1868. It is published weekly during the academic year by the Dalhousie Gazette Publishing Society. The Gazette is a student-run publication. Its primary purpose is to report fairly and objectively on issues of importance and interest to the students of Dalhousie University, to provide an open forum for the free expression and exchange of ideas, and to stimulate meaningful debate on issues that affect or would otherwise be of interest to the student body and/or society in general. Views expressed in the letters to the editor, the Streeker, and opinions section are solely those of the contributing writers, and do not necessarily represent the views of The Gazette or its staff. Views expressed in the Streeker feature are solely those of the person being quoted, and not The Gazette's writers or staff.

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Dal class holds STI clinic

Women-only clinic tests for chlamydia and gonorrhea

Sabina Wex

Assistant News Editor

Nine students from Dalhousie's Introduction to Disease Prevention class held a free chlamydia and gonorrhea screening clinic on Wednesday.

A 2012 wellness survey revealed 46 per cent of Dal students didn't use a condom during their last sexual encounter. That same year, a syphilis epidemic also began in Halifax.

The clinic is exclusively for women. The tests will be done by the patient through insertion of a vaginal swab.

"You do it yourself and we don't ask any questions," said Tara Moore, one of the students running the clinic.

Men provide urine samples for chlamydia and gonorrhea screenings because it's uncomfortable to insert a swab up the urethra. The students running the clinic and their professor, Lesley Barnes, decided that urine tests would be too messy and unsanitary for non-professionals to handle.

Properly-used male condoms

provide 98 per cent protection; female condoms, 95 per cent. But oral sex is usually performed without a condom or dental dam.

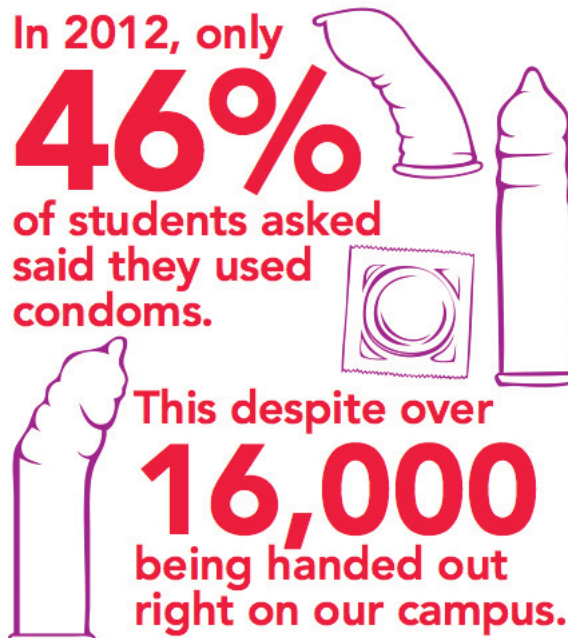
Jessie MacKay, one of the students running the clinic, said next year she'll suggest the clinic provide esophageal or pharyngeal swabs to account for chlamydia or gonorrhea localized from oral sex. Men could also participate in that swab.

Capital Health provided the 200 swabs for the clinic. They will also be processing the results.

If a student tests positive for chlamydia or gonorrhea, Dr. Glenn Andrea, head of Dal's sexual health clinic, will call the student by Friday afternoon.

The students running the clinic will not see the results. They said if a student doesn't receive a call by the afternoon of Friday, Nov. 21, the tests were negative.

If a student does have a positive test, she should get treatment. After the treatment, she should get tested again to ensure that the infection has been removed from her system.



(Data from a 2012 Dalhousie Student Wellness survey)

The screening clinic is part of an assessment worth 50 per cent of the students' marks in the dis-

ease prevention class. There were other options to write papers or present on diseases.

"The community clinic was the only thing [assignment option] that's actually practice," MacKay said. "[There are] certain complex issues that you wouldn't have even thought when writing a paper on syphilis or STIs or contraction."

MacKay said she wants to emphasize education on sexual health. Moore also said most people only know about sexual health from high school, which mainly emphasizes pregnancy, rather than STI prevention.

"Are you comfortable having a discussion with your boyfriend and both going and having a sexual health screening?" MacKay said. "I think it is a mutual respect thing, and I think it's a mutual conversation, and openness and a willingness to discuss something that could be embarrassing, and that could potentially not go the way you think because certain people are asymptomatic." ☹

DEDICATION



Gerald Keddy. • • • Photo supplied

The editorial board of the Gazette is pleased to announce this issue is dedicated to Gerald Keddy, the Conservative Member of Parliament for the Nova Scotian district of South Shore-St. Margaret's.

On the morning of Monday, Nov. 17, our @dalgazette Twitter account rested comfortably at 3,995 followers. We proposed a contest to our audience: issue 147-12 would be dedicated to follower 4000 if this number was reached within an hour. Our announcement was retweeted many times. Several people unfollowed and refollowed us, and many new followers showed up in the race to be number 4000 – but it was Mr. Keddy, @geraldkeddy, who hit the jackpot when only ten minutes remained. Keddy has the following message for our readers:

"I'd like to start by thanking all 3999 of the Twitter users who paved the way for me to become the 4000th follower of the Dal Gazette. You never know what may happen when you click on something and I certainly would never have predicted that I was going to be number 4000.

To everyone at the Gazette, congratulations on your 146th year of publication and commitment to your university. Although I am a proud Acadia grad, I want to recognize that Dalhousie is an excellent university and your credentials are accepted around the world.

Again; good luck! Bonne chance! Remember you can go anywhere in the world with only a Swiss Army knife and knowledge. Both should be respected and used carefully."

Honourable mentions go to Kaitlyn Forbes (@kforbes11), J.M. Harvie (@jennaharvie), Ben Snair (@snairedbyben), potichthewitch (@potticus), Dylan Hebb (@Dylanhebb), Tyson (@tyy123) and Krista Elliott (@elliottkrista).

Thank you to Isaac Greenberg (@justindythangs), Jason Haslam (@JazzlamHazzlam), Risley Hall (@DalRisleyHall), the Dalhousie Undergraduate Political Science Society (@DalPoli), Erica Eades (@eeades) and Jacob Boon (@RWJBoon) for helping promote the contest with your retweets.

Fire in Risley Hall

Damage from small kitchen fire being fixed over winter break

William Coney
Staff Contributor

A small fire occurred in the Risley Hall Residence on LeMarchant Street on Oct. 27 just before 4:30 p.m. The blaze was almost immediately identified and put out.

"Incidents like this have more damage from the flooding as a result of the sprinklers than from the fire," said Mateo Yorke, the Risley Hall facilities manager.

The fire occurred in a kitchenette on the second floor of the building. The cause is thought to be from a microwave put atop an electric stove, which had an element turned on.

A student discovered the smoke and pulled the alarm, evacuating the building for the next four hours. Both Dalhousie security and the Halifax Fire Department responded quickly to the call.

The sprinklers went off for about 10 minutes, and only in the kitchenette where the incident occurred. With the sprinklers outputting 500 gallons a

minute, water spread to the halls to the south of the residence floor, rising half an inch in places. It entered a few of the students' rooms. Water also leaked through the floor to the first floor of the building, causing damage to the front and administrative desks. By 8:30 p.m., the building was determined safe to return to.

Subsequent work on the space has been largely preventative, removing drywall from the base two feet of the walls and running humidifiers to ensure no mold growth as a result of the flooding.

Six students were moved from their rooms into other residences, but have all returned by now.

The residence is planning to undergo more permanent repairs during winter break, when students are away. The choice to delay full repairs was made to allow students to study at the end of the semester undisturbed.

A fire also occurred last year in Risley Hall.

"Considering the fact that [the fire] took place in a full residence building during the mid-terms,



The results of flooding from fire sprinklers in Risley. • • • Photo by Christian McCuaig

it's gone as well as it could be expected," Yorke said. "It could have been a lot worse." ☹

Discussing the future of food in Halifax

Rebecca Hussmann
News Contributor

For the first time, a national assembly on food took place in Atlantic Canada.

Food leaders from across Canada met in Halifax last week for the Waves of Change: Sustainable Food for All National Assembly.

From farmers and fishers to policy makers, activists and entrepreneurs, leaders from all across Canada brought their expertise to the up-and-coming leaders of the country's food movement.

"We wanted to bring in mentors ... to come and share their experiences with us. To not only learn from us, but for them to learn from us too," said Sarah Archibald, an organizer of Food Security Canada Youth Caucus.

Participants at the three-day event attended seminars on topics based around food justice.

"Everybody [who came] to the

event is a leader in a way, and has a voice and a really important perspective," said Archibald, a program manager with the Meal Exchange hunger charity.

The Food Secure Canada Youth Caucus was held at Dalhousie's Student Union Building on the final day of the events. Assembly participants were joined by people aged 30 and under with an interest in food security.

Everyone involved at the free event participated in discussions while eating a healthy meal that was provided. The turnout was higher than organizers expected, with more seats needing to be brought to the meeting room.

"We wanted to make one space open to all," said Archibald. "Everyone has a stake in food, and I think it's so important to hear all voices."

The Youth Caucus saw ten young leaders facilitating ten con-

versations with experienced and emerging leaders in the field.

The conversations were based around the issues the youth caucus is dedicated to: achieving zero hunger, creating and managing sustainable food systems, and healthy and safe food being accessible to all.

Another goal of the youth caucus is to ensure that young people are given a voice in key decisions surrounding food.

"We ensure youth representation in Food Secure Canada's decision-making processes and throughout its networks," said Brynne Sinclair-Waters, an organizer of the caucus.

The youth caucus is committed to continuous outreach, and Sinclair-Waters notes that they "recognize the strength of engaging youth from a diversity of backgrounds and experiences."

"We hold regular conference calls and will be charting out our



Let them eat justice! • • • Photo by Rebecca Hussmann

future projects in the coming months, so it is an exciting time to join," she added.

The assembly was organized by Food Secure Canada and FoodARC, who worked in collaboration with the Nova Scotia Food

Security Network and the Atlantic Canada Organic Regional Network (ACORN). ☹

Vandana Shiva on the politics of food safety

The celebrity activist and eco-feminist speaks at Dalhousie

Natasha MacDonald-Dupuis
Staff Contributor

You could have heard a pin drop.

From the moment she took the stage, Vandana Shiva had the audience in the palm of her hand. The Indian-born environmentalist kept the crowd enthralled for about an hour, before receiving a rock star-worthy standing ovation.

In the last decade, Shiva has emerged as an international icon in the movement criticizing both the biotech industry and industrial agriculture. More recently, she's been touring North American campuses and collecting honorary degrees along the way.

She was invited to speak at the Atlantic Canadian Organic Regional Network Conference in Halifax this week, and agreed to deliver a special lecture at Dalhousie by the same token.

Last Wednesday, Shiva disputed the claims that genetically modified seeds are safe and can help solve world hunger. According to Shiva, who holds a PhD in philosophy, these claims are carefully fabricated lies propagated by an all-controlling oligarchy of biotech corporations and their political allies.

She particularly vilified Monsanto, an American biotech giant, whose activities are allegedly causing an "international disease epidemic".

"Monsanto is making products designed to kill. They originated as a company that made chemicals for war; their only expertise is killing," she said.

Shiva described GMOs as a system of corporate control over seeds, and says the seed monopoly created by the industry is causing an "epidemic of farmer suicides" in her native India.

In the last decades, the biotech industry has spent billions of dollars engineering and patenting genetically modified seeds in an attempt to develop high yielding pest-resistant crops, as well as pesticides and herbicides to which the unique seeds are resistant.

Shiva said Monsanto and other biotech companies have been cat-

alysts for conflicts around the globe, including the ones in Syria and Ukraine.

"In neither of these war hotspots is the food story told," she said. In 2013, one of the conditions for Ukraine to join the EU and access a \$17 billion loan from the International Monetary Fund was to lift their ban on GMOs.

"The conflict in Ukraine became an issue of the West vs. Russia, but really it was about people vs. global corporations," she said.

Shiva said the negative health and environmental impacts of GMO crops have been proven by peer-reviewed scientific studies, some of which she's conducted herself.

"Industrial agriculture would collapse without fossil fuels. In 2008, when the oil prices went up, the fertilizer prices went up, and large quantities of fertilizer were held back," she said.

The debate on GMO foods has polarized scientists around the globe. Dr. Kevin Folta, a professor and chairman of the Horticultural Sciences Department at the University of Florida, is an outspoken opponent to Shiva's anti-GMO crusade.

"They originated as a company that made chemicals for war; their only expertise is killing."

"When these seeds were developed in the '80s and '90s they were exhaustively tested, and the FDA approved these. There hasn't been one single case of illness or deaths related to these foods ... that's 17 years of human consumption," he said in an interview with the *Gazette*.

He denied that scientists are being bought by Monsanto, a claim that Vandana Shiva has often made.

"No one tells me what to research, and no one tells me what to publish. If I found something that showed that this stuff



Shiva spoke at Dalhousie's Ondaatje Auditorium. • • • Photo supplied by Roger Brush

was dangerous, I would publish it tomorrow. That would be the biggest story I could publish in my lifetime," he said.

In her lecture, Shiva said glyphosate, a herbicide used by industrial farmers to kill weeds, is poisoning our diets and causing myriad of diseases, including autism.

Folta firmly argued that Shiva is basing her argument on a highly-criticized and suspect literature review.

"The researcher is not a biologist, but a computer scientist, and she used the magic of correlations to scare people. She shows the rate of autism in the USA, and goes, here's the rate of glyphosate use, and draws conclusions," he said.

Folta also disputed Shiva's claims that GMO crops, especially Bt cotton (a genetically modified variety of cotton that produces an insecticide) are harming the environment.

"The Bt gene only affects one kind of pest. When you have a targeted built-in resistance, you now don't have to fly a plane over the

field to spray it pesticide that kills everything. If anything they've shown since the bt has been implemented, you have more diversity in the field, and fewer chemicals introduced to the environment," he said.

He says Bt resistance, an issue Shiva raised last Wednesday, could easily be prevented in India if farmers planted refuge areas.

"When farmers are given transgenic seeds, you're supposed to do 90% of the field in transgenic seed, and another 10% conventional. It genetically dilutes out resistance," he said.

Folta also said Shiva's claims surrounding the spike in farmer suicides have been debunked by scientific studies, and that the high regulatory climate has made it too expensive for smaller companies to enter the market, which in turn helps maintain the seed monopolies.

Folta said he will be touring universities himself, many of whom have already invited Shiva to come speak.

"I'm following her in her heels," he said.

In an interview with the *Gazette*, Shiva dismissed Folta's rebuttals.

"Those studies are based either on Monsanto data or half truth. Indian farmers wouldn't be ending their lives if they had better income," she said.

She said the argument that resistance could be prevented by refuges is immoral.

"Indian farmers have tiny plots of land. They shouldn't carry the burden of slowing down resistance, when really it's about an irresponsible deployment of technology," she said.

She also referred to her detractors as "lobbyists for Monsanto," and called Folta's arguments about Bt cotton "silly".

"I'm an ecologist, I have looked at what Bt cotton has done to the soil and 22% of the beneficial organism were gone from the soil after 4 yrs of planting," she said.

"The United Nations appointed me to frame the international law on biosafety. They wouldn't have appointed me if I didn't have some sort of expertise." ☺

Fighting for the right to assisted death

Princeton professor Peter Singer talks ethics at Dal

Bronwen McKie
News Contributor

On Nov. 14, philosopher Peter Singer argued for the legalization of assisted dying.

Singer spoke at Dalhousie's Schulich School of Law for the inaugural lecture of the Sir Graham Day Ethics, Morality and Law Lectures series.

Despite bad weather, at least 200 people attended the public lecture. The main auditorium was full and many people stood or sat on the floor.

"It's particularly significant to be here, I think, in Canada, talking about this topic at a time when the whole nation is making important decisions in this area," said Singer.

"This is a bigger part of a broader ethical shift in our thinking about life and death. Canada is really the next country at the crux of this issue."

The Supreme Court of Canada decided previously that existing laws against assisted suicide are not in violation of the rights laid out by the Charter of Rights and Freedoms.

However, in 2012's *Carter v. Canada* case, the B.C. Supreme Court ruled that the laws were unconstitutional and permitted Gloria Taylor, through constitutional exception, to have

the option of physician-assisted death.

On Oct. 15 2014, the Supreme Court of Canada heard the case, but has not yet made a decision.

Quebec has recently passed right-to-die legislation. The federal government can challenge it, and have insisted they have no intention of changing existing laws.

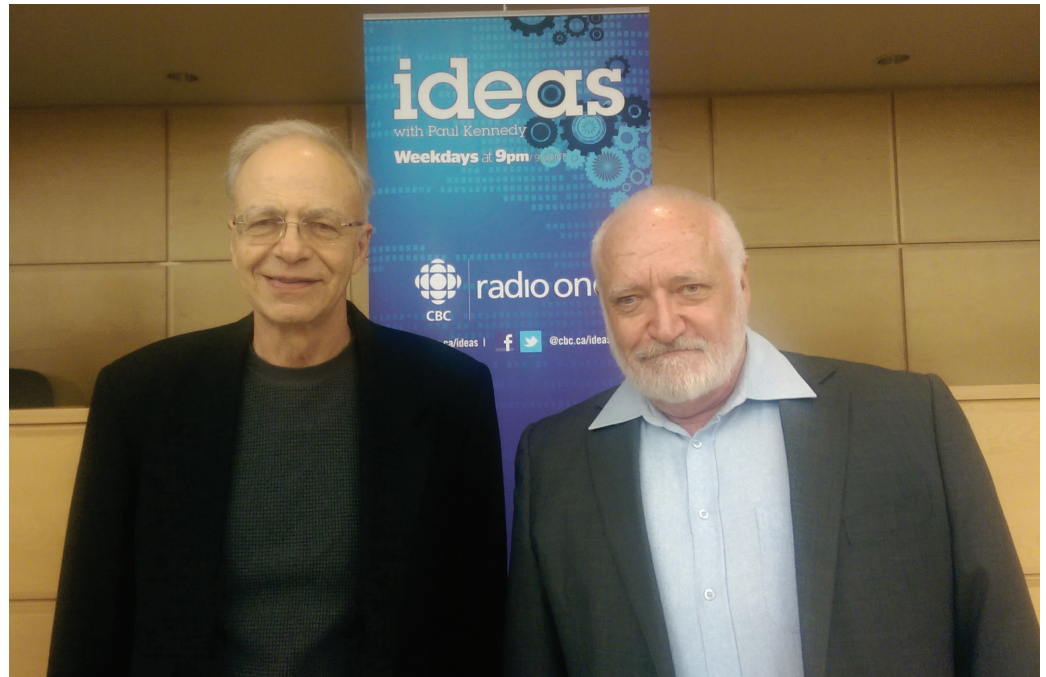
In his lecture, Singer spoke about the influence of Christian morality and the sanctity of human life on modern law.

Technology, he said, has enabled people to live when they would have died historically, and changed the way society defines life and death.

"That began a movement from questions about the sanctity of life to questions about the quality of life. And the question is if there is a minimal quality that somebody has to have for their lives to be worth preserving."

Singer said that individuals determine what their minimal standards of quality of life are, and when these are not met, the individual should have the freedom to choose to live or die.

Personal autonomy and choice were key points. Singer argued that the government should not interfere with the individual's freedom, unless it harms other people. Preventing the individual



Peter Singer (L) was recorded for CBC's Ideas with Paul Kennedy (R). • • • Photo by Adam St. Pierre


from the choice of dying is not justifiable, he said.

"I think that's a powerful principle in a liberal state. A state which sees limits on what government ought to be doing," said Singer. "I think over the years we've come to see it not as an absolute principle. So there are cases where the state may be justified in interfering with the individual."

A major criticism of right-to-die legislation is that it puts vulnerable people in danger of making the decision to die in only temporarily distressed states of mind.

Singer said there was no evidence to prove this. Right-to-die legislation is very strict, but varies across countries. Generally, to be eligible, the condition must be

incurable and unacceptable for the patient. They must consult a second physician to confirm the decision.

Singer is best known for his books *Animal Liberation* and *Practical Ethics*. He is currently the Ira W. DeCamp Professor of Bioethics at Princeton University. 

Your exclusive source for information on DSU elections

Jesse Ward
Editor-in-chief

If you want to make big decisions for the Dalhousie Student Union (DSU) or campaign for your ratified society to receive an annual levy, you'll want to keep these dates in mind over the winter break!

DSU releases elections schedule

Would you like to be DSU president? All executive positions

of the DSU will be elected this March.

As of this news brief being written on Nov. 18, the page on DSU.ca showing elections dates has been up for a few days. It has not been advertised at all through the DSU's online presence and may only be found if you scroll through the directory at the bottom of their front page. If you're sure you would have publicized this better, you may possibly get access to the back-end of DSU.ca if you get elected! Here

are the dates:

Nominations Open
8 p.m. March 5, 2015

Nominations Close
8 p.m. March 6, 2015

Campaigning Begins
8 a.m. March 11, 2015

Campaigning Ends
8 p.m. March 20, 2015

Voting Opens

12:01 a.m. March 21, 2015

Voting Closes
11:59 p.m. March 24, 2015


Results Released, Elections Party
March 25, 2015

Referendum question schedule announced

After classes resume in January, you'll have 11 days to forward any referendum, plebiscite or

levy proposals to the DSU so your question will show up on elections ballots.

Along with the election schedule, the timeline for which referendum questions may be approved has also been posted to DSU.ca without any publicity.

The deadline for submitting your initial proposal is Jan. 16. For more information, check out DSU.ca/referendumdates. 

Looking to zebrafish to find new ways of managing cancer

New Halifax laboratory conducts biomedical research on fish

Rebecca Hussmann
News Contributor

In order for a drug to actually make it to the clinic and to a patient, it really has to go through preclinical testing in animal models," says Dr. Jason Berman.

However, Berman says that we are no longer in the days of "guinea pigs." Instead, scientists have turned to fish.

Berman, the Dalhousie Medical School and the IWK Health Centre have teamed up to open Halifax's Berman Zebrafish Laboratory.

Opened at the end of October, the \$1.8 million facility is one of the largest in the country, and is one of few others of its kind worldwide.

Fish are the most commonly used models in Canadian institutional research, according to statistics provided by the Canadian Council of Animal Care, the federal agency in charge of monitoring animal ethics in scientific research.

The CCAC's annual reports state that well over one million fish are used for research on average each year, causing more laboratories dedicated to research exclusively using fish to open.

The lab is designed to house over 50,000 fish and comes equipped with new, cutting-edge technologies for research. It currently holds roughly 8,000 fish, but its numbers are growing.

"We breed a lot of our own fish here," says Dr. Berman.

"We also get fish from the Zebrafish Resource Centre based in Oregon and from other colleagues and collaborators across North America and across the

world. They will send the fish to us but then we will grow them up and rear them in our own facility."

Biomedical research experiments are conducted on the fish in order to help develop new types of therapeutic drugs for diseases. One of the main goals of the experiments is to find supplementary treatments for diseases that have fewer short-term and long-term side effects than current standard treatments, such as chemotherapy.

"I think the fish are a really good tool to help trying to design better therapies," says Dr. Berman.

The fish are simple organisms, but they contain many structural similarities to humans.

"Regarding the blood system and the genetics, they're around 85% similar to humans," Babak Razaghi, Research Associate at the Berman Lab, explains.

Such similarities mean that researchers are able to use these simple creatures to answer some of the most complex scientific questions, especially when it comes to how cancer cells behave.

"You can do this type of thing in a test tube, or on a petri dish, but the petri dish doesn't have a blood supply, and it doesn't have the kinds of complex interactions of cells and other processes going on," says Dr. Johnston, the Associate Dean of Research at the Dalhousie Medical School.

Researchers are able to watch the behaviour of diseased cells in the fish, since the animals are transparent.

The fish are also cost-effective, since they can live in small tanks. Feeding the fish is not expen-

sive compared to the costs of feeding other animals such as rats or mice.

Another key advantage of using the fish as models is that the test results are available within a week. This rapid turnaround time can help accelerate more discoveries that turn into actual therapies, as well as more developments of new kinds of treatments.

Dr. Berman can take cancer cell samples directly from consenting patients and, using the fish, the team is able to discover new therapies that are catered to that individual.

Just as there is no cure-all for every type of cancer, every body responds to diseases in a unique way, and the Berman lab is trying to develop new, more personalized therapies.

The goal is to one day be able to use the lab's findings to recommend more specialized treatments directly to the doctors looking after the person who provides samples to the lab.

The Berman lab's work is not limited to cancer research. The team works on developing new drugs for rare childhood diseases, and to help treat long-term side-effects of current cancer treatments, such as heart damage.

Dr. Berman hopes to achieve his dream of creating treatments on a patient-by-patient basis within the next five years.

"We're not doing that yet, but that's sort of the dream, that we could do that in the future."



A zebrafish variant called Caspers swim in their tank at the Berman Zebrafish Lab.

• • • Photo by Rebecca Hussmann

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A feminist work in progress

Overcoming social conditioning is harder than flipping a switch.

Shannon Slade
Staff Contributor

So, I was stuck sitting between two political aficionados at a Mooseheads game the other night. I'm a solid B- student when it comes to Whigs, Tories, and the like, so I found their conversation to be a mildly interesting distraction as I got drunker and prayed for a hockey brawl to spice things up. I kept pretty quiet, until one of the guys brought up *The West Wing*, entering much more familiar territory. I perked up, eager to throw in my two cents.

This may be controversial, but

I cannot stand Aaron Sorkin's work. ANY of it. This is mainly due to his treatment of female characters: they just aren't very well-developed and often appear silly, needy and reliant on their knowledgeable, indulgent male friend, who they might not have fucked yet but probably will in the future. That's what the ladies of Sorkin's worlds are – eventual sperm banks for the condescending jackasses who pat them on the head, secure in the knowledge that dicks possess mystical intelligence and competence boosting properties tragically unknown to those cursed with a uterus. (In a limited defense of Sorkin, C.J.

Cregg had her moments, but I give credit for that to the amazing Allison Janney.)

For a glaring reminder of everything that Sorkin's work lacks, consider a far superior show that involves ladies and politics: *House of Cards*. Claire Underwood could utterly destroy any Sorkin man with a withering look and one clipped, cold sentence.

But I have veered off topic. This article is not about an over-rated douchenozzle – that kind of hate parade deserves an article to itself, and it is not the topic today. At the hockey game, in the middle of the Sorkin talk, I brought

up my issues with his treatment of women briefly, but I chose not to say much else. It was a knee-jerk reaction. I made a few more comments throughout the night that were flavored with feminism, but I never pushed for a lengthy conversation. It wasn't until the end of the night that I realized what I was doing: I was shutting myself up so I wouldn't talk that much about feminism around two guys. I have to make it very clear, the two guys gave no indication of having an issue with feminism – in fact I have plenty of convincing evidence to know they wouldn't mind such a conversation. This self-censorship was coming from the depths of my own strange, contradictory brain.

See, I've been conditioned to not yell too much about women's issues. You can talk about them to a certain degree, the logic goes, but men don't want to hear about them, so don't push the subject.

It's not like I was raised in the Dugger family or anything. I was raised around strong, opinionated women. Unfortunately, I was also raised by *Beverly Hills 90210*, *Seventeen* magazine (and its many clones), and umpteen other examples of pop-culture conditioning that penetrated my brain to the core.

The general idea these influences promote is that it's ok to have safe opinions, like that women should be able to vote, work, and make their own life choices ... but having a boyfriend is still SUPER crucial, and there are do's and don'ts for being a feisty girl in a relationship. You should voice your opinions to a certain degree – but don't be too forceful, and try to avoid challenging guys, because it's just not cute.

Smart enough and desirable, but ultimately non-threatening – you are supposed to be a Sorkin girl, essentially.

I was raised with this bullshit,

along with other spoken and unspoken rules – wear makeup, shave your legs and armpits if you don't want to be an embarrassment, etc. This stuff was practically Clockwork Orange'd into my head. Naturally, it fucked with me as I got older. A few years ago, I began questioning everything about this behaviour. Why did I have to shave my legs? Why did I downplay all my feminist feelings around guys?

I eventually came to terms with these questions, and I even thought I was cured of the fuck-wittery that marked my teenage years. I only indulge in shaving and makeup when I feel like it now, and I am loud and opinionated when I have something to say.

This is why my unintentional self-censorship at the hockey game was so shocking. Did the regression have to do with the fact that one of the guys was my fiancé, and I've been conditioned to impress him? We have completely unfiltered conversations all of the time, so that seems unlikely. Was it perhaps that in public, in a group, I was more inclined to revert to the sort of role society expected of me in that situation? Maybe, in part, but I've spoken up in similar situations in the past, so that's not the whole answer.

Honestly, I don't know the answer, and I think that confusion might actually be the lesson here. Undoing years of societal training isn't as simple declaring yourself a feminist and thinking you are over it. There is no switch to flick that resets your brain. Moving forward is a complicated process, and a struggle, and it requires ongoing self-reflection.

I'm ending this article now—I have some more reprogramming to do. A few replays of Queen Latifah's *Black Reign* should make for a solid start. ☺



Flipping one of these switches will not help you overcome social conditioning. • • • Photo by Jesse Ward

NaNoWriMo is overrated

Not to be a downer, but you're going to have edit that monstrosity eventually.

Dijay Savory
Staff Contributor

Writing is certainly a cool and attractive skill; nobody can doubt this. All the best human beings ever were writers. But if Homer saw that people were gathering in coffee shops the world-over to bang out words with no care for quality, he'd probably start swearing in whatever archaic Greek gobbledygook he spoke.

NaNoWriMo stands for National Novel Writing Month. Every November, the non-profit by the same name organizes a nifty-looking website and invites everyone to write and post their word counts there. It encourages creativity, goal-making and all that wonderful stuff that everyone would love to be better at. They have both general and regional forums for discussion, a shop for swag, and weekly motivational speeches. All you have to do is pump out 50,000 words (or less—recent changes make this variable!) by the end of the month. Sounds cool, right?

My problem with it comes from my experience as a writer. I'm not the type to go on and on about how hard being a writer is, but NaNo removes the hardest parts of the writing process. Anyone who just does NaNo is 1/12th of the writer that most other authors are, at best – inviting people to read your “novel” at this stage is kind of like holding a dinner party at the “beautiful new home” you’ve built, when all you’ve done is set up the frame. It’s telling that there’s no National Novel Editing Month.


Truth is, a great many of the works written in this time are not what we would call “good prospects”. There’s always that one week, usually before exams, when you know you wrote 10,000 words of filler just because your first plot was running out of steam. Maybe an interaction you’d imagined back in October just isn’t meshing with the direction the story is taking, but you force it in. There’s no recourse—if you don’t have 1,666 words by midnight

you’ll fall behind. These kind of problems can be easily solved in the regular writing process – chop chop chop – but when it comes to this particular event, quantity is greater than quality, and so it stays. This is the nightmare that editors face in December when hordes of hopeful authors submit their works, maybe after a few hours of token editing.

The community aspect of NaNo can be a double-edged sword. If you’re the type to get demotivated by dropouts, you’ll want to avoid the early meetings, because the casualty rate is easily over 50 per cent at that point. But if meeting or talking to other writers is your jam, a meet-up once a week to talk shop and pound keys can be super refreshing. Big ups to the Halifax group; they treated me well when I participated.

NaNo does teach skills. I don’t mean to make it sound worthless. There’s good value in knowing how to just keep writing—to turn off the nasty, critical voice

in your head that can lead to crippling writer’s block. For the novice, just trying to write even a fraction of the output of career authors (Stephen King once said he writes ~5000 words a day) with NaNo is a strong step forward. But ‘seat-of-your-pants’ writing, as encouraged by the model, tends to not result in the best results. It can be more enjoyable, but is writing about enjoying yourself? I say no, writing is about telling an engaging story. NaNo could be improved by at least pushing more for a pre-November period of planning, and they could probably offer resources for that on their site. Ditto on the post-November editing process.

Someone once said “Writing is one per cent inspiration and ninety-nine per cent elimination.” This is the best advice anyone can take if they’ve participated in NaNo and want to continue with their project. It’s a fun first step, but that’s about it. 

Letter to the Editor

Dear Editor:

Gazette opinion writer Shannon Slade clearly took a tongue-in-cheek approach in her Nov. 7 piece when she disparaged Dalhousie’s “vapid, sidewalk-hogging monsters” for having the audacity to stop in the middle of a sidewalk and have a conversation with a living, breathing person.

As entertaining as her argument was, she is incorrect.

I am proud to say I am exactly the type of person she was referring to, worse than “cows, geese, packs of feral dogs,” that strike up conversations while walking down Dal’s sidewalks.

In fact, it’s one of the reasons I enjoyed studying at Dalhousie. What can brighten up a dull morning better, while walking from one soul-destroying building to another, than coming across a buddy you hadn’t seen in a month

or a professor you actually like? All because you happened to walk outside at a certain time. These exchanges are brief, no more than a minute or two, but always enjoyable. Here’s the thing, Shannon. We’re a bunch of stressed-out students. That said, our days are often not as demanding as we claim them to be. We can spare a few minutes chatting with a friend on the sidewalk, even if it means individuals like the writer in question have the chore of walking around. There’s no need for the folks conversing in conversation to walk off the sidewalk to keep talking.

Let’s all relax and enjoy Halifax. If I wanted to study in a fast-paced city, I would have went to Toronto.

Sincerely,
Ian Froese

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Beach patrol puppies, lifeguard cats

Impawsibly pretty kitties and pups coming together to keep mew safe in the sun

John Hillman
Opinions Editor

I saw a fantastic video the other day of some dogs on a beach with their cat buddy ... and the cat was swimming with them! How great is that? I know we're on the verge of exams, and no one wants to deal with the stress of thinking about politics, so I'm going to write about something light-hearted this week.

...I just.
Can't.
Stop myself.
Let's talk about the DSU.
Our union has been on something of a media push this past week, trying to get out the message that students deserve a place at the decision table when the provincial government and university administrations work out a new memorandum of understanding.

Brilliant. Marvelous. I'm on board.
(I mean, I guess I'm a little confused as to why our student leaders are surprised that we aren't at the negotiation table, given that they spent all of Winter Semester last year trying to dismantle our provincial lobbying organization. I guess nothing says student solidarity like trying to take a wrecking ball to the organization we built to represent a unified Nova Scotian student voice.)

This is a hugely important issue. We all have a lot at stake here, and as a debt-crushed student in one of Dal's ridiculously expensive professional programs,

no one knows this better than me. I've been paying close attention to our union's efforts, and the DSU's talking points are pretty compelling.

In an interview with the Chronicle Herald, Jacqueline Skiptunis, the DSU's Vice President (Academic and External), rightly declared that the government's consultation process lacks transparency, because the notes used to form the final report based on the consultations will never be made public.

(By the way, whatever happened to last year's Strengthening Advocacy report? You know, the one that purported to summarize the consultations the DSU had with students last year? The one upon which we based our momentous decision to leave CASA, and our attempt to leave SNS? I haven't been able to find it on the DSU website yet.)

Skiptunis further criticized the carefully scripted way in which the consultation questions were structured and asked, claiming that they were clearly designed to "solicit a certain type of response".

(As everyone knows, carefully scripted consultations designed to achieve a certain result should only ever be used when working with trained actors at poorly -attended DSU general meetings.)

All of this inspiring talk about transparency, accountability, and broader consultation - it's exciting to hear it coming from our student leaders. I had thought that such concepts were out of

fashion here on campus, but their sudden popularity fills me with hope.

Might the DSU try to lead by example? Might our leaders import a few of these qualities into our own union?

For the moment, forget figuring out the complexities of better consultation - imagine if we simply put a little extra effort into making the organization more transparent to the average student.

Take the DSU's Internet presence alone. What if students could go to the website looking for their representatives, and the list of councilors wasn't months out of date? Or if we made sure that all union job openings were advertised more than a day or two before the application period closed? Or if we let students know about enormous changes to the DSU constitution immediately, rather than ALLOWING FOUR DAYS AND A BUNCH OF SNARKY JOKES TO PASS BEFORE DECIDING THAT CONSTITUTIONAL CHANGES MIGHT BE AN IMPORTANT PIECE OF NEWS TO PASS ON? I MEAN, IT'S NOT LIKE YOU NEEDED TO CHISEL IT ONTO A STONE TABLET OR ANYTHING. IT DOESN'T TAKE FOUR DAYS TO COMPOSE A TWEET.



Lifeguard cats look out for anything fishy. • • • Photo from Wikipedia Commons

ALSO, WHY DO ALL OF THE GAZETTE'S SERIOUS NEWS REPORTS ABOUT YOUR MEETINGS NOW READ LIKE UNUSUALLY PESSIMISTIC UNION ARTICLES?!

R A A A A A A A A A A A A A G E - HDGHDGHDGHDGHDGHDH-HGD!!!!1111!

Deep breaths. Calming thoughts.

That's it. I am but one man. I may be addicted to DSU drama, but my body can handle only so much snark before it cracks. Caps lock is never a sign of good mental health. The system has won this round - I'm through with



Ed. note: the list of councillors on DSU.ca is recent as of Nov. 18. The list was updated shortly after Issue 147-11 of the Gazette, mentioning the list was outdated, was published last week.



Beach patrol dogs can smell trouble from ruffly a mile away. • • • Photo from Pixabay



Time never dies. The circle is not round. • • • Photo from Wikipedia Commons

Nov. 21, 2014 - Jan. 8, 2015 •

From the Archives

Exam Season

John Hillman
Opinions Editor

We all get a little stressed out at this time of year. It's natural. Just remember: no matter how bad your exam schedule seems, it could be worse. Dalhousie once forced students to write exams while attending lectures.

Why?

Well, it seems the schedule was messed up when the city was **LEVELED BY THE LARGEST EXPLOSION IN HUMAN HISTORY PRIOR TO THE CREATION OF THE ATOMIC BOMB.**

To make you feel marginally better about your own miserable lot, here's a story from the most stressful exam season the *Dalhousie Gazette* has ever reported on.

"Not Even T.N.T. Could Stop The Exams"

Volume 50, Issue 1
January 29, 1918

(This article appeared in the first issue of the Gazette published after the Halifax Explosion—a horrific disaster that killed 2000 people and injured 9,000 more.)

The Faculty, always so tenderly considerate of the students, felt that, in spite of the catastrophe, it would be shameful to deprive them of the Christmas Examinations, and so, on the twenty-first of January, they played Santa Claus, by presenting us with a series of one hour quizzes. Then, lest we grow blasé with inaction, they ordained that lectures should continue through the Examination period. Great was the gnashing of teeth among the afflicted, as the explosion had blown every molecule of knowledge out of many a normally near-vacuum. Everyone agreed that district visiting was much more educational than the Ablative Absolute, but alas the callous Senate refused to adopt this humanitarian idea.

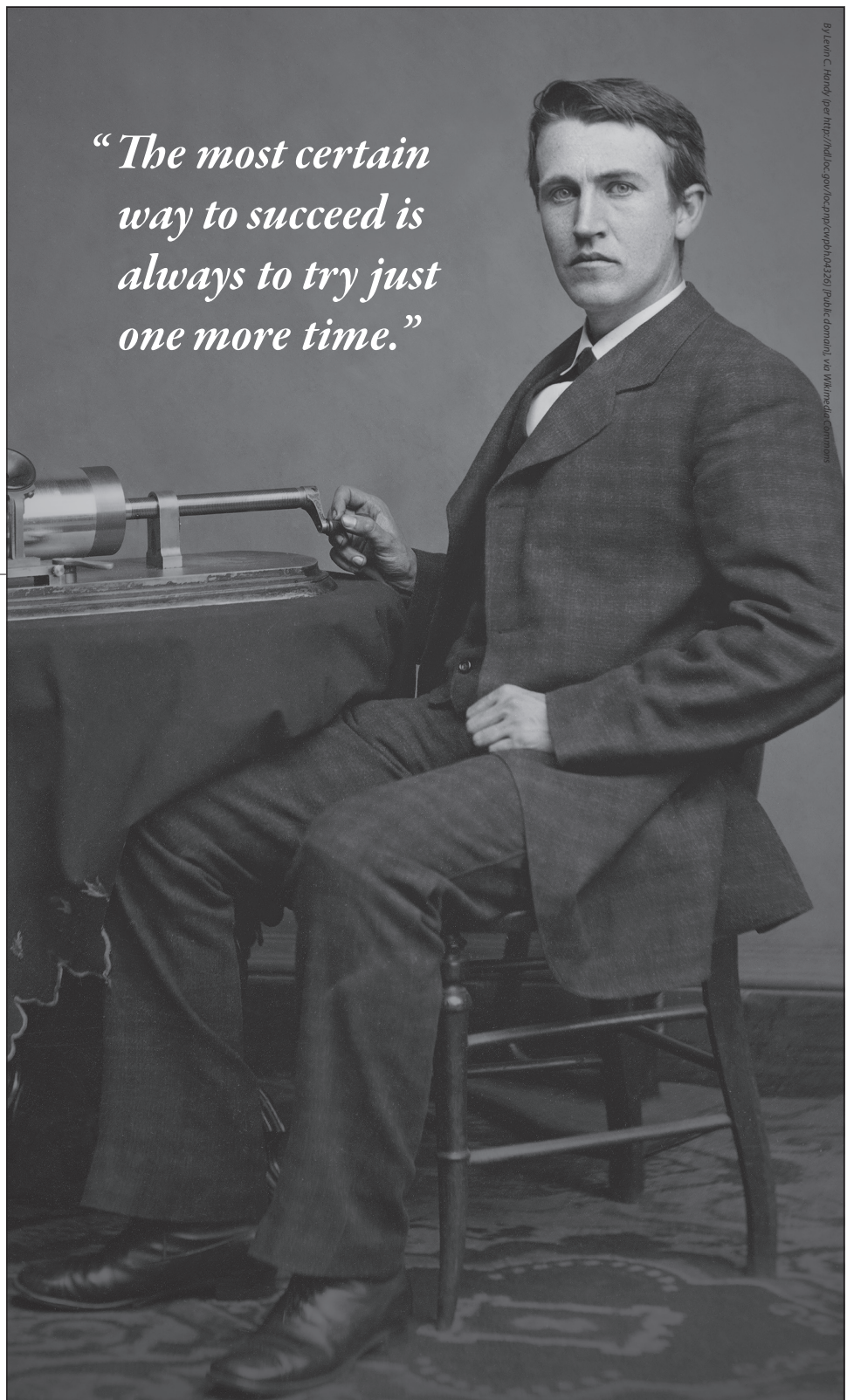
Stay Awake Any Time You Want!



"Wake-ups" advertisement
Volume 95, Issue 10
December 5, 1962

A small tablet helps keep you awake and attentive just when you need it most. Behind a wheel! Examinations! Social Dates! or quick stimulation at anytime. Over 2 million sold every year. No prescription needed. Ask for Wake-ups 49c at your store. Adrem Ltd., 20 Eglinton E., Toronto 12.

"The most certain way to succeed is always to try just one more time."



› Thomas Edison: Relentless Inventiveness

Failure is no biggie. Just ask Edison. If he stopped at failure, he would never have moved on to invent a little thing called the light bulb. So if you've failed a class somewhere else, or have a scheduling conflict, come on over. You can catch up with our world-recognized online courses, then move on to bigger successes. Talk about a light bulb moment.



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**DALHOUSIE
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2015

**ROSEMARY GILL
AWARD**

CALL FOR NOMINATIONS

In June of 1995 the President approved the establishment of the Rosemary Gill Award in memory of Dr. Rosemary Gill, Director of University Health Services, who exemplified a high level of commitment of service to students both in terms of her responsibilities as a physician on campus and as a member of the larger University community.

Awards are presented annually to a member or members of faculty or staff of the University who have provided outstanding service, other than teaching, to students. Up to four awards can be made each year. The selection of recipients is made by a committee consisting of the President; the Vice-Provost, Student affairs; the Chair of the Student Experience Committee of the Board of Governors; and a student appointed by the Dalhousie Student Union.

The first Rosemary Gill Awards were presented in February, 1996, and nominations are now being sought for awards to be presented in 2015. Nominations should be made in writing and include the rationale for the nomination and up to three letters of support, preferably including at least one from a student or students.

To assist you in planning your submission, a nomination form can be found at: dal.ca/rosemarygillaward.

The Rosemary Gill Award is a plaque presented to the recipient(s) at a spring reception hosted by the President. In addition, a permanent plaque bearing the names of annual recipients is displayed in the Henry Hicks Academic Administration Building.

Please submit nominations to:

The Office of the Vice-Provost - Student Affairs
Room 328
Henry Hicks Academic Administration Building
Dalhousie University - 6299 South Street
P.O.Box 15000
Halifax, Nova Scotia B3H 4R2

The deadline for nominations is Friday, December 19, 2014.

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Turning the air to stone

CKDU's Fundraising Drive aims to modernize station and digitize its 30-year legacy

Mat Wilush
Arts Editor

This is the age of preservation. The past is safe with us, translated to a series of codes and preserved, timeless, digitally. We can scan through decades and pull up singular moments. We can now hear voices long gone, listen in on conversations past dead. For a cultural institution like CKDU, this transition into digital permanence means that radio waves sent out long ago can now be retrieved, and their contents replayed for future audiences.

"We often think of CKDU as more of a radio station or media outlet," says Gianna Lalonde, CKDU's station director. "We think of CKDU as a public record because it has been around since 1985 as a FM station. Previously it was commenced as a radio club in 1964. Just try and imagine the number of people who have come in and out and lent their voice to the station."

CKDU is currently working to digitize over 20 years of archival content, ranging from session reels to advertisements and posters. Having collected nearly everything since their inception in 1985, CKDU's office on the fourth floor of Dalhousie's Student Union Building is a trove of memorabilia and artifacts from Halifax's past.

Using funds acquired from the Community Radio Fund of Canada, CKDU hired Kim Hornak this spring to work as a temporary archivist. During Kim's first week at CKDU, she went into the archives of the Killam Library to find nearly 3000 forgotten reels of CKDU material. These reels, unsorted and packed tight in boxes, had survived a flood in 2012 and a fire.

"Discovering the tapes was like uncovering a treasure trove of audio," Kim says via email. "There is a lot of tape to go through, but the material I have been able to listen to is excellent. The research



Kim Hornak holds old CKDU reels in the archives of the Killam Library. • • • photo by Jennifer Gosnell

and documentary production side is fun because I get to be a detective attempting to uncover the history behind the station and how it has functioned throughout the years.

"At the same time, CKDU has produced fantastic news programming throughout the years. Listening to old audio from CKDU not only gives you a history of the station, it gives you a picture of Halifax and Canada throughout the years."

Somewhere in there, in one of those spooled years, is CKDU's first recording, broadcast Feb. 1,

1985. Gianna claims the first song ever played on-air was by Joy Division.

This discovery, while a great find, has made Kim's job much, much more intensive than previously thought. And these tapes don't last forever. They are, like any material, prone to deterioration and damage.

"We need to continue the archiving project," says Gianna. "The project is five times bigger than we thought it was, thanks to the discovery of the treasure chest at the Killam Library. CKDU were only able to access so many funds

from the grant, and after Kim is gone at the end of March, the project must continue. We must continue to preserve the history of Halifax.

"We're finding that many of the older tapes are stuck together as a result of being in an uncontrolled environment," Gianna says. "We've discovered that we need to bake the tape. It goes into the oven for an hour, at a low temperature, and that helps separate the wound tape. We didn't realize that we'd need an oven for this project," she laughs.

The continuation of their

archiving project is one half behind this year's CKDU fundraising drive. The annual, week-long fundraiser sees CKDU-sponsored events popping up throughout Halifax, including an indie dance party and a night of cover bands performing tracks from Quentin Tarantino's soundtracks.

This year, CKDU aims to raise \$25,000 through the fundraiser. With this, they aim to not only continue digitizing their archives, but to install a wireless connection between their station at the

CONTINUED ON PAGE 13

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SUB and their transmitter, which is atop a CBC building in Fairview. Currently, CKDU's broadcast console is tethered via phone line and has been facing increasing difficulty when it comes to servicing their connection. More than once this past year, CKDU's broadcast has been hampered by this dated technology.

The studio transmitter link (or STL) required to set up a wireless connection costs around \$10,000 alone.

While CKDU has always subsisted through their annual DSU student levy, as Gianna puts it, "We're a student society and we're so grateful for the student levy. Without it, there could be no CKDU. It's been in place since 1985 and the levy fee has never fluctuated – it's been the same

since 1985. Things cost more nowadays, but luckily enrollment goes up more each year, so we're just getting by."

Gianna says that the student levy makes up about 80 per cent of CKDU's annual budget, and any other costs are paid for by fundraising campaigns.

The discovery of the lost CKDU archives and their transition into a modern transmission system comes at an interesting time for CKDU. In February 2015, CKDU will celebrate its 30th anniversary as an independent voice in Halifax.


"We're hoping – and planning – to celebrate together," says Gianna. "Something on campus where we can invite everyone old and new from the CKDU extended family, to reconnect. We'll be displaying

physical pieces that we've been finding. There'll be listening booths where folks can go and listen to old advertisements or interviews."

The need to digitize the CKDU archives is partly due to this upcoming milestone. CKDU is planning to put together a radio documentary, chronicling the station's history and bringing together the multitude of voices that have all been cast into the airwaves. The documentary will air Feb. 1, 2015. It is uncertain whether or not the documentary will feature the music of Joy Division.

"It's been exceptional to remind ourselves and really understand why folks get involved with CKDU in the first place, as well as discover what CKDU can mean to

the community," says Gianna, reflecting on the process of contacting CKDU alumni. "We've been hearing of so many reasons for people to come to CKDU. We've had a really diverse and interesting membership."

"CKDU has always been mandated to be the alternative, but as a result, CKDU has kind of just developed its own ... thing. And I don't think CKDU needs to be compared to the other stations anymore. If you want to hear the same story over and over, you know what station to turn to. But I am constantly impressed by the determination to do something different here. I think that CKDU has developed its own hyper-local, interesting and eclectic voice. I think we're above being the Other. I just want to keep doing what we do and own it." 

Halifax Staycations

A list of getaways that don't require getting away

William Coney
Staff Contributor

As strange as it sounds, not everyone leaves Halifax during the winter break. You might be here as a result of being a born-and-bred East Coaster, or might have been blessed with establishing a more permanent residence here in beautiful Haligonian. For those of you who in these situations, here is a list of some staycation opportunities available for you during the winter when it seems everything is closed.

Dartmouth

As surprising as it may be, there is actually a place outside of the peninsula. Just a short ferry or bus ride (which is still covered by your student UPass during the break), you can walk into downtown Dartmouth and experience something different. One great place over there is Two If By Sea cafe, out on Ochterloney Street – always a delicious experience.

Oval

The Emera Oval, initially built for the 2011 Canadian Winter Games, provides free skate rentals as soon as it becomes reliably wintry. Right in the Halifax Commons, it's a great time.

Polar Bear Dip

A number of Nova Scotians like to participate in the craziness which is a polar bear dip, the chilling experience of jumping into a lake or the ocean during the height

of the winter. The biggest and brightest of those in the Halifax area is the Herring Cove Polar Bear Dip, which occurs every Jan., 1 as a fundraiser for Feed Nova Scotia.

Lakes

If you head out towards Bayer's Lake or Chain Lake Drive, you can actually go and visit the lakes which these roads are named after – and they're pretty cool. If you go during the winter when they're frozen over, you are given a lot more flexibility in your hiking experiences as you always have the option of taking the shorter route back across the lake. Just be sure to bundle up warm for weather.

Bedford Institute of Oceanography

Just past the MacKay Bridge on the other side of the harbour is this lovely gem of a site. With the Canadian Coast Guard, the Canadian Hydrographic Service, Environment Canada, Fisheries and Oceans Canada, Geological Survey of Canada and the Canadian Forces all having a presence on site, what could be more interesting?

Lunenburg


For those frustrated with the parking situation in Halifax, it's always worth remembering the town of Lunenburg, N.S. doesn't enforce its parking laws during the month of December. 



Illustration by Amber Solberg

Singing in a different key

King's Chorus prepares for fifth anniversary

Katie Thompson
Arts Contributor

The King's Chorus promises its next concert will be off the Handel. Celebrating their 5th anniversary the chorus will perform G.F. Handel's *Dettingen Te Deum* on November 22nd at Saint Mary's Basilica.

The chorus started with Nick Halley. In 2009, Halley wanted to create an all-inclusive classical choir. King's College already had a chapel choir that trained extensively and was quite demanding. Halley, whose father runs the chapel choir, wanted to go in another direction.

"A lot of people auditioned [for the chapel choir]," said Halley. "For many the schedule was too much. But they had talent and needed an arena in which they could make music."

Halley now directs the chorus once a week at the King's Chapel. The choir is made up of mostly students but some members of faculty sing as well.

"And there's a few people in town who just wanted to find a choir," Halley said. "They find the chorus

because we tend to do interesting music."

G.F. Handel's composition was a deliberate choice by Halley for the chorus's anniversary. Halley describes *Dettingen Te Deum* as "big and heroic" and one of Handel's "massive works".

Halley paired Handel's piece with modern composer Morten Lauridsen's *Lux Aeterna*. Halley says the Chorus is all about experimentation. He tries to incorporate unique pieces into each concert.

"If we didn't have exciting concerts no one would care about us," joked Halley.

By nature, the King's Chorus is a student-run society. Everyone who sits on the Chorus executive is a student. Elizabeth Orenstein, a fourth-year King's student, acts as the external coordinator. She says her time with the chorus has been valuable in more ways than one.

"My musical literacy has definitely increased over the past four years," she said. "But as the external coordinator, I've also found a part-time job in graphic design."

Orenstein says on the



surface the chorus' concerts appeal to the university, but she says they're for anyone who enjoys good choral music.

"We just produce really good interesting music," she said. "We're trying to break the stereotype that young people don't like classical music."

Orenstein says unlike the chapel choir the chorus is able to produce pieces that don't follow the "buttoned-up" tone of most classical concerts.

"We still maintain musical excellence," she said, "but there's no fear of doing these bizarre world music pieces that are just gor-

geous and extraordinary."

Halley says it doesn't just take good directing to produce these grandiose pieces. He says it's the chorus itself. He says when you have an attrition of four years it's difficult to stay consistent.

"I just keep discovering over and over again that

the chorus just keeps getting better," he said. "Usually choirs will settle at a plateau after a while, but the chorus isn't like that."


The King's Chorus 5th Anniversary concert will take place Saturday November 22nd, at the Saint Mary's Cathedral Basilica at 7:30 p.m. 

Photo by Kathleen Harper

The night Anthony Bourdain came to Wolfville

Devour! cooks up the world's biggest food filmfest

Gabby Peyton
Staff Contributor

Devour! The Food Film Fest wrapped up Sunday afternoon with the Golden Tine Awards Brunch presenting fork-like statues for best films at the five-day festival in Wolfville.

Driving down Main Street, it's not hard to figure out who the biggest star was at the festival: store signage and billboards welcomed Anthony Bourdain, chef-turned-writer and host of CNN's *Parts Unknown*.

Bourdain inaugurated the festival on Wednesday, Nov. 12 with an opening gala featuring 12 local chefs pulling out all the stops to impress the famed rebel chef. Plates of sea urchin with citrus emulsion and confit rabbit floated around the room to hungry guests.

The first film of the annual event was *Eat Drink Man Woman*. The 1993 Ang Lee film was introduced by the ever-calm, cool and collected Bourdain. A favourite film of his, Bourdain raved about knife skills and drool-worthy Chinese

cooking scenes to an eager audience.

"I was totally blown away at how charming, genuine and articulate he was," says Kelly Neil, a local food photographer who attended the screening. Bourdain spent 45 minutes graciously answering audience questions, covering issues from his digestive tract to travelling the world for his TV show.

Chefs, food lovers and film aficionados descended onto the tiny university town to celebrate all that is food and wine. With over 50

films shown, Devour! is the biggest food film festival in the world. Workshops, food truck rallies and chef collaborations were just some events cooked up in the area during the festival.


"Crumbs are a huge part of any realistic food scene," says food stylist Adam Pearson at his workshop, underlining the importance of realism and texture. He and partner Matt Armendariz traveled from Los Angeles to host the workshop, eager to share their secrets.

"He eats everything we shoot," says Pearson affec-

tionately of his photographer partner.

Top Chef Canada alumnus Jesse Vergen of Saint John Ale House hosted 'Cooking with Game & All the Fun Bits,' a workshop on nose to tail cooking. Montreal's Chuck Hughes teamed up with local chefs Frederic Tandy of Ratinaud Cuisine and Dave Smart at his restaurant Front and Central in Wolfville to create a dinner inspired by the screening of *El Somni*, a Spanish film about the infamous restaurant of the same name.

Hughes set up shop at the Al Whittle theatre on Friday to shuck dozens of oysters in celebration of *Shuckers w/57 Degrees North*, about international oyster shucking competitions showing in the main theatre.

Daniel Klein and Mirra Fine of The Perennial Plate took home the prize for Best Short documentary for *Cook It Raw Charleston* at the awards brunch. Chen Yu-Hsun's *Zone Pro Site: A Moveable Feast* won Best Feature Drama. 

A New Beat

Andrea Dorfman speaks about her Hali-film, Heartbeat

Paola Tolentino
Staff Contributor

Heartbeat centers around Justine, a young musician-turned-copywriter. It's not that Justine hates her life – it's that she can't seem to move forward in it.

Her best friends are having kids, her ex is moving on, and yet she's still stuck in the same place. She can't move on until she finds herself – not through a love interest or having children, but by facing her own fears of performing her music.

The soundtrack is fitting and catchy, written partly in collaboration with the lead actress, Tanya Davis. The cinematography is beautiful, and it really shows of all the colors and landscapes that Halifax in the fall has to offer. It's fun to be watching the film and suddenly catch a glimpse of a location as familiar as Citadel Hill.

Despite the fact that it is the first film performance of some actors, including Tanya, Heartbeat is well-acted, with memorable dialogue and complex, relatable characters. The animated portion of the film blends in well

with the live action, and gives the movie an original, slightly indie feel that definitely matches the soundtrack.

It's a very local film, and it's great to see Halifax on screen rather than another film about Toronto or Vancouver.

Andrea Dorfman is originally from Ontario, but came to Halifax for school and stayed there.

She's an experienced writer and director, and this is her second collaboration with Tanya Davis, after their very popular Youtube video poem, "How To Be Alone".

Her favorite part of directing is "the collaborative experience... bringing people together and bringing out their talent."

In Heartbeat, she wanted to explore Halifax's local talent, as well as the beautiful landscape and colors that the city has to offer. That being said, Heartbeat is more than just a "love letter to Halifax."

"[Heartbeat] Is a universal story, about someone who is on the edge of becoming who they need to but doing what other people think she should be doing," Andrea says.

Along with the theme of meta-

morphosis, Heartbeat deals with the applicable problems of love, between either yourself or someone else, and the difficulty of following your dreams. Justine ends up not being defined by her love interest – they actually help her grow as a musician and gain confidence in her art. It's a nice change from the predictable, if enjoyable, love triangles and romance subplots in so many Hollywood movies.

Ultimately, this is a film about making art, even when it's difficult or terrifying. Even talented people can become unsure of their talents or lose sight of their dreams, and Heartbeat shows that, in Andrea's words, "unless we move towards what our hearts want, we won't become the people we need to be."

The film concludes with a satisfying ending, and the relationships and life that Justine once

found so difficult have become clear and uncomplicated. With a stunning color scheme, awesome cinematography and actors that give life to their roles, it is definitely worth watching on the big screen.


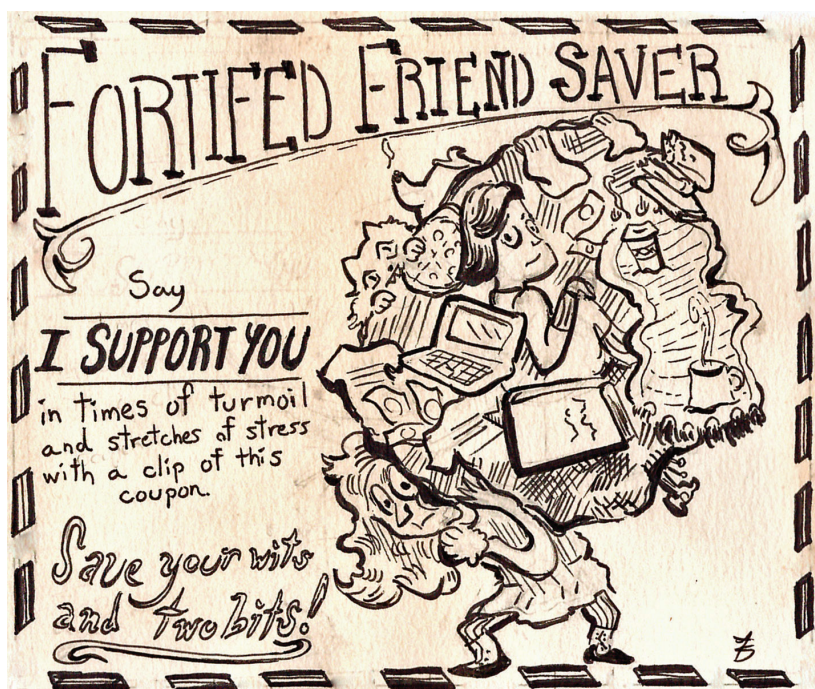
Heartbeat opens in theatres on November 21st, in Halifax, Toronto, and Vancouver. 



Photo supplied

Old Heart by Amber Solberg



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We will resume publishing in print on January 9, 2015.



Semester in review

Graeme Benjamin
Sports Contributor

It was a semester of unmet expectations for three of the four completed varsity teams at Dalhousie. Men's soccer was unable to land a spot in the playoffs, women's soccer lost a winnable game against Acadia in the AUS quarterfinals on their own turf and the men's cross-country team, once again, was unable to surpass St. FX in the final race.

The only varsity team that gave us something to cheer about was the women's cross-country squad who easily walked away with AUS title once again.

All hope is not lost, though. A couple of the university's club teams had us on our feet by taking home championships in impressive fashion. We've also seen solid starts to the season from the men and women's basketball and volleyball teams. Hockey is doing, well, better than last year. So that's good.

Now let's dive into analyzing each team's performance on an academic scale. Here's your annual semester in review, folks.

Enjoy.

Since both volleyball and basketball teams have only completed

two weekends of play, it seems unfair to provide them with an overall ranking at this time. We'll leave them for next semester once we know more.

Lacrosse A+

This one's a pretty easy grade to distribute, if you ask me. Not only did they go a whole season without losing a game, but there really wasn't an instance where it looked like they could falter. The men's lacrosse team completely dominated from their initial 17-10

victory over Saint Mary's to beating St. FX in the Maritime University Lacrosse League championships to walk away with their fourth-straight title. They also haven't lost a game since Sept. 12, 2012. Nice job, fellas.

Women's cross-country A

Again, an easy grade to come up with. The women runners were in command during every single race of the season. Especially

the championship race, which is all the more impressive. All seven runners who competed in the AUS finals finished within the top 10, resulting in the squad only receiving a mind-blowing 16 total team points. The next closest team was UNB with 59. Fourth-year Ellen Chappell, who won the AUS championships by completing the 6 km race in 22:22, was named the AUS women's cross-country athlete of the year. Head coach Rich Lehman was awarded coach of the year in the same category. Impressive job, once again.

Women's soccer B

It's one thing to make the AUS playoffs, but another to find success within them. With only two fifth and two fourth-year players, it was clear that the Tigers would be relying upon inexperienced team members in order to find success. But if previous years are any indication, Dal women's soccer team should never be ruled out of contention. With the dedicated Jack Hutchison leading the team and each team member's desire for success, the team always becomes a force to reckon with. This year they just couldn't get the job done come playoff time, resulting in them having to fix the mistakes for the future.

Men's cross-country B-

Entering the season, this team was filled with confidence. Matt McNeil and Matthias Mueller were in the prime of their AUS running careers, they had some solid recruits in Will Russell and Jacob Wing, and it looked as though they were prepared to



Women's soccer fell 1-0 to Acadia in quarterfinals of the AUS championships. • • • Photo by Jennifer Gosnell



• • • Photo by Alexander Maxwell

reclaim the AUS title. But the X-Men have always been the thorn in the Tigers' side that they just couldn't overcome. The X-Men once again remained consistent throughout the season and won their third-straight AUS banner.

Men's soccer

C+

Scoring woes and an inability to win critical matches at the end of the season resulted in the men's soccer team, not making the play-offs for the first time since 2007. Entering the final two weekends of play, landing a spot in the top six was well within reach. But two straight ties to Acadia and UPEI put them in a must-win scenario in the final weekend, which they were unable to do against St. FX at home. Nonetheless, there is a great deal of optimism for the team moving forward, as only three players will be graduating this year. If they're able to make the slight improvements necessary, these guys may have a much better chance once September rolls around.

Football
Defence: A
Offence: C-
Special Teams: F
Coaching: B
Overall: C-

The team's defence constantly remained solid, or even better than that, throughout the season and was the reason the team had a chance to win the games. However, even though the offence looked A+ at times, the running game was almost non-existent and overall it was far too inconsistent. Special teams were atrocious, resulting in negative momentum swings and cost the team dearly in every loss. The coaching staff was knowledgeable, passionate and will continue to improve over time. But overall, it is a results-based game and even though the Tigers had a chance at winning every game, losing the final five games of the season is simply not acceptable.

Cameron Honey, a volunteer coach for Dalhousie's football club, provided this team review.



Men's rugby

F

You didn't think we'd review the whole semester of athletics at Dalhousie without bringing up this little snidbit, right?

The suspension of both Dalhousie men's rugby programs due to hazing allegations put the university on the national media map. The allegations arose following a complaint from a member of the university in regards to inappropriate actions taking place by rugby team members at an off campus party. It came just two years after Dal's women's hockey team was suspended for allegations of the same nature.

Though the media frenzy didn't last nearly as long as it did two years previous, it still had people talking. With university officials

conducting themselves much more professionally this time around by following the new hazing policy put in place, it allowed the focus to be swayed from the university and back to the competing varsity teams.

But men's rugby still receives the lowest grade due to the gravity of the implications. Yes, we are unsure of the particular details of the occurrences at the party. If the university has anything to do with it, we never will unless we personally know a team member who was in attendance. But we do know there was a party. And we do know there was enough of an indication that immature actions had transpired at that party.

And if you ask me, that's reason enough to be given the lowest possible letter grade. **F**



• • • Photo supplied



Men's basketball are off to a roaring start. • • • Photo by Jennifer Gosnell

Profile: Men's basketball

Kashrell Lawrence and Jarred Reid prepare to lead young team

Graeme Benjamin
Sports Editor

If you thought the Dalhousie basketball team looked different last year, just wait until you see what's changed now.

Head coach Rick Plato provided a fresh face in leadership last year following previous 11-time head coach John Campbell transferring to lead the University of Toronto's basketball team. It was clear the Tigers were unable to adapt to the change as they finished the season 6-14 and out of playoff standing.

Now they're faced with a different task. Seven of last year's Tigers have not returned, leaving eight new faces to fight to earn their stripes and regularly compete on the Dalplex floor this

season. There are no fifth-year players and only one, the injured John Traboulsi, in his fourth. That leaves third-years Devon Stedman, Jarred Reid and Kashrell Lawrence to carry the main portion of the load.

Lawrence says the team is not fazed in the slightest and is ready for the task at hand.

"Everyone's hard working, we each hold each other accountable and it's a really close-knit team," he said.

Reid also says the team's inexperience in a non-factor.

"The new guys have been contributing right away," he said. "In points, rebound, everything. They bring a certain toughness to the culture that we really want to

bring in."

The transition into a veteran player can often lead to added pressure to produce more day in and day out.

But not for Reid.

"It's not really pressure, it's more excitement," he said. "Becoming one of the older guys, people call your name when it's game time or show time and I like that feeling."

Lawrence has the same perspective on the transition, too.

"Your first year they don't really expect much, so if you do well it's a bonus. Second year it's kind of the same thing. But in third year, if you're doing the same thing in first and second year you're under producing," Lawrence said.

If the past two weeks have been


any indication, the team has connected just fine. After losing their season opener in overtime to the UPEI Panthers, they've rebounded big time and put together three straight wins to start the season 3-1 and among the top teams in the league.

Stedman made his return to the lineup after missing the first weekend due to concussion-like symptoms. Stedman only put 13 points on the board over the two games against Memorial.

Despite his slow start, Reid and Lawrence both agree that Stedman will be a driving factor for the team throughout this year's campaign.

"Devon's the best player on the team," said Lawrence. "He led the

team in rebounds last year, led the team in points last year – Devon's arguably one of the best big-man's in the Maritimes."

The Tigers are set for their first cross-town rivalry of the year against the Saint Mary's Huskies, who have had a slow 1-2 start to the season. They then travel to Wolfville on Nov. 22 to take on the Owen Klassen-less Acadia Axemen. The loss of the Axemen's star player seems to have proven costly early on, as they've only been able to pull off wins in one of four games. 

Women's basketball enter holiday break with confidence

Graeme Benjamin
Sports Editor

Dalhousie's women's basketball team, similarly to the men's squad, have started their season 3-1, which is the second best record in the AUS currently.

But third-year Ainsley MacIntyre doesn't want to stop there. She says this year provides the opportunity for the Tigers to win their first championship since 2001.

"Personally, it's to be in the AUS championships," said MacIntyre in regards to the team's overall expectations this season. "That's where we want to be."

The Tigers started the season with two-straight wins at home over the UPEI Panthers. They kept their winning streak alive the next weekend in Newfoundland against Memorial, winning 80-74 in overtime. They were unable to make it four-straight, though, as they lost the next day to the Seahawks 68-57. MacIntyre, a forward from Sydney, N.S., says the team is even stronger this year due to the addition of strong recruits and fellow team members reaching the prime of their university basketball careers. However, she also says this comes with added pressure.

"I think personally I have to set expectations for the first and second years," said MacIntyre. "Whether it's on the court, in the classroom or as a defensive intense player."

Anna Stammberger will once again lead the women's team. This is her sixth year as head coach with the Tigers. MacIntyre, who was previously coached by Stammberger on the U17 provincial team, says having experience under Stammberger's leadership was a big reason behind her becoming a Tiger.

"She's all about basketball," she said. "We're always very involved. She's very into volunteering and doing things outside of basketball, but she definitely knows that school comes first."

MacIntyre also complimented her coach's ability to make difficult decisions in critical game-time situations.

"She's just as intense in practices as she is in games. I think that especially this year, we have a deep bench and she expects us to do well."


The majority of the women's basketball team had the opportunity

to compete in Germany before the season began. MacIntyre said it was a not only an experience like none other, but an added advantage heading into the AUS regular season.

"You're playing a different style of play," she said. "These girls, they're not necessarily very small so it was definitely a challenge to play girls that are bigger than you and more experienced."

The Tigers have two more tests ahead of them before the holiday break. They take on the Huskies in a four-point-game Nov. 21, followed by the Axewomen the next day.

MacIntyre said her team is ready for the task at hand.

"I think everyone's ready," she said. "The practices this year are just better in intensity and competition-wise than it's ever been." 



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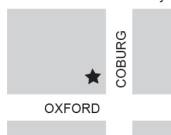
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If you can't do what you love, love what you do

"Choose a job you love, and you will never have to work a day in your life." —Confucius

Keilah Bias
Contributor
Ind. '17

Sound familiar? Many, if not all of us, have probably been told millions of times to choose to do what we love, to enter a profession where our interests are. We are advised to go where we enjoy what we do, be the best we can be... and eventually find success in that.

But reality is harsher than our dreams can bear. Usually, those doing what they love is where there is no money to be found. As blunt as that sounds, it's often true. Hobbies don't tend to make you a fortune. Or even worse, some people don't know what they love to do.

For many people, engineering isn't really exciting. Some picked their program or discipline because they were told they were good in math, or because they wanted to earn big bucks after graduation, or maybe

because they felt there weren't any other choices. But then they got in the program. Here come the cranky professors, the hard-headed group members, the piles of homework, the excruciating exams, and the overwhelming design projects... have you ever been frustrated to the point of thinking "This is not what I love to do, get me out of here!!!"?

It's really easy to just get by hoping that all the work and stress will fly away with our time in university, so we can get out of this dark cave we're in and move on to our high-paying jobs. But the truth is, if you already hate what you're doing now, it will only get worse... you will just hate it even more later on.

Believe me—or at least give me the benefit of the doubt—loving what you do, even if you don't feel like loving it now, makes a difference. CS Lewis said that "When you are behaving as if you loved [something], you will presently come to love [it]."

I know not every lecture makes sense. Not every classmate is likeable. Not everything we do in school seems to be useful and it's frustrating to feel like we've wasted a semester doing it. But so what if they are? What if cranky professors are not nearly as demanding as our future bosses or clients? What if your current projects are not nearly as hard as real life will get?

How about I make a suggestion... What if we just took our focus off of our frustrations, and even slowly, even little by little, start thinking of what good can we take out of everything? Maybe complain just a little less, and smile a little more. Think less of how your professor just wants you to suffer, and think more that what you're currently doing can make you a better person, a better engineer. I know there are still many problems with what we do, but let's try to look beyond them for a change. Your outlook and response to the world changes

everything. The 90-10 principle says that 90% of our life depends on our attitude and response to the world, and only 10% on our circumstances. Even more aggressive than the Pareto rule, eh?

Did you know that being happy with what you are doing actually increases your productivity and improves your life? Yeah, studies were actually done to prove that, we work harder when we are happy. (Andrew J. Oswald et al.: "Happiness and Productivity." University of Warwick, 2014.) And most importantly, it alleviates the self-inflicted stress brought by our apathy towards things we do. Why not give it a try? Either you can stay where you are now, or try something to change it; either stay feeling "meh" about what you're doing, or try something to attempt loving it. I know it sounds cliché, but sometimes clichés are cliché because they work... When you cannot do what you love, love what you're doing.



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Europe spaces out on 3D printing

Nick Laughler
Contributor
BA Phil. '12

The European Space Agency is over the moon after announcing that they'll be installing their first 3D printer in space within the next year.

The agency's "POP3D" printer will be installed aboard the International Space Station in 2015 as part of Italian astronaut Samantha Cristo-

foretti's upcoming Futura mission, which begins on November 23rd of this year.

The Italian-built printer was specifically designed for use in situations with low power and low human involvement, ensuring that it does very little to affect the carefully monitored and meticulously controlled environment onboard the ISS. A small, cube-shaped device, the printer uses lightweight, durable and biodegradable plastic to print objects using a heat-based process.

The printer takes around half an hour to produce a standard single plastic part.

The idea for the project, which was funded by Italy's space agency ASI, was first presented at a workshop on 3D printing in space held by the European Space Agency in the Netherlands earlier this year. More than 350 experts gathered to discuss the long-term uses of 3D printing in space, and how the technology can be used to make repairs and construction in space easier, faster

and cheaper.

The agency says that it hopes that investing in 3D printing technology will enable the ISS to more efficiently construct and repair complex structures, as well as reduce the number of personnel and stored parts needed.

Europe's first 3D printer in space is expected to join its American counterpart, constructed by California company Made In Space, sometime in the first half of 2015.

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