



The Dalhousie Gazette

North America's Oldest Campus Newspaper, Est. 1868

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Killam defaced

How has the graffiti survived this long? pg. 4

Brain tumour inspires student, pg. 7

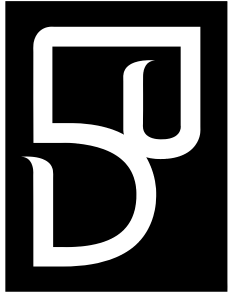
Holiday wish list, pg. 12

Cover by Chris Parent

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WEEKLY DISPATCH

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DSU ADVOCACY REVIEW

What do you think the DSU should advocate for and how?

What does it mean to advocate and what makes advocacy effective?

What are the biggest issues facing Dal students and how should the DSU be facing them?

How should the DSU relate to external organizations like CASA and StudentsNS? Help contribute to the direction of the DSU's Advocacy! The DSU wants to hear your opinion on all of these questions and more! We're reviewing our advocacy and with your input we can make the student movement stronger, more united, more representative and more effective.

In March 2013, the DSU voted to change its membership in CASA (the Canadian Alliance of Student Associations) from full member to associate for up to two years. Following the change in membership level, a committee was established to review advocacy efforts at Dalhousie. The committee is made up of the DSU President, DSU Vice-President Academic and External, 11 councillors and students from different faculties. The committee's aim is to look into advocacy efforts and determine the advantages and disadvantages of membership with an external advocacy organization. We want to know what you think!

You should join us on November 28, for a Town Hall meeting where we will discuss and answer any questions that you may have. The time and location are still to be determined so check <http://dsu.ca/advocacyreview> for updated information.

If you would like to have the Advocacy Review Committee present to your society and provide us with feedback, email us and we'll make it happen!

Please send questions to vpae@dsu.ca

Have a moment? Help us out and fill out the Advocacy Review Survey at dsu.ca/advocacyreview. When you fill out the survey, your name will be entered into a draw to win free movie tickets!

NOT FEELING NSPIRG? THE FOLLOWING IS A MESSAGE FROM THEM WITH INFORMATION ON THEIR OPT-OUT PROCESS:

Our opt-out period this fall semester will run from November 21 to December 5. Our office hours during this period will be from 11:00am until 2:00pm each business day in room 314 of the SUB. Students opting-out require a current student ID (just so we can ensure we're giving money back to folks who have paid a levy) and must sign an opt-out form, but other than that we strive to keep opt-outs as hassle-free as possible.

We also plan to set up tables at Kings' College and on Sexton campus during that time - we'll announce the dates for that shortly.

For more information you can check out the NSPIRG website at nspirg.org



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the fine print

The Gazette is the official written record of Dalhousie University since 1868. It is published weekly during the academic year by the Dalhousie Gazette Publishing Society. The Gazette is a student-run publication. Its primary purpose is to report fairly and objectively on issues of importance and interest to the students of Dalhousie University, to provide an open forum for the free expression and exchange of ideas, and to stimulate meaningful debate on issues that affect or would otherwise be of interest to the student body and/or society in general. Views expressed in the letters to the editor, the Street, and opinions section are solely those of the contributing writers, and do not necessarily represent the views of The Gazette or its staff. Views expressed in the Street feature are solely those of the person being quoted, and not The Gazette's writers or staff.

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DalGazette.com Website Top 5

- 1) Local hotdog vendor suing CKDU—Kristie Smith, News
- 2) Rally against transphobia inspired by Dal student's complaint—Ian Froese, News
- 3) Love, life and university—Jackson Haime, Opinions
- 4) Dalhousie trans student claims discrimination from cafeteria staff—Ian Froese, News
- 5) Improv yourself—Sabina Wex, Arts

editorial

from the editor

Email Ian at
editor@dalgazette.com
Ian Froese Editor-in-Chief



letters

Mis-gendered mistake offensive

Re: *Rally against transphobia inspired by Dal student's complaints*, Nov. 15

Dear editor:

After reading the article regarding the rally against transphobia, I was enraged to see you published information that was not only inaccurate, but hurtful and offensive. Tip: do not take the liberty to choose anybody's gender when reporting a rally which denounces transphobia on campus. Jude asked reporters to note the genders of those in the article, a request that should have been unnecessary. It is the entitlement and ignorance of this mistake that perpetuates transphobia at Dal and across other university campuses. I never want to see anybody mis-gendered in the *Gazette* again.

Sincerely,
Holly Lobsinger

Tiger ties run deep

Re: *A family affair*, Oct. 4

Dear editor:

I read with interest the article you wrote on our daughters, Madeleine and Paige Crowell, who are both training with varsity teams at Dalhousie. One thing they may not have mentioned was that both of their parents are Dal graduates. I graduated from physiotherapy in 1989 and my husband, Tom Crowell, also graduated in physiotherapy in 1987. In addition, my father, Tom Rogers, graduated from King's in the '40s. We have all been very proud to be a part of Dalhousie.

Thank you for this article.

Sincerely,
Edith Rogers

Why we're reporting on offensive graffiti

Ian Froese
Editor-in-chief

Dalhousie president Richard Florizone likely didn't have a clue the *Gazette* was taking an extensive look at the offensive graffiti cluttering the Killam Library when he sent a tweet complimenting an innocent scribbling somewhere in the Henry Hicks Building.

But the irony is worth a chuckle.

The social media savvy president made his Twitter debut last weekend. One of his first tweets was a photo of someone's correction of sloppy Latin grammar, an homage to a memorable *Monty Python's Life of Brian* scene where a character was chastised for the offence.

Florizone's tweet read, "At Dal, even the graffiti is academically rigorous."

"THIS VILE GRAFFITI EXISTS, AND IT'S DISGUSTING"

The president is right. Some of the graffiti on campus is evidence of the smart people who inhabit this establishment of higher learning. A lot of it is quite harmless. Proclamations of young love, jokes about late nights studying and complaints of approaching deadlines.

All graffiti is bad in principle and hard to outlaw in practice, but the offensive scribbles should make us stop and think.

Our assistant news editor, Jesse Ward, is the author behind this week's bang-up cover story. He spent several weeks looking into the discriminatory graffiti found in the Killam, predominantly in what's known as the 'stacks' on the third and fourth floors.

He came back from his initial



Welcome to Dalhousie—an institute of higher learning. ••• Photo by Chris Parent

examination with a nine-page document of images that made my jaw drop more than once.

This "academically rigorous" institution, to borrow Florizone's words, is also home to the lowest of human decency, it seems. Virtually no ethnic group, religious belief or sexual orientation was left unscathed. People's physical appearances are mocked, and there are even nasty comments perpetuating the rape culture we have all been trying to eradicate.

This vile graffiti exists, and it's disgusting.

But we all know this. Yet the graffiti in question remains. Some of it has sat there, untouched, for years. In a university comprised of progressive, activist types, the silence from the thousands that frequent this space is especially surprising.

We have become acclimatized to these offences. We walk the halls, even sit in the 'stacks,' but we don't stop and think about what we've passed by so many times.

In our pages this week, we ask

that you consider these comments. You may have pictured it as a joke the first time you saw it, but it isn't. It's obscene.

We have decided to reprint some of these offending remarks in our newspaper. Is it for shock value? A little. But we hope you will come away disturbed when reading this story, and seeing these images. Hate speech is never OK. Not when it's said in person, and not when it's written on a wall.

One of the worst graffiti I saw, about a week or so ago, featured a man—defaced to look like Hitler—in the Killam third floor men's washroom. "Wash yo' hands!" the scratch read, with "of the Jews" added below it.

By Monday, the swastikas and Hitler moustache had been blurred out. Someone had taken a marker to conceal the offending symbols.

It's a start. ☹

On the cover:

The view from a desk situated at the corner of the Killam Library's fourth floor, one of the worst culprits for offensive graffiti in the building. Jesse Ward's investigation of the racist and discriminatory graffiti infesting the Killam's desks and walls can be seen on page 4.

Corrections:

In the 146-11, "Rally against transphobia inspired by Dal student's complaints," the *Gazette* did not follow proper due diligence and used the wrong pronoun in referral to Jude Ashburn. In the same issue, incorrect names for Travers Milo and Karen Macfarlane were used in the story, "Dal prof speaks at Hal-Con." The *Gazette* sincerely regrets these errors and apologizes for any confusion or harm it may have caused.



Graffiti litters Killam library: harmless or hateful?

Jesse Ward
Assistant News Editor

Warning: Graphic language and images.

The Killam Memorial Library provides services used by a huge amount of Dalhousie students, faculty and staff, as well as the community at large.

With over a million print books in circulation, a confrontation with the Killam stacks can be intimidating. Where should you start reading?

If you begin with the library walls, you might have some questions.

While some desks, walls and bathrooms of the third and fourth floors are virtually untouched by graffiti, others are saturated with it—the content ranging from uplifting to hateful.

The *Dalhousie Gazette* inadvertently started a complaint process about the graffiti with Dalhousie Security Services when questioning them.

“Up until your comment, we had never had a report about it,” says Jacob MacIsaac, community security coordinator with security services, “which is crazy.”

“I can tell you I’ve been there, it never ever occurred to me, ever,” says MacIsaac. “Even in my rounds of walking through the stacks, it never occurred to me like it did today to sit down desk by desk and read the conversation.”

MacIsaac says that after he found out about the graffiti, he spent a couple hours in the Killam, poring over the workstations and stacks on the third and fourth floors.

“Going up there was completely overwhelming, today,” says MacIsaac, “because I thought: the only way you can do this is rip out all of these desks, and literally start with a blank slate.”

While the second floor’s workstations are equipped with newer tables, the third and fourth floors have had some of the same wooden desks for years—

MacIsaac says the graffiti may be at least 25 years in the making.

MacIsaac says people will always doodle in libraries, and that 95 per cent of the graffiti he saw was “bubblegum graffiti”—innocent messages caused by boredom and a lack of impulse control.

This would include the numerous hearts drawn containing initials and messages like “six billion people, six billion souls, sometimes all you need is one.”

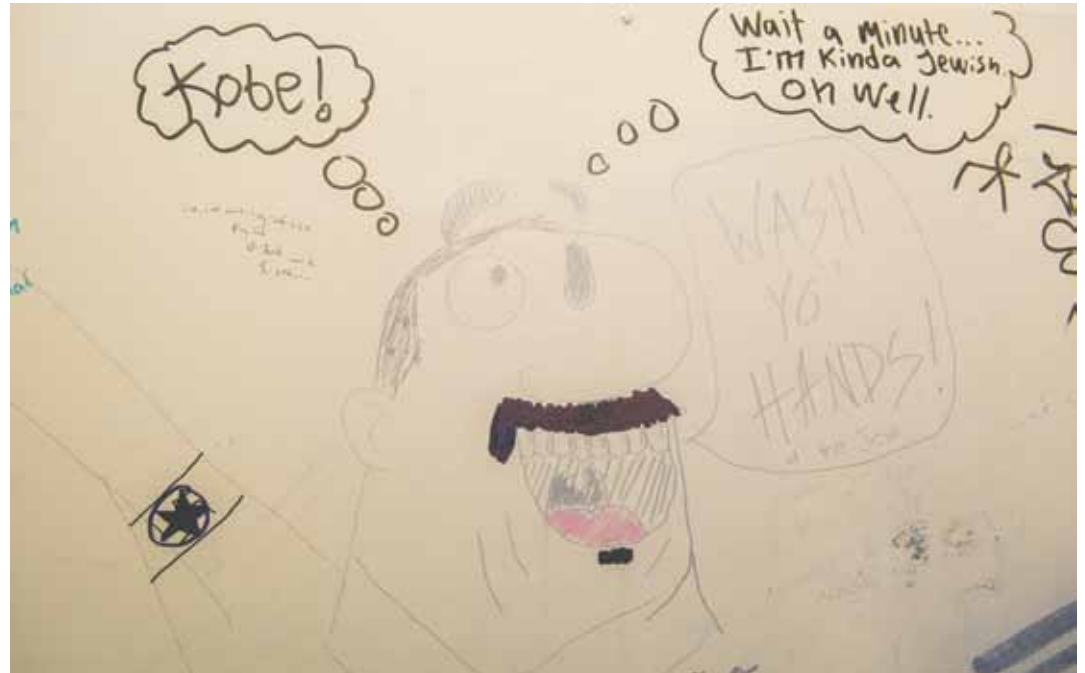
Much of the graffiti currently in the library is romantic, sexual, hopeful or confessional in nature. Complaints about tests and assignments are popular and there are more than a few ironic musings on the acts of reading and writing graffiti.

“Bubblegum graffiti, because it’s so impulsive, and because there’s so many people that think it’s not such a big deal, is one of the hardest types to combat,” says MacIsaac.

.....
“THE ONLY WAY YOU CAN DO THIS IS RIP OUT ALL OF THESE DESKS, AND LITERALLY START WITH A BLANK SLATE”
.....

He says this kind of graffiti “almost gives permission” when someone else sees it—another person might sit down at the site of the original graffiti and decide to have a conversation.

“And then some of it goes downhill, it becomes derogatory or it becomes off-colour very quickly.”



Drawing the line between a bad joke and hate speech. ••• Photo by Chris Parent

MacIsaac says that anything vulgar or obscene will have to be removed immediately.

Graffiti inspires more graffiti when it’s left up for more than a day. Conversations have developed on many surfaces in the Killam, some of them seriously offensive.

“F*** Ontario Kids Are Gay,” someone wrote on a desk before “Gay” was scratched out and “Supercool in my books” was written next to it.

Above a verse penned on a wall from the Gospel of Matthew, someone anonymously suggested the graffiti’s author be castrated.

A heart drawn on a wall in red pen contains the words “Loaded Ladle,” arrows pointing to the heart stem from the words “Fresh, Ethical, Local, Vegan, Delicious.” But a cartoon cowboy is defecating on the heart, which has since been crossed out with the message “F*** You” next to it. A message below an arrow pointing to the heart reads, “segregation ostracizes you dumb c***.”

Where someone wrote “Obama

is a n*****” in large letters on a hallway wall, the last word of this message has been scribbled out. An annotation has been added, “Graduated from SMU.” At some point “Obama is a Human” was added below, the prefix “sub” was placed before human, and later crossed out.

That same wall space has four large swastikas and the words “I hate homosexuals,” “Burn in hell,” Next to “Keep The F** in the Bag!!” in this area, someone added “or the closet.”

Some messages are just threats—“I’m gonna rape you,” “I’m the night watcher.”

.....
While there are plenty of sexual messages targeted at no one in particular, some people move beyond writing their current desires to putting up phone numbers advertising sex.

The *Gazette* called five of these numbers to see if anyone had faced harassment from having their digits advertised.

Only one person answered, a student at Saint Mary’s Univer-

sity. “I think that’s so horrible,” she says of her number being written on a wall, though she has not received any calls because of the graffiti. She says that now that she knows this, she thinks she should change her phone number.

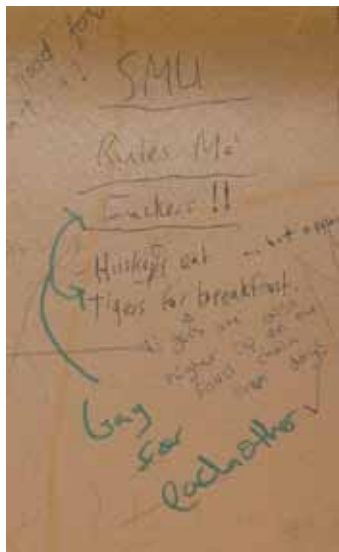
And while the women’s and gender-neutral bathrooms of the Killam are nearly free of graffiti, some surfaces in the building’s men’s rooms are practically hieroglyphic.

Where “F**GS” is carved into a bathroom door, it has been crossed out, with “No hate” carved next to it.

In the same bathroom, you can go to a stall where a large drawing of a man has been defaced to look like Adolf Hitler. “Wash yo’ hands!” was all his speech bubble once said – now, below that, “of the Jews” has been added.

Reach for toilet paper—under the dispenser, “kill n*****s” is written in tiny print next to a swastika.

So why had this graffiti gone unreported, some of it for years?



Graffiti is often added onto by others.
••• Photo by Chris Parent

"I'm not even sure, because I would report it, especially if it is that hateful," says Joyline Makani, head of the Killam Library. "I think it might be, too, as administrators that we might not have told [students] who to report to."

"It's depressingly common and mainstream and accepted, unfortunately," says Laura Owens, women's rep on the Dal Student Union. "At this point, probably, it might not have occurred to anyone that anyone would do anything about it if they did report it."

"Or you're just not reading the messages," says Owens. "You're seeing that there's writing everywhere, but if you're not reading the messages and seeing the homophobic, seeing the racist stuff, then it might not occur to you either."

MacIsaac says he did a presentation in the past to about 300 members of facilities management, where staff were encouraged to report graffiti.

He says Dalhousie doesn't have a "culture of reporting," but that security services always encourages reporting graffiti and suspicious behaviour. Dal Security maintains a Twitter account where reporting of graffiti is promoted.

"We need to really start this conversation, 'Hey, let's take care of each other, report things,'" says MacIsaac. "You don't have to wait

for something really bad."

Makani says that though ignorance is not an excuse, some Canadians who have been here for a long time might take for granted that you should report graffiti, and not all students may be aware that it's a crime.

.....
"IT BECOMES DEROGATORY OR IT BECOMES OFF-COLOUR VERY QUICKLY"

She says she's in support of an anti-graffiti campaign or a program of some kind to be started at Dalhousie.

"It's always important that we have an anti-graffiti kind of awareness, that we educate our community that this is not good, and sometimes it's a hate crime,"

says Makani.

When graffiti reported to Security Services relates to a protected characteristic under the Nova Scotia Human Rights Act, Dalhousie's Office of Human Rights, Equity & Harassment Prevention is informed.

In an email to the *Gazette*, Lisa Delong, the office's Human Rights and Equity Advisor, wrote "In the last ~1.5 years, we have had two such incidents."

.....
 If vulgar or obscene graffiti can't be taken down, MacIsaac says facilities management painters may just paint over offending messages, even if it doesn't look pretty.

Exterior maintenance at Dalhousie is paid for from a facilities management budget.

MacIsaac points out there are over 110 buildings on 75 acres of campus for security staff to look after, and graffiti is not their only gig.

Facilities management has a response strategy regarding graffiti, but they only patrol exteriors. The graffiti removal company Goodbye Graffiti is also con-

tracted to proactively go on graffiti-hunting tours of Dalhousie's exterior.

MacIsaac says Dalhousie spends somewhere between \$50,000 to \$60,000 a year on graffiti removal.

"It's being spent to keep campus clean, and it's stuff you never, ever see," says MacIsaac.

But maintenance done to the interiors tends to come from the budget of the faculty or the group that runs the building.

MacIsaac says the one-off costs that go towards covering up really offensive messages in the library could be managed by facilities management, but it would be on the Killam's books to find the money for interior graffiti cleanup or replacing any tables.

A conversation would have to be held as to whether or not graffiti cleanup in the Killam is where the library's money should be directed. Dalhousie Libraries have already suffered a 3.5 per cent cut to their budget this year.

In the meantime, students are urged to report any graffiti to Security Services. ☎

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Dalhousie awaits HRM approval for joint arena

New fitness facility also in preliminary stages



The Dalplex will be renovated. The timeline is up in the air. ••• Photo by Jasspreet Sahib

Ian Froese
Editor-in-chief

The saga to renovate Dalhousie's athletic facilities is ongoing, with several factors still to be determined.

As work toward renovating the aging Dalplex, on top of building a companion fitness facility, is in the preliminary stages, the university has decided where to build a new rink.

The university's board of governors decided in July that their best option would be to build two ice surfaces with Saint Mary's University and the HRM on neighbouring land.

If the city doesn't help fund a shared arena, Dal would then erect a standalone rink on its own property, said Nathan Rogers, Dal's assistant director of capital planning.

"But all our efforts are toward the two-pad," he said.

HRM council was expected to review the rink proposal in September, but those conversations did not occur. Instead, Brad Anguish, HRM director of community and recreation services, anticipates that council will review the proposal in February around the time the city reveals its next budget.

A decision to support a joint rink would likely alter HRM's long-term arena strategy, which suggested closing three small arenas on the peninsula for a consolidated four-pad at the Halifax Forum.

Anguish said the city is open to the possibility.

"It may not take the form that [the universities] originally may have thought of, but that doesn't mean it isn't a better idea," Anguish said. "I wouldn't call it in a conflict, it's a different flavour, a different approach to providing ice on the peninsula."

The joint effort between the neighbouring universities will only succeed, said Rogers, if the province provides the land—a parking lot south of the IWK Health Centre—for free.

Anguish is confident the province will agree to the exchange, despite the recent change in governing party.

Proposed drawings and an estimated budget for the rink to replace Memorial Arena, shuttered in 2011, have not been made yet.

Dal currently rents the Halifax Forum for its men's hockey team and recreation offerings. The women's hockey team plays at SMU's outdated Alumni Arena.

Dal, architects differ on fitness facility story

Meanwhile, precursory work continues on a new fitness complex and renovated Dalplex, although the university and architects provided clashing accounts of the project's status.

George Cotaras, managing principal of Halifax-based Fowler Bauld & Mitchell Ltd., told the *Gazette* the project was "put on hold" this summer as the school's board of governors explored more possibilities. He then directed further questioning to Rogers.

Rogers did not agree that the

project has been delayed.

"No. I don't think that's fair, necessarily," he said.

"We're taking our time in terms of what exactly the project will look like."

According to a *Gazette* report last April, a consultation session was scheduled for this September after designs had been drawn and the board of governors chose a location for the fitness complex—neither of which happened, Rogers confirmed.

However, David Miller from partnering MacLennan Jaunkalns Miller Architects, told the *Gazette* not only that work continued this fall, but that the Eliza Ritchie residence, adjacent to the Dalplex, would be demolished in favour of the fitness facility.

Like Rogers, Dal's board of governors member Wadih Fares, the chair of capital projects and facilities committee, said a location has not been selected. He expects significant developments on the project in 2014.

It has been anticipated that the fitness facility would either be located where the residence currently stands or the former Memorial Arena site, now a parking lot west of the under-construction LeMarchant mixed-use facility.

If the architect is correct, the fitness complex, pitched as a state-of-the-art compound, will be south of South Street. The option was rejected by the university's neighbours as a community disruption at the last consultation session in April. ☎



Secord is all smiles now. ••• Photo by Mel Hattie

Dalhousie student gains strength from tumor

Diagnosed at age 5, he's since decided to study medicine

Shelby Rutledge
News Contributor

Dalhousie student Matthew Secord learned about his brain at a very young age. Now he wants to study other peoples'.

When he was five, doctors identified a tumor that had been growing in Secord's brain, causing his skull to pinch the tumor.

"They knew I always had something weird because I had a growth on top of my head," says Secord, "because the skull pinched the tumor and it formed on the top and the bottom, so they always knew I had something weird, they just never really could figure out what it was."

Secord was born in Ottawa, Ont., where he lived until he was seven years old.

While living in Ottawa, his family took him to several specialists because Secord was the first child with his condition.

"I was the first kid with my issue to have it where it was without dying," says Secord. "It is normally deeper in the skull and you would not find it until it ruptures, especially back then."

Secord didn't really know what was going on. Like any other five-year-old, he loved the attention.

"I knew there was something wrong, but I didn't know what

was wrong, really," says Secord. "I just thought it was really cool that I was in the hospital. It was just the needles; the needles just really freaked me out."

Secord doesn't remember a lot from the 13-hour surgery, but he does recall his rude awakening afterwards.

"I projected vomit all over the place because of the anesthesia, passing back out, and then just watched movies with my mom later that night," Secord says. "I remember going back to school and I was bald, and everyone was like 'oh my God, you're bald!'"

Today, Secord wants to take his experience and use it in the medical field.

"I want to study it just to have a deeper understanding of what went wrong with me and why it happened," says Secord.

"I hope I can get a better understanding of what it was and maybe learn how to treat it myself and do it on other people. That way I can sympathize with the patients and being like, yeah I went through this too, I know what it feels like."

Secord says it wasn't a negative experience.

"I think this was a good experience because it really got me to open up my eyes, to know that not everything is as good as it seems, and that you have to look deeper into things to really understand." ☎

NOT SO FAST

SUB renos won't include old promises by Dal for bike lanes on University Ave.

Nicolas Haddad
News Contributor

Big changes may be coming to Dalhousie's bike-friendly infrastructure, but not as fast as students might like to see them.

The Dal Student Union (DSU) is moving forward with its plans to renovate the Student Union Building (SUB), but long-standing promises by the university to update cycle paths on campus are still far from coming to fruition.

At the last public consultation hosted by the student union on Oct. 28, Keith Tufts of Lydon Lynch architects, the firm tackling the SUB renovation project, confirmed that he was not planning to integrate the Dalhousie Campus Master Plan's vision for a pedestrian and active transport lane in front of the SUB on University Avenue.

While his plans for the new SUB

include designated spaces for desperately needed bicycle parking, implementing a bike lane is out of his hands.

He says it's because the SUB renovation doesn't plan to go out to the sidewalk, but he also added that Dal has yet to make any progress on their own bike-lane project.

In 2010, the university published the Campus Master Plan, a 46-page document outlining the administration's ideas and proposals for how to manage the physical space around campus.

According to the facilities management website, so far completed projects from the plan include the Dalhousie Ocean Sciences building (budgeted at \$41.5 million), the Mona Campbell building (\$30 million), the Life Sciences Research Institute (\$65 million), and campus lighting upgrades (\$4.6 million).

But quality of student life-oriented projects like the Active Transportation Roadway, a proposed blocking-off of the southern half of University Avenue for use by cyclists, pedestrians, and other active transit users only, is nowhere to be found.

According to Nathan Rogers, the assistant director of capital planning at Dalhousie facilities management, that's because it's still the city that owns the land between the sidewalk in front of the SUB and the patch of grass separating University Ave's north and south lanes.

He says that while he's confident the plan will go ahead, much of it is still up in the air. He also confirmed there have been preliminary meetings with HRM to make it happen, and though negotiations with them on the topic are ongoing, the municipality appears to be amenable to the idea.

"Our short-term goal at this point to make the University Avenue project go ahead for active transportation is to get the on-street parking off, to make that bike lane a possibility," he said. "Whether it's a cycle track or just a painted line, we don't know at this point."




In Dal's plans, University Avenue would be pedestrian-friendly.

••• Photo by Adele van Wyk

Calling the project "relatively low-cost," it would see an active transit lane "link our Studley campus, through Carelton, to our Sexton campus," adding that it's "very much so part of our vision of the future."

When the *Gazette* asked him if

next year's incoming students can expect to see this project done before their four years at Dal are up, he said "it's still very much up in the air. Timing is a hard thing to discuss. I can't give you any answer on that." 

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Four profs, one goal. ••• Photo by Sima Sahar Zerehi

Silencing science Dal prof speaks on Get Science Right panel

Sima Sahar Zerehi
News Contributor

Thomas Duck, an atmospheric scientist at Dalhousie, wants people to start talking about science. It's important, because research funding is facing drastic cutbacks from the federal government.

Duck was one of four speakers discussing the impact of government attacks on science at the Get Science Right town hall at the Nova Scotia Art Gallery on Nov. 14.

"There have been terrible, terrible cutbacks to programs in places like environment Canada and the department of fisheries and oceans that protect the health of Canadians," says Duck. "There have been savage cutbacks of universities as well. There's also been the muzzling of scientists, which is a troubling issue"

Get Science Right is a national campaign led by scientists who are trading-in their test tubes for microphones to send out the message that science matters.

Efforts like this panel are designed to combat the silencing of researchers by the federal government.

"There was a recent survey done of environment Canada personnel and other personnel in the gov-

ernment and it found that some huge portion of them had experienced some form of muzzling—not being allowed to talk to media and explain their research."

In addition to research cuts and muzzling of scientists, Duck says there are also many significant changes to legislation.

“MUZZLING OF SCIENTISTS, WHICH IS A TROUBLING ISSUE”

"The fisheries act no longer protects fish habitat—it's shocking—it only says we're going to be protecting fish of economic or cultural importance."

Normally Duck's research on climate change takes him to the high arctic, in the northern part of Elsmere Island called Eureka, as far north as you can go as a civilian.

Despite popular interest in climate change, Duck and his colleagues have faced setbacks to their research; his team only got two thirds of the funding they

needed. This means that they've trouble hiring adequate technical help, and have lost key personnel.

Duck is less worried about his own project than the implication of the cutbacks on what he calls basic scientific research—projects that don't have a clear commercial application.

"Scientists are well aware that it's basic research that leads to the technological advances that we all crave. The government on the other hand seems to want to fund the last mile of the research, they want to fund just the applications. You can't have the applications without all the hard work before that."

Duck admits that speaking at town halls and mobilizing campaigns doesn't always come naturally for scientists, and that has been part of the problem.

"I think we very much set the stage for the cutbacks that we've seen. For years the universities relied on the government people to do the communicating for us," he adds. "If Canadians aren't aware of the good important work that we do—why should they support it?"

The town hall was co-organized by the Canadian Association of University Teachers. ☎

Fasting to make a difference Dal's World Vision Society holds its first 30 Hour Famine



Hour 26: 108 Yoga instructor donated a free class.

••• Photo by Sarah Lawrynuik

Sarah Lawrynuik
News Contributor

Dalhousie's World Vision Society proved that 30 hours can make a difference on the Nov. 15 weekend.

A small group of students, led by the society's president Karley Hewitt, came together to stop eating and raise money—taking part in World Vision's 30 Hour Famine. They met in the Student Union Building to tie-dye shirts, play cards, do some yoga; anything to get their mind off of their grumbling stomachs.

They began their fast at noon on Friday and continued until 6:00 p.m. Saturday.

"It's just to get your mind off not eating for thirty hours. It's good to meet a lot of great people too because we've had a lot of new people who haven't been involved with the society before," says Vanessa Miller, the World Vision Society's VP external.

The group had planned on raising funds for World Vision's economic empowerment project in Gashora, Rwanda but after Typhoon Haiyan hit the Philippines earlier this month, some participants asked if their money could go towards the organization's disaster relief fund.

The club raised over \$1,000, and now that money will be divided between the two projects.

Hewitt says the choice to send some of the funds to Rwanda is a personal one. "I went to Rwanda with World Vision in 2012 as a youth ambassador. So I saw where the funds go and I know it truly does impact the people there."

It was Paula Lagman who suggested some of the money go towards disaster relief in the Philippines as well.

"I felt like I should do something for it since I'm from the Philippines... And I can't really do anything from here; just donate money to help them," she says. "It feels so nice to know that there's going to be help that's given to the people of the Philippines."

The group remained positive Saturday afternoon with four hours left in their fast. They expressed as a group that they knew they would never understand what it would be like to go to bed hungry every night, but that the experience was humbling all the same.

Miller talked about why the fast was important to her. "It's easy, but it still makes a big impact. We're very well off where we are. We're going to university, we're studying, we're spending thousands of dollars on our education. It's mind boggling that for us, [food is] just something we don't even think about, but other people, it changes their daily lives." ☎

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Sam Elmsley Opinions Editor

False advertising PINK promotes male gaze

Jacob Sandler
Opinions Contributor

Earlier this month, a promotion for PINK, a sub-brand of Victoria's Secret, took up the majority of the lobby of the Student Union Building. The promotion was part of the "PINK's Got Spirit 2013 Campus Tour," which has made its way across the country, stopping at major universities. Problematically, the primary feature of the promotion was a life size image of a Victoria's Secret model with her face cut out.

She stood there, two-dimensional, in some not-too-sandalous lingerie and was, as you would perhaps suspect of a Victoria's Secret model, young, white, blonde, and of course, skinny. Students wanting to enter for a chance to win prizes were asked to dress her in two-dimensional, cardboard, PINK-brand clothing, which could be Velcroed onto her body. They were then supposed to go behind the cutout, put their face in the hole where the model's face should have been, and have their photo taken by the professional photographer that was working the promotion. In effect, each participant was supposed to pose as a PINK model.

I think we can all agree that clothing advertisements, especially those for lingerie, perpetuate unrealistic images of the female body. They also often rely on images that depict women as men would (apparently) like to see them. This isn't new, and it's certainly not unique to Victoria's Secret. In fact, this sort of branding is, perhaps for obvious reasons, inherently part of the lingerie business. Lingerie is, after all, a lot about sex appeal.

As problematic as these unrealistic images may be, what's more messed up is that the "PINK's Got Spirit" campaign is taking this physically unrealistic and male-defined image of beauty (how many women really have *that* hip to waist ratio and legs *that* long?) and asking you to put *your* face in it.

We've all seen the "your face here" cutouts at popular tourist sites all over the world. Most often they consist of painted pirates, or fishermen, or jungle animals; always they are for the sake of dressing up, or playing pretend. The appeal of these cutouts is to allow individuals to put their face in an image or costume that they would never normally be able to appear in. The PINK cam-

paign is not operating all that differently—in fact, it's doing exactly the same thing. Across the country Victoria's Secret is putting up an idealized image which for most women—depending on height and body composition—is impossible to achieve, and asking you to "play pretend" in it. (The organizers clearly recognized this because behind the cut out there were steps so participants would be tall enough to reach the hole.) Not only does this campaign directly promote an unrealistic image *as* ideal beauty, asking women to participate *in* the image overtly and explicitly perpetuates the sense that women should, and even must, strive to be like it in order to be beautiful.


It would be nice to think that this was a massive slip on the part of the campaign designers. Perhaps they were simply looking for a way to get students to participate in the promotion as opposed to just handing out freebies. Perhaps they didn't realize the implications of turning a Victoria's Secret model into a "your face here" photo-op. The truth is this is not the case; Victoria's Secret knows exactly what message they are sending. The punning rhetoric of the campaign says it all.



Victoria's Secret perpetuates unrealistic beauty ideals. ••• Supplied photo

Right there on the PINK sign in the SUB, in small print under the campaign title: "sign up to get *the*

skinny on events, offers and new campus gear." ☹



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Let's be real: winter holidays can drag on. Here are some fun activities to keep energy levels high. ••• Press photo

In for the long haul

Five fun activities to pass the festive time

Jackson Haime

Opinions Contributor

Alright everyone, it's almost time for us all to go home and spend some time with our families over the winter break. We can all walk away from our jobs and spend our (ludicrously long) time away from school doing the same things we would between classes during school.

Okay, we can't all drink for the entire break. We would die.

In that case, here are five things that you can do to keep being awesome during the holidays.

Sledding

Yeah, I know my first suggestion is weak, but have you been sledding in the past few years? It's still awesome. There are definitely bonus points available if you have a little sibling or cousin whom you can bring on the adventure. You can either spend a few dollars to pick up a simple sled, or just take the classic garbage can. It's super simple.

Gingerbread houses

Make a village if you really want to, but the biggest part of this is that fact that you get to build it up,

then tear it down. We all have that one artist friend/sibling who takes over the whole project to make sure that everything is pretty and perfect in their little gingerbread castle. If you're that friend, enjoy. If you're anyone else, have fun smashing the house right after and eating the candy.

.....
**“OKAY, WE
 CAN'T ALL
 DRINK FOR
 THE ENTIRE
 BREAK. WE
 WOULD DIE.”**

Plays

Not everyone is a fan of theatre, but if you are, the holidays are the perfect time to jump around to a few. I was a theatre critic in high school, and this is the busiest time for schools to be putting on shows. The tickets are usually \$5-10, and if you go with a group of friends, even a bad play can be a blast.

Learn a new skill

I'm not going to tell you which skill, but teaching yourself something along the lines of juggling, fancy tie knots, roller derby, or Pokemon training isn't as difficult as you would think. Usually learning a new skill to the point where you are able to “self-correct” can be done in less than 40 hours of effort. Without school to worry about, that should be pretty easy to pull off.

Make dinner

This may not be the most fun suggestion, but this is one of the few times during the year that you are not cooking everything on a university budget! You have access to that beautiful conduction stove and a full shelf of spices. There are whisks, spoons, ladles, tongs, and forks that have been gathered over the course of an entire life of raising you. The oven doesn't need to be reset every 15 minutes, and the smoke alarm doesn't go off when you use the microwave. Use this time to make yourself into a five star chef. Or have your parents make something for you, no judgement here. ☹

Readers, take note

My annual holiday wish list



A ghost writer would be an excellent Christmas gift.

••• Photo by Adele van Wyk

Samantha Elmsley

Opinions Editor

.....
 Yes, it is only November 22. Admittedly, Christmas/the holiday season doesn't technically start for at least a couple weeks. But we at the *Gazette* are holiday-positive! We celebrate the Christmas creep! We embrace it! Which is why you're getting my holiday wish list WELL in advance of any actual holidays. You're welcome.

A funding grant from the Social Sciences and Humanities Research Council of Canada (SSHRC)

Undergrad cost me a boatload of blood, sweat and tears, and now I'm opting to do it all again, except at masters-level standards. I figure the least the universe could do is pay me for it this time around. Especially since, given this job market, we're all probably going to end up in grad school at some point anyways.

A handful of round-trip plane tickets to Toronto

You know what sucks? Long-distance relationships. By sheer dedication/love for my partner, and an apparent zeal for punishment, I am making it through this year. But sometimes, texting doesn't cut it. This is where your generous gift comes in.

Hermione Granger's time turner

Can someone please explain to

me how we're midway through November? I think I've only gotten one month's worth of decent sleep out of three. I really feel like this device would help me keep up with school/writing/life a lot better. And while you're in the wizarding world, if you could also grab me...

A pensieve

... that would be great. And maybe some Filibuster Fireworks. And Butterbeer. So much Butterbeer.

Funding for academic acquisitions at the Killam

Oh, nevermind—they got that when we all paid our tuition in September.

Anti-rape wear

I really feel like the best way to solve the fact that people rape other people is by making the potential victims wear vagina armour. The current product apparently ignores the fact that men and people with disabilities also get raped too, but here's hoping they come up with a line for those and other excluded demographics before Christmas.

A ghost writer

Celebrities do it! It can't be plagiarism!

A holiday feast

Where I could sit down with all my friends and family, and just be thankful for the people who make this world super awesome. And not have to cook. ☹



Bringing the city to life

An urban planning-themed podcast with flavour



Cities Alive's Geordon Omand and Danielle Davis in the podcast-zone. ••• Photo by Mel Hattie

Sabina Wex
 Staff Contributor

She jumped. She jumped with a white hunk of plaster and gauze on her foot, which bound her like

a shackle, even though she was stuck in her own home.

Dalhousie masters of planning student Danielle Davis jumped for opportunity.

"I was stuck," says Davis. "Interviewing people helped me reach

out when I felt really stuck."

Davis used her house-bound summer to gather stories via cold-calls and emails for a potential podcast that Ross Soward had told her about. His place of work, the Planning and Design Centre,

tossed around the idea of a podcast as a way to make planning and design more accessible.

Davis and Soward now present Cities Alive, a podcast that aims to make urban planning and design more accessible.

Cities Alive is one of the first urban planning-themed podcasts to include story-telling and different voices. People share their stories and experiences, along with snippets of interviews with experts.

"You're naturally inclined to sit back and want to listen to them and hear what they have to say," Sowards says, "which is much more interesting than hearing a professional planner talk about a report which is often the association or image people have in their mind when they're thinking about urban planning."

The podcast episodes also use sound clips and songs. In "Temporary Spaces," the *Seinfeld* jingle plays before an interview with a journalist who covered the conversion of New York's Times Square into a pedestrian plaza. During a break in the interview, Jay Z's "Empire State of Mind" plays.

"I think what's missing in planning a lot of the time is emotion," Davis says. "But these things are emotional, and music is such a conveyor of emotion, so I think that it really helps."

Cities Alive's executive producer Geordon Omand adds, "If you pay enough attention, you're going to

get little tidbits that someone who maybe doesn't delve as deep won't get. We're not spelling it out, but if you get it, you get it."

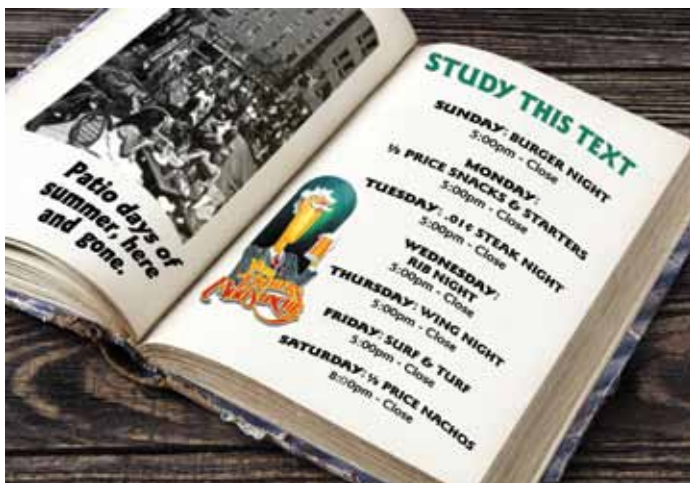
The episodes mainly focus on Halifax Regional Municipality. "Neighbourhoods" centres on Africville. Omand says they have future plans to gather more nation-wide stories so as to not limit their listenership. Davis adds that they will occasionally use international stories as parallels, like they did in "Neighbourhoods" with a story of a Finnish architect trying to establish a community within the often unfriendly high-rise.

"These topics are things that people live firsthand every day," says Omand. "It's one of the neat things about this subject, it's so universal."

The Cities Alive team hopes that that the podcast will eventually become "self-sustaining" so they can receive compensation for their work. They have submitted a proposal to CBC to gain a timeslot. They also are in conversation with the Canadian Institute of Planners to make Cities Alive a national professional development tool, and a forum for planners and city builders to share their practices or stories.

Davis expects the next episode to air in late January. Its theme will be urban agriculture.

The podcasts are available on the Planning and Design Centre website and iTunes. ☎



ATTENTION
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The first contributors meeting after the break will be held on

Monday, Jan. 6
at 5:30 p.m.

SEE YOU IN 2014

Putting on *Pericles*

Dal Theater brings challenging Shakespeare production to life



Distributed poster for the upcoming production. ••• Press image

Nikki Jamieson
Arts Contributor

Dalhousie's theater department will present *Pericles*, its second production of the 2013-2014 season, on Wednesday, Nov. 26.

Pericles is a magical adaptation of Ancient Greece, telling the epic tale of Prince Pericles' journey across the Mediterranean Sea as he finds love and yearns to become a king. Pericles must overcome many obstacles such as storms, pirates, tyrant kings and tournaments. He loses his wealth, family and will to live as his daughter Marina tries to find her way back to him and reunite the family. Ultimately, *Pericles* is a tale of suffering and resolution.

"The character of Pericles is a great guy, who is innocent and goes through a journey where he learns more about the world and himself. He is honest and honorable, and this virtue is something that serves him well in the play," says Jackson Forlow, who plays the title character.

"In almost every scene he starts in one state and by the end is in a very different one. So acting-wise, it is a lot of variety and challenge."

Pericles will mark Blair Williams' directing debut at Dalhousie. He has directed plays such as *The President* at the Shaw Festival, *The Play's the Thing* at The Segal Centre in Montreal and *Rope* at the Vertigo Theatre in Calgary.

"It's a huge, sprawling play that covers many geographical locations and is a psychological mountain climb for the characters, especially Pericles" says Williams, "the sprawling nature presents a challenge; you want to make sure each culture Pericles visits is different from the last culture he was in. I've acted in Shakespeare plays before, and I wanted to take the

opportunity to challenge myself and challenge [the actors]."

While credited as a Shakespearean play, the first act of *Pericles* was written by George Wilkins, a contemporary of William Shakespeare, before Shakespeare took over and finished what Wilkins had started. Despite this patchwork authorship, *Pericles* became a successful travel play, a romantic adventure that appealed to the masses.

.....
"IT'S A HUGE, SPRAWLING PLAY"

Rehearsals have gone well, with the cast in high gear as opening night approaches. The excitement of doing a Shakespearean play is contagious, but what they are really looking forward to is using the poetic language to express the characters and their emotions.

"We had to be specific with what we were saying with every word. The beauty is found with the minimalism of Shakespeare, people saying the word to emote," says Hillary Adams, who plays the Princess Thaisa. "It has been an amazing adventure and challenge for myself and my classmates, to be able to work with Shakespeare and Blair."

Pericles will run from Nov. 26 -30, at 8 p.m., with an additional two matinees on Wednesday, Nov. 27 at 1 p.m. and on Saturday, Nov. 30 at 2 p.m., at the Sir James Dunn Theatre in the Dalhousie Arts Centre. Tickets are on sale at the box office at \$14, \$7 for students and seniors. ☎



Ondaatje before a crowd of earnest listeners ••• Photo by Kerry Delorey

Author Michael Ondaatje speaks at annual Alex Fountain Memorial Lecture

Rosalie Fralick
Arts Contributor

Award-winning author Michael Ondaatje presented this year's Alex Fountain Memorial Lecture, "Mongrel Art: A Discussion of Literature and its Neighbours," on Nov. 14 at the University of King's College.

The father of former King's student Alex Fountain spoke briefly about his late son, who valued inclusiveness above all else. Fountain said the goal with his lecture series is to provide as many students as possible with speakers who will enrich their education.

Ondaatje, five-time winner of the Governor General's Literary Award, certainly met this criterion.

Ondaatje, who grew up in Sri Lanka, said his formative years impacted him.

"I was surrounded by an oral transition rather than a literary one: gossip, lies and arguments at the dinner table. In Sri Lanka a well-told lie is worth a thousand facts."

This tradition of story-telling might seem like an explanation for the works Ondaatje has produced over the course of his career, but it is not the tradition

he credits with his success.

"We are influenced not just by our geographic environment but also in the art that surrounds us," he said.

Throughout the lecture he echoed this sentiment time and time again, concentrating on how important the art one consumes is to the art one creates. He told the room that "the books I read growing up in Sri Lanka were all about England. My parents danced to Fred Astaire and Ginger Rodgers."

Ondaatje credits one person in particular with helping him make the transition from consumer to creator.

"When I was in university, I had an English teacher who saved me as an 18-year-old idiot."

Ondaatje is a strong believer in learning from those who inspire you, regardless of art form.

"I'm fascinated by how writers might learn from architects,

painters, gardeners, set designers."

One of Ondaatje's many inspirations is jazz musician Ornette Coleman, who famously said, "the thing you play at the beginning is the territory, what follows is the adventure." This is how Ondaatje approaches the creative process. He describes this as "the journey or process where an artist follows the brush."

Near the end of his lecture, Ondaatje was asked if he feels he has matured as an author. He said no. The audience laughs, but he continues.

"Well, I don't want you to think that one gets 'better,'" he said. "One writes about different things. This book is about this part or that part of the world: a small story. I don't really think about world issues but I am in the world so I suppose that has its effect." ☎

.....
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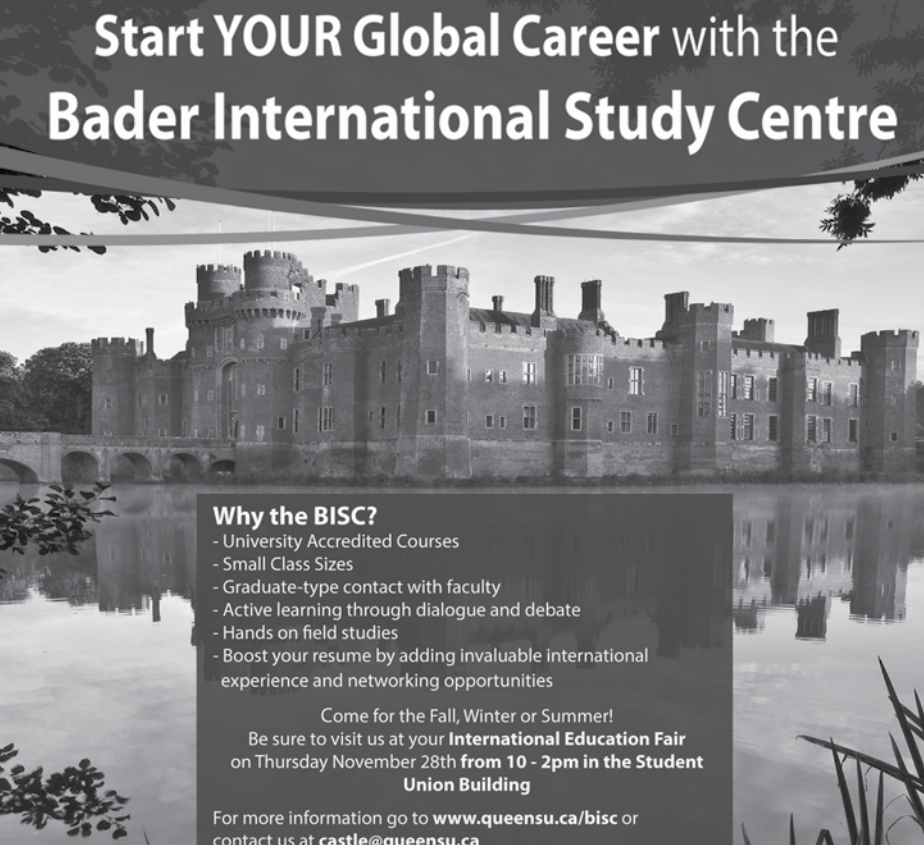
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••• Illustration by Emily Davidson

Recent Dal grad and former Gazette contributor CarolAnne Black submitted the following story to CBC's *Vinyl Café*, which is to be read on-air by Stuart McLean. Black is currently travelling Europe by bike and blogging her story at carolanneblack.com/travel.

Dear Stuart,

I've always played the piano. As a child I played because my dad wanted me to. When I went away to university I played because it made me think of home and because it brought me peace in my new adult life. Now I play for my family and to remember my dad.

He never played himself. My dad's mother was a piano teacher, but he was stubborn and he never let her teach him. That same stubbornness made him determined that I shouldn't miss out.

My dad could sit in his chair in the living room and listen to me play our reddish-brown baby grand for hours. He used to say, "You've got real feeling for the music."

He would call out "Nope," to help me when I got a note wrong. Once he called out "Nope" and I squinted at the notes and cross-checked with my fingers and realized I had gotten it right. "It's supposed to sound that way," I said. Every child has a moment when they realize their parent doesn't know everything. This

was mine.

I met my partner Tim two years after my dad died. For my 29th birthday, Tim had a surprise for me. He took me walking through our neighbourhood—left here, right there. He wouldn't tell me where we were going.

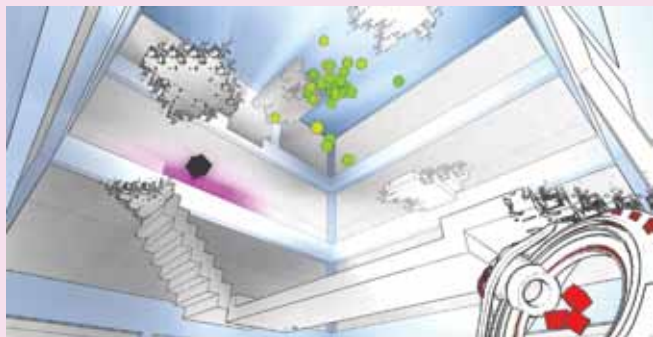
At home we have an electronic keyboard, but Tim knows I dream of baby grands. Owning one is still a dream for us, which is why I was confused when I realized we seemed to be heading toward the local piano shop, Doctor Piano. We knocked on the door. The owner greeted us and told me I could play any piano I wanted and that we could stay as long as desired.

Tim had arranged for me to go in after hours to play the show room pianos. It was just the two of us. Tim sat in a chair across the room. I picked the seven-foot concert grand piano. I played the Entertainer and some Schubert. I played Linus and Lucy, the Peanuts theme song. I played, and Tim listened, until my fingers were tired.

There's something about making music with your own hands and with your own mistakes that enriches the soul in a way that listening to another play never can. My dad gave me that gift. And it's Tim who is helping me keep it.

Sincerely,
CarolAnne





Something here *must* make some logical sense. ••• Press image

Why aren't you playing: Antichamber

Fourth dimension mind games

Vaughn Pearson
Games Columnist

I've rewritten this review a dozen times, now. I can't find words for my experience with *Antichamber*—not because it was stupendous or too beautiful to describe, but simply because I cannot rightly think of an experience like it. It is truly unique.

Antichamber is a conundrum wrapped in a metaphorical enigma, tossed into an allegorical sack and drowned in a river flowing from the darkest recesses of M.C. Escher's mind. That's the best way I can put it.

Starting in a large room, you gradually progress through a complex maze lacking any true instruction, guided only by allegorical life lessons written on the walls. Now, this is not your normal sort of maze. Walls will turn into corridors, floors will disappear out from under you and sometimes direct instructions in place just to trick you.

It's confusing, frustrating and occasionally seemingly impossible but it's the best damn puzzle game I've played in years.

Immediate comparison will be drawn to *Portal* as, well, *Portal* is the poster-child for puzzle games with weird guns. *Antichamber* does indeed have a weird gun, but it's not present until almost a third of the way through the game, whereupon it assists you in creating, deleting, moving and eventu-

ally duplicating little colored blocks integral to puzzle solving. Not so much a gun as a handheld, funky looking tool.

There's no story, at least none that my feeble mortal mind could comprehend. Rather you are, as mentioned, guided by life advice. While I was trying to wrap my head around a puzzle clearly designed by some sort of super-villain, the game was kindly telling me that patience is a virtue, and persistence against all odds can often be rewarding. The game plays your therapist as it simultaneously hands you puzzles that make you think you are going insane. But you'll love it. You'll be unable to stop. You'll tell yourself "one more puzzle, then I'll take a break." You won't.

The game's one downside is that it makes you restart each time you start it up. It remembers you, but you have to try to do it in one go. Each puzzle can be completed incredibly fast once you have solved it, so I found the forced restarts to be far from detrimental to my experience. Every time you load, you have that many more solutions in your arsenal. Each restart, it's that much easier to progress.

If you like brainteasers, get some Sudoku. If you want your intelligence to be challenged to some true fourth dimensional thinking and really flex those little grey cells, pick up *Antichamber* on Steam for \$19.99. ☺

that three-letter word

Joelline Girouard
Sex Columnist

One of the benefits of university is the abundance of rockin' bods (and the people who own them) to have sex with. Sorry to be so blunt, but it's nearing the end of the semester and nobody's got time for beating around the bush.

If you're one of the lucky ones who's getting some on the regular, the prospect of winter break can be bittersweet. On the one hand, you get plenty of down-time to snuggle up and catch up on your Netflix queue. On the other hand, if you or your partner is an out-of-towner like so many Dal students, you might have to go it alone.

"OLD-SCHOOL PHONE SEX HASN'T LOST ITS CHARM"

If you're used to seeing someone—and having sex with them—on a regular basis, three weeks of abstinence can sound insurmountable. What are you supposed to do with all that sexual energy that's bound to build up? Masturbate? Well, yeah. That's one solution. But there are other things you can do—things that involve your partner, too.

Long-distance relationships have come a long, long way since our parents did it in the '80s. Today we can text, sext and Skype-sex to our heart's content (old-school phone sex hasn't lost its charm, either). There are pros and cons to each, but all of them can help you stay sexually connected to your partner despite the distance.

Skype-sex is probably the best substitute for the real thing; you get audio *and* visuals. It's like mutual masturbation (when two people masturbate together, without necessarily touching each other), but on a screen instead of in the same room. This can make it more intimate than other sexy alternatives—it almost feels like

Keeping it alive over the break



Get some one-on-one screen release. Headphones recommended.

••• Photo by Bryn Karcha

you're just hanging out. Unfortunately for those of us from more rural locales, it also depends on high internet speeds.

You might scoff—why bother with phone sex if you can Skype? It seems dated, sure, but that doesn't mean it's had the fun sucked out of it. Using your imagination to fill out your partner's words can be really exciting, and the elimination of visuals can help you focus on other senses. Tell your partner what you want to do to them, what you want them to do to you—whatever gets the both of you going.

I'll be honest, I don't really

understand sexting. (It requires both hands. Doesn't that defeat the point?) I think it goes sort of like phone sex, but through text and with the occasional dick/tit pic. If it's something you're into, I'd advise exercising caution when it comes to swapping pictures. Not only do you need to have utmost trust in your partner, you need to have utmost trust in your phone. It all seems pretty straightforward, but one wrong tap or swipe can mean a huge 'oops'. ☹

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SEMESTER IN REVIEW

Looking back on the months that have come and gone

Benjamin Blum Sports Editor, Daniel Bergman Assistant Sports Editor, Justin Harling, Graeme Benjamin, Sports Contributors

The two-year 'Reign of Froese' ended in May, and with the sports section under the supervision of Ben and Dan, there have been some noteworthy changes.

We've added some shiny features (who doesn't love the Ticker and the Water Cooler?), managed to score some sweet covers (we would've had more if there were a few more championship teams at Dal), all while sticking with

what made the section great in the past: honest coverage, entertaining stories and handsome editors.

You may disagree with us on some things, so naturally we've compiled some brief snippets that will surely incite more debate. Enjoy our team ratings and awards, and we'll see you in the New Year. *-BB*



Cross-country leads the pack in this semester's rankings.

••• Photo by Chris Parent

Report Card

Clubbing hard has a whole new meaning this semester. The rugby, rowing and lacrosse clubs all took home hardware, while many of their varsity counterparts fell short. Women's cross-country successfully brought Dal the first Atlantic University Sport (AUS) championship of the year, and there are still teams who are in the middle of their respective seasons. We'll save basketball and volleyball for later, but for now enjoy this semester's report card.

Lacrosse ... A

Flawless is a word that comes to mind when describing this team. After going 8-0 in regular season play, Dal's lacrosse team continued their winning ways in the playoffs and won their third straight title—their fifth in six years. Led by league-leading goal and point scorer Ricky Canning, the Tigers flew by the St. FX X-Men 17-10 in the finals. The hard work and

dedication of each member on this team is why it is as good as it is. Congrats boys—you guys have once again proved that Dal lacrosse is a force to be reckoned with. *-GB*

Cross-country ... A

It was a return to form for the women's team this year, who rebounded from last year's championship loss to dominate the regular season meets and win their third AUS banner in four years. The men's team was unable to prevent an X-Men trilogy of titles, but there's no shame in silver, right? The women's team's inability to crack the top 10 at nationals resulted in a lack of 'plus', but certainly a season to remember for the subjects of a recent *Gazette* cover. *-BB*

Rugby ... A-

Last year, both the Division 1 and 2 men's sides fell in their respective finals. This year, the club had a chance to avenge

these two losses in championship rematches. Dal did not disappoint, defeating Acadia in the Division 1 match and battling for a close win over King's in Division 2 action. Add a women's club title win and it's safe to say that, despite the personal rooting interests of this former King's rugby player, Dal rugby had quite the successful campaign. *-BB*

Rowing ... B+

Definitely the surprise performers of the semester, Dal's rowing club came out of nowhere and certainly turned a few heads. The club won their first ever Lochaber Cup, emerging as the top Maritime crew and earning them a trip to nationals in Montreal. Pitted against varsity shells, the club held their own, finishing in the top 10 in both men's and women's competitions. Looks like Maritime regattas are the place to be for all you Dal rowing fans out there. *-BB*

THE TICKER: BASKETBALL

By Benjamin Blum

Jarred Reid goes on the attack against Acadia. ••• Photo by Chris Parent

Dal breaks even versus Acadia

Two 'home and home' series against Acadia ended in a split decision, with both the men's and women's teams winning on their respective courts.

In both games in Wolfville on Nov. 13, Acadia jumped out to commanding early leads and didn't let go. With the series back at the Dalplex on the 16th, Courtney Thompson's 20 points and Ains-

ley MacIntyre's 14 rebounds brought the Tigers' record back to .500. The late game resulted in the first victory of Rick Plato's Dal career, as the Tigers had four players in double digits including John Traboulsi's 14 off the bench. *(G)*



Women's soccer ••• B

In my humble opinion, a B is a generous mark for the women's soccer team, given the amount of potential they had entering the playoffs. Aside from two pitfalls to the UPEI Panthers and the Moncton Aigles Bleues, the Tigers had a phenomenal regular season, entering the playoffs as the second-ranked team with a 9-2-2 record. However, as we all know, no one really cares about how well your regular season is when you lose in the playoffs—which is exactly what the Tigers did in overtime of the semifinal to the Acadia Axewomen. —GB

Football ••• B

The team managed to put together a solid regular season, but faltered down the stretch. Early on, they looked like a favorite in the Atlantic Football League. However, they completely fell apart during their last regular season and play-off game. The team has parts to build with, but they need someone to step up in a leadership role if they expect to walk away with the Moosehead Cup. —JH

Men's soccer ••• B

In a league with numerous talented teams, who each could have won the men's soccer title on any given day, the Tigers were able to hold their own against some of the top teams throughout the season. Though they struggled to find the back of the net on several occasions, Dal's men's soccer team was able to persevere through some top matches and finish as the third-ranked team entering the

playoffs. However, after their impressive win over the Acadia Axemen in the quarterfinals, the Tigers' inability to beat the Huskies came to light once again as they lost the semifinal match 4-1. —GB

Women's hockey ••• C

Yes, the Tigers' record is a less-than-stellar 3-6-1. And yes, they currently sit in sixth place (out of seven teams) in the AUS standings. But hear us out. Despite attempting to integrate 15 newcomers into the team this season, the Tigers have looked comfortable playing fast-paced, entertaining games. Moreover, given the low expectations following the hazing fallout, this team would have needed to lose every game in humiliating fashion to truly disappoint. As it is, the Tigers have displayed enough youthful promise to justify this section's belief that the future is bright. —DB

Men's hockey ••• D

At this point, it seems almost unfair to pile more criticism onto Dalhousie men's hockey. After all, very few people thought this season would end in anything approaching a conference championship. Yet the results so far have been even more discouraging than first anticipated: the Tigers are winless through their first nine games, with no players listed among the AUS' top-20 scorers. This lack of success cannot be blamed on a lack of effort—several games have been very closely fought—but, as in the university classroom, grades must be awarded on the basis of proven performance. —DB ☺

GAZETTE AWARDS

Take a drink whenever someone thanks the Academy



Evraire. ••• Photo by Chris Parent

Male athlete of the semester: Bezick Evraire, soccer

The male athlete of the semester goes to midfielder and second-team all-star Bezick "Bezzie" Evraire. The all-Canadian was a leading presence for the Tigers this season, leading the Tigers in shots with a whopping 42. The power and speed that Evraire brought to the table for the Tigers was clearly evident when watching matches he played in. —GB

Female athlete of the semester: Ellen Chappell, cross country

Dal's lone AUS title this semester was won by the women's cross country team, thanks in no small part to this semester's female athlete award winner Ellen Chappell. The runner practically made a second home on the podium, earning bronze and two silvers in three of four meets, including the finals. In a sport where team times are critical, Chappell led the way and was the bright spot on a team with many strong runners. Congratulations to Ellen on

the well-deserved award and to the whole team on a successful campaign. —BB

Memorable moment: Parkinson's game-winning goal

This category was probably the most difficult to identify. Looking back on the semester, there were no moments where I sat in the stands with my hands on my head, jaw dropped and completely in shock of what I was witnessing. However, in a semester that I would consider to be disappointing for Dal's renowned athletic teams, there were still moments that made you be proud to be a Tigers fan. Chief among them is soccer player Victoria Parkinson's goal in the final minute of Dal's match against the Acadia Axewomen on Sept. 21. The goal was huge for the team and kept their winning record intact. Also, it was nice to see the men's hockey team win the Don Wells Memorial Hockey Championship on Sept. 23. And at this rate, with the men's hockey team sitting at a dismal 0-8-1, it may be some of the only winning we see out of the team this year. —GB

Moment we'd rather forget: Cancellation of Academic All-Canadian Banquet

So often we are only concerned with the "athlete" in the student athlete, then one of the few occasions that celebrated the academics aspect was on the verge of cancellation due to budget cuts. Many of the athletes at Dal manage to keep GPAs some students

would kill for without 30 hours a week dedicated to competitive sports. Thankfully, the powers that be realized their mistake and are bringing it back for January, but its potential cancellation has been one of many questionable decisions made by Dal with concerns to their dwindling budget. —JH

Team we're holding out hope for: Dalhousie football club

Is there any rational basis for believing Dalhousie's football team will break through to a championship next season? Probably not. But the law of averages, if nothing else, dictates that something has to finally go right for this squad. After building up an impressive-looking 5-1 record during the regular season, the Tigers crumbled (again) in the semifinal—this time to the 1-5 Holland College Hurricanes. However, in a league where even the 1-5 Holland College Hurricanes can qualify for the playoffs, anything is possible. For that reason, there will always be hope for the Dalhousie Football Club. —DB

Team we've given up on: Men's hockey

This was a close contest between the men's hockey team and the women's hockey team. Both teams have seen better days and that is not likely to change any time soon. Let's pick the men's hockey team because the women's team has at least won this season. —JH ☺

THE TICKER: SWIMMING

By Benjamin Blum

The Tigers ended their first semester on a high note. ••• Photo by Kit Moran

Tigers remain atop podium

The final meet of 2013 was another successful one for the Tigers, who once again lapped the competition at the Dalplex pool. Both men's and women's teams jumped out to massive

leads following Saturday's races, finishing over 80 points ahead of the second place teams. Individual performances from **Molly Wedge** and **David Sharpe** set several new records, and long-

time vet **Joe Ur** had another strong performance. The team will resume action in January with another meet at the Dalplex. ☺



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Taking advantage of those golden hours

Eating well after workouts a key part of an active lifestyle

Mohamed Rezk
Sports Contributor

Everyone exercises with a goal in mind, be it dropping a few pounds or bulking up. However, people often forget one of the most important parts of a successful fitness regimen: the post-workout meal.

The hour after a workout—often referred to as “the golden hour”—is just as important as the time you spend in the gym. While training in the gym is all about stimulating your muscles, how you eat afterwards will dictate your body’s ability to restore those muscles efficiently. Think about it this way: you can have the fastest and most expensive car in the world, but you will never reach your destination without the proper fuel.

During the golden hour, your muscle cells are extremely sensitive to nutrient intake. Therefore, what you eat post-workout will likely contribute to building your muscles and not your fat cells. This is not an excuse to overeat or consume food lacking in nutritional value. Eating the proper food in the golden hour will do you wonders.

What are the right kinds of food to eat after intense exercise? Often, people end their workout with a quick protein shake and call it a day. Although not wrong, this is not the most ideal way to provide your body with the nutrients it needs. A mixture of fast-digesting carbohydrates, protein and so-called “good” fats is the key to a healthy recovery from a workout.

Some examples of fast-digesting carbohydrates are bananas,



Taking care of your body after a workout is just as important as the workout itself. ••• Press photo

whole wheat bread and chocolate milk. Carbohydrates allow the body to release insulin, an anabolic hormone that aids in building muscle. Protein is also an important factor in the muscle-building process—good sources of this nutrient include chicken, eggs, Greek yogurt, turkey, milk and whey. Finally, good fats fight inflammation and help build new muscle cells. You will find healthy fats in peanut butter, fish, hemp

seeds and flax seeds.

If you are unable to get home within an hour to have your post workout meal, simply pack it with you. Make a smoothie with milk, yogurt, banana, whey protein and flaxseed. If a smoothie seems too complicated, just mix a scoop of whey protein with a cup of Greek yogurt and top it off with some bananas and a tablespoon of flaxseed.

Of course, training hard and

getting eight hours of sleep a night are important factors for any active person to consider. At the same time, what you put into your body during the golden hour can be equally significant. If you miss the golden hour, try to eat as soon as possible following strenuous exercise. But whatever you do, do not discount the benefits of a proper post-workout diet. ☺

CATCH SOME HOCKEY ACTION!

Friday, Nov. 22

Men’s Hockey vs Acadia,
Halifax Forum, 7pm

Women’s Hockey vs SMU,
SMU Alumni Arena, 7pm

Saturday, Nov. 23

Women’s Hockey vs StFX,
SMU Alumni Arena, 7pm

Admission is Free for Dal students with ID!



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If you are interested and would like more information please contact the Research Assistant at 902-473-7349.

STREET INTERVIEW

By Joelline Girouard and Chris Parent

What's the first thing you're going to do after exams?



"Sleep and work on my essay."
Paul Howson
1st-year FYP



"Work."
Samantha Watson
1st-year early childhood education, NSCC



"Work on my paper."
Isabelle Ouellette
3rd-year health promotion



"Cry or drink beer. Or both."
Kayla Hoffman-Rogers
4th-year neuroscience



"Pack my bags and go home to Europe."
Brian Yip
2nd-year computer science



"Try to get out of the city and go on a sweet camping trip."
Ben Reid-Howells
4th-year sustainability

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EVENTS @ DAL

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FRIDAY, NOV. 22

29th annual Dalplex Christmas Craft Market, 12-9:30 p.m. at the DalPlex fieldhouse (\$5 students)

Voice Recital, 12:15 p.m. in the Arts Centre, Sculpture Court.

Saturday, Nov. 23

Women's Hockey: Dal vs St. FX, 7 p.m. at Alumni Arena

Concert: Elliott Brood at the Grawood. 9 p.m. Tickets \$10 in advance, \$15 at the door. 19+ event.

Monday, Nov. 25

Percussion Recital, 12:15 p.m. in Arts Centre, Room 406

Senate Meeting, 4-6 p.m. in Macdonald Building, University Hall

TUESDAY, NOV. 26

Author reading: Russell Wangersky, reading of Whirl Away. 7:30 p.m. in Special Collections & Archives Reading Room, fifth floor, Killam Library.

Shakespeare's Pericles, DalTheatre, 8 p.m. in Arts Centre, Dunn Theatre (\$7 students). Show runs nightly until Nov. 30.

WEDNESDAY, NOV. 27

Arts Documentaries: Life Through a Lens, 8 p.m. in the Dal Art Gallery

Women's basketball: Dalhousie vs. Saint Mary's, 6 p.m. at the Dalplex.

Men's basketball: Dalhousie vs. Saint Mary's, 8 p.m. at the Dalplex.

THURSDAY, NOV. 28

SSHRC Insight Development Grants Tips, 10-11:30 a.m. in Rowe Building, Room 1020

Student rally: Welcome the New Liberal Government to Reduce Tuition Fees. 1:45 p.m. at Province House, 1726 Hollis Street.

FRIDAY, NOV. 29

Fundraiser: Breakfast for the NextUs, hosted by Enactus Dalhousie, 10 a.m. to 1:30 p.m. at Studley Gym. Donations will go toward a greater project educating youth and funding an underprivileged student to go to a tertiary institution.

Film screening: Nefarious, about the traffickers and victims of the sex industry. Hosted by Inter-Varsity Christian Fellowship. 7-9 p.m. at Ondaatje Hall, McCain Building.

Dal Chamber Orchestra: "Musical Gems", 7:30 p.m. at the Cathedral Church of All Saints (\$10 students)

Dalhousie Rowe Mo'Bros & Sistas host inaugural Black Tie November Gala. 8:30 p.m. at the University Club. Tickets \$20 each on sale at Dalhousie Commerce Society Office.

Econo-Brew! 8:30-11:45 p.m. in Seminar Room 1, Economics B Building (the middle one).

submit listings to events@dalgazette.com



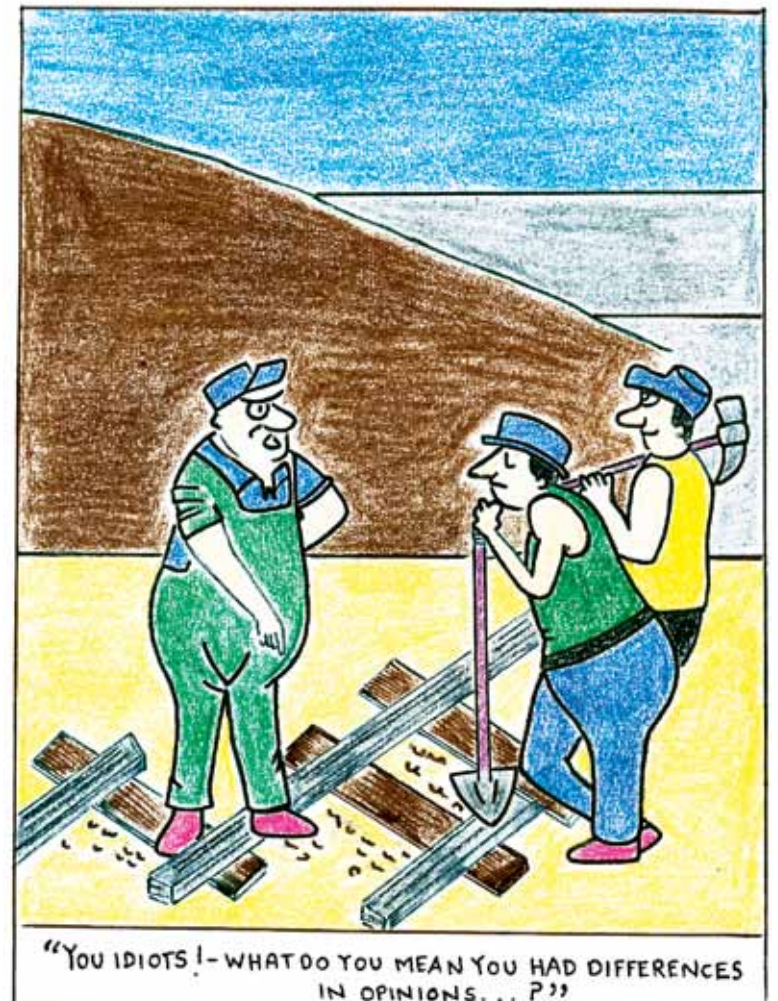
Old Heart by Amber Solberg



Adventures in Servitude by Caitlin McGuire

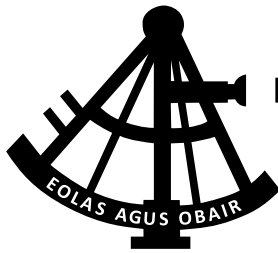


Jocular Impulse by Aniruddha Waje



sudoku

	6		8	7				2
	9		6					3
		2	1				9	7
5		1						
9								8
						2		5
1	4				3	8		
2					8			6
7				5	1			2



THE SEXTANT

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Sharique Khan
2013 Alumni

I remember the time, not too long ago, when I was just a few days away from graduating from university as an accounting major and felt ready to take on the world. Like every other person who ever went through this process, I was excited, ecstatic, a little bit nervous, and a little bit relaxed. More importantly, however, I was more confident than I had been when I started university. People who are close to me can testify that these four years were not the slightest indication of what I had planned.

As a student who was born and raised in another country, things were not a breeze for me in my first year and a half of university here. The structure of my Bachelors of

If you learn from your defeat, you haven't really lost

Recent Dal graduate finds life lessons in adversity

Commerce program required me to do three four-month co-ops during my four years of study. With no Canadian experience under my belt, it seemed impossible to get hired in the competitive, recession-hit economy. Having spent 4 months submitting over 100 resumes to companies big and small, I felt lost, helpless, miserable, and on the verge of giving up after being unable to secure a single interview.

Despite all of this stress, I knew I could not give up; I realized that I needed a new and better job hunting strategy. I decided to take a break from job hunting and started going out and networking with potential employers. I started attending informational sessions

and networking events, and even began cold calling. Fate eventually decided to put an end to this test as I finally secured an interview and a job with a global real estate company that I ended up working with for the next four months.

This was the point in my life that turned the tides for me. I secured my next two internships much quicker than the first one. Why? Because I realized "it cannot rain forever". I realized that there will be better times ahead if I keep working towards my goals. I always knew in my heart that the hardship I was going through was necessary for me to achieve my goals and that if I never experienced failure I could never learn.

People ask God to make them stronger. Let me ask you something: how exactly does one expect that to happen? I'll tell you how. By putting oneself through different tests in life. By making oneself go through unfamiliar and uncomfortable roads. As they say, "you don't really know how strong you are until being strong is the only option you have".

Now, on this day, I am grateful that I failed several times in my life. It is from those failures that I gained the strength I need for future success. Failure is not a sign of disgrace – it is a sign that you are alive and trying. If you learn from your defeat, you haven't really lost. ☘



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Editor-In-Chief: Brett Ziegler
Assistant Editor: Richard Wile
Treasurer: Nikheel Premsagar

Brett Ziegler
5th Year Industrial

What aspects of your education were most valuable to your transition to your current industry?

Working with real data and having practical examples. Having had to complete an 8 month feasibility project in school, from start to finish, really helped me be able to see the whole picture. Also, I've found that having professors who know about common issues in industry that need solving and then working through the solutions as part of your curriculum makes you more valuable as a starting EIT. Also, computer skills – those are invaluable.

Interviews with Industry

Mining Engineer Dylan Wedgewood shares his professional experience

What was the biggest change in lifestyle upon joining the workforce – was there anything you didn't expect?

Having to start earlier – 8:00 classes would be a dream now.

What kinds of opportunities are available in your industry for young engineers (i.e. coops/EITs)?

There is a whole range of opportunities for EITs in the mining industry. Both technical engineering duties and business optimization challenges are abundant for young engineers.

For example, an EIT could be involved in both short and long term strategic planning, though every role from production to maintenance is available. After gaining some experience, one can expect to see opportunities to transition into field supervision positions, ranging from dispatch to foreman roles.

Where can you expect to go from your current position?

Depending on where you would like to end up, I believe that you can guide your own transition into any role if you really want it and have a

strong work ethic. My supervisors have always been more than happy to give me guidance and structure my roles to tailor my skills to help me in the future. Reclamation, business strategies, stakeholder involvements, technical support, long range planning, fleet optimization; the list is extensive and all departments are always looking for new ideas. In my experience, new EITs are expected to get familiar with projects in positions that include data analysis, drafting, and entry-level contract management. They then move into more involved positions as they gain experience. ☘

Questions, Comments, Contribute

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